

INTERNATIONAL SKATING UNION

Communication No. 2116

SYNCHRONIZED SKATING

This Communication replaces ISU Communication No. 2016

Included are:

Appendix A – Elements in Synchronized Skating

Appendix B - Scale of Values of the Synchronized Skating Elements

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Elements in Synchronized Skating
(Appendix A)

BLOCK - PIVOTING ELEMENT (PB)					
LEVELS		DIFFICULTY GROUPS			BASE VALUES
LB		PBB			1.0
L1		PB1			2.0
L2		PB2			3.0
L3		PB3			4.5
L4		PB4			5.5

CIRCLE/WHEEL and BLOCK/LINE – ROTATING and LINEAR ELEMENTS (C/W – B/L)						
LEVELS		DIFFICULTY GROUPS			BASE VALUES	
		CIRCLE	WHEEL	BLOCK	LINE	
LB		CB	WB	BB	LB	1.0
L1		C1	W1	B1	L1	1.7
L2		C2	W2	B2	L2	2.4
L3		C3	W3	B3	L3	3.1
L4		C4	W4	B4	L4	4.0

CIRCLE and WHEEL - TRAVELING ELEMENTS (TC/TW)				
LEVELS		DIFFICULTY GROUPS		BASE VALUES
		CIRCLE	WHEEL	
LB		TCB	TWB	1.0
L1		TC1	TW1	2.0
L2		TC2	TW2	3.0
L3		TC3	TW3	4.5
L4		TC4	TW4	5.5

COMBINED (Co) / CREATIVE ELEMENT (Cr)				
LEVELS		DIFFICULTY GROUPS		BASE VALUES
		COMBINED	CREATIVE	
L1		Co1	Cr1	2.5

GROUP LIFT ELEMENT (GL)				
LEVELS		DIFFICULTY GROUPS		BASE VALUES
LB		GLB		1.8
L1		GL1		2.8
L2		GL2		3.8
L3		GL3		5.3
L4		GL4		6.0

INTERSECTION ELEMENT (I)					
LEVELS		DIFFICULTY GROUPS		ADDITIONAL FEATURE POINT OF INTERSECTION	BASE VALUES
LB		IB		-	1.5
		IB		piB	
L1		IB		pi1	2.0
		I1		-	
L2		IB		pi2	2.6
		I1		piB	
		I2		-	
L3		IB		pi3	3.1
		I1		pi1	
		I2		piB	
		I3		-	
L4		I1		pi2	4.1
		I2		pi1	
		I3		piB	
L5		I1		pi3	4.7
		I2		pi2	
		I3		pi1	
L6		I2		pi3	5.3
		I3		pi2	
L7		I3		pi3	6.0

LINE – PIVOTING ELEMENT (PL)			
LEVELS		DIFFICULTY GROUPS	BASE VALUES
LB		PLB	1.0
L1		PL1	1.5
L2		PL2	2.5
L3		PL3	3.0
L4		PL4	3.5

MOVE ELEMENT (ME)			
LEVELS	DIFFICULTY GROUPS	ADDITIONAL FEATURE fm	BASE VALUES
LB	MEB	fmB	0.6
L1	ME1	fm1	1.0
L2	ME1	fm2	2.0
	ME2	fm1	
L3	ME1	fm3	3.0
	ME2	fm2	
	ME3	fm1	
L4	ME2	fm3	4.0
	ME3	fm2	
L5	ME3	fm3	4.8

NO HOLD ELEMENT (NHE)			
LEVELS	DIFFICULTY GROUPS	ADDITIONAL FEATURE STEP SEQUENCE	BASE VALUES
LB	NHEB	-	1.0
L1	NHEB	sB	1.3
	NHE1	-	
L2	NHE1	sB	1.7
	NHEB	s1	
	NHE2	-	
L3	NHE2	sB	2.0
	NHE1	s1	
	NHEB	s2	
L4	NHE1	s2	2.2
L5	NHEB	s3	2.5
	NHE1	s3	
	NHE2	s1	
L6	NHE1	s4	3.0
	NHE2	s2	
	NHE3	sB	
	NHEB	s4	
L7	NHE3	s1	3.5
	NHE2	s3	
	NHE4	sB	
L8	NHE2	s4	4.0
	NHE3	s2	
	NHE4	s1	
L9	NHE4	s2	4.5
	NHE3	s3	
L10	NHE3	s4	5.0
	NHE4	s3	
L11	NHE4	s4	5.5

SYNCHRONIZED SPIN ELEMENT (Sp)			
LEVELS	SPIN	BASE VALUES	
LB	SpB	1.0	
L1	Sp1	2.5	
L2	Sp2	4.0	
L3	Sp3	4.8	

PAIR ELEMENT (Pa)			
LEVELS	PAIR ELEMENT	BASE VALUES	
LB	PaB	1.0	
L1	Pa1	2.0	
L2	Pa2	3.0	
L3	Pa3	4.0	
L4	Pa4	4.8	

PAIR ELEMENT (Pa)							
	---	--	-	BASE VALUE	+	++	+++
LEVEL B	0.3	0.2	0.1	1.0	0.1	0.2	0.3
LEVEL 1	0.6	0.4	0.2	2.0	0.2	0.4	0.6
LEVEL 2	0.9	0.6	0.3	3.0	0.3	0.6	0.9
LEVEL 3	1.5	1.0	0.5	4.0	0.5	1.0	1.5
LEVEL 4	2.1	1.4	0.7	4.8	0.7	1.4	2.1

SYNCHRONIZED SPIN (Sp)							
	---	--	-	BASE VALUE	+	++	+++
LEVEL B	0.6	0.4	0.2	1.0	0.2	0.4	0.6
LEVEL 1	0.9	0.6	0.3	2.5	0.3	0.6	0.9
LEVEL 2	1.5	1.0	0.5	4.0	0.5	1.0	1.5
LEVEL 3	2.1	1.4	0.7	4.8	0.7	1.4	2.1

PIVOTING ELEMENT (Line PL)							
	---	--	-	BASE VALUE	+	++	+++
LEVEL B	0.3	0.2	0.1	1.0	0.1	0.2	0.3
LEVEL 1	0.6	0.4	0.2	1.5	0.2	0.4	0.6
LEVEL 2	0.9	0.6	0.3	2.5	0.3	0.6	0.9
LEVEL 3	1.2	0.8	0.4	3.0	0.4	0.8	1.2
LEVEL 4	1.5	1.0	0.5	3.5	0.5	1.0	1.5