

- Ladies

Planned Program Content - Check List

As of: 23/01/2018 23:13:52

**Kailani CRAINE AUS**

SP/SD		Remarks
1	3F Triple Flip	
2	CCoSp Change Foot Combination Spin	
3	StSq Step Sequence	
4	3Lo+3Lo Triple Loop+Triple Loop	
5	2A Double Axel	
6	FSSp Fly. Sit Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3F Triple Flip	
3	3Lz Triple Lutz	
4	FCCoSp Fly. Change Foot Comb. Spin	
5	CCoSp Change Foot Combination Spin	
6	3Lo+1Lo+3S Triple Loop+Single Loop+Triple Salchow	
7	3Lo Triple Loop	
8	ChSq Choreo Sequence	
9	2A+2T Double Axel+Double Toeloop	
10	2A Double Axel	
11	StSq Step Sequence	
12	LSp Layback Spin	
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Planned Program Content - Check List

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**Brooklee HAN AUS**

SP/SD		Remarks
1	3Lo+2T Triple Loop+Double Toeloop	
2	3Lz Triple Lutz	
3	FCSp Fly. Camel Spin	
4	2A Double Axel	
5	StSq Step Sequence	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lo+2T Triple Loop+Double Toeloop	
2	3Lz Triple Lutz	
3	3S Triple Salchow	
4	FCCoSp Fly. Change Foot Comb. Spin	
5	CCoSp Change Foot Combination Spin	
6	ChSq Choreo Sequence	
7	3Lo Triple Loop	
8	2A+2A+SEQ Double Axel+Double Axel+SEQ	
9	3T+2T+2Lo Triple Toeloop+Double Toeloop+Double Loop	
10	3T Triple Toeloop	
11	StSq Step Sequence	
12	LSp Layback Spin	
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Planned Program Content - Check List

As of: 23/01/2018 23:13:52

**Alaine CHARTRAND CAN**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3Lo Triple Loop	
3	FSSp Fly. Sit Spin	
4	2A Double Axel	
5	StSq Step Sequence	
6	LSp Layback Spin	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3F Triple Flip	
3	FCCoSp Fly. Change Foot Comb. Spin	
4	StSq Step Sequence	
5	2A+1Lo+3S Double Axel+Single Loop+Triple Salchow	
6	3Lz Triple Lutz	
7	3Lo Triple Loop	
8	3S Triple Salchow	
9	ChSq Choreo Sequence	
10	2A+2Lo Double Axel+Double Loop	
11	FCSSp Fly. Change Foot Sit Spin	
12	CCoSp Change Foot Combination Spin	
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Planned Program Content - Check List

As of: 23/01/2018 23:13:52

**Michelle LONG CAN**

SP/SD		Remarks
1	3F+3T Triple Flip+Triple Toeloop	
2	3Lo Triple Loop	
3	LSp Layback Spin	
4	2A Double Axel	
5	CCoSp Change Foot Combination Spin	
6	FCSp Fly. Camel Spin	
7	StSq Step Sequence	
8		
9		
10		
FS/FD		Remarks
1	2A+3T Double Axel+Triple Toeloop	
2	3F+2T Triple Flip+Double Toeloop	
3	3F Triple Flip	
4	LSp Layback Spin	
5	CCoSp Change Foot Combination Spin	
6	ChSq Choreo Sequence	
7	3Lo+2T+2Lo Triple Loop+Double Toeloop+Double Loop	
8	2A Double Axel	
9	3S Triple Salchow	
10	3Lo Triple Loop	
11	StSq Step Sequence	
12	FCCoSp Fly. Change Foot Comb. Spin	
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Planned Program Content - Check List

As of: 23/01/2018 23:13:52

**Alicia PINEAULT CAN**

SP/SD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	2A Double Axel	
5	LSp Layback Spin	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz Triple Lutz	
2	3F Triple Flip	
3	2A+3T Double Axel+Triple Toeloop	
4	FSSp Fly. Sit Spin	
5	StSq Step Sequence	
6	3Lo Triple Loop	
7	3S+2T Triple Salchow+Double Toeloop	
8	2A+2T+2Lo Double Axel+Double Toeloop+Double Loop	
9	3T Triple Toeloop	
10	CCoSp Change Foot Combination Spin	
11	ChSq Choreo Sequence	
12	FCCoSp Fly. Change Foot Comb. Spin	
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Planned Program Content - Check List

As of: 23/01/2018 23:13:52

**Xiangning LI CHN**

SP/SD		Remarks
1	3F+2T Triple Flip+Double Toeloop	
2	CCoSp Change Foot Combination Spin	
3	FCSp Fly. Camel Spin	
4	3Lz Triple Lutz	
5	2A Double Axel	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3F+2T Triple Flip+Double Toeloop	
2	3Lz+2T Triple Lutz+Double Toeloop	
3	3F Triple Flip	
4	ChSq Choreo Sequence	
5	FCSp Fly. Camel Spin	
6	3Lz Triple Lutz	
7	2A+1Lo+3S Double Axel+Single Loop+Triple Salchow	
8	3T Triple Toeloop	
9	CCoSp Change Foot Combination Spin	
10	StSq Step Sequence	
11	2A Double Axel	
12	LSp Layback Spin	
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Planned Program Content - Check List

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**Ziquan ZHAO CHN**

SP/SD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	2A Double Axel	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz Triple Lutz	
2	2A+3T Double Axel+Triple Toeloop	
3	3Lo Triple Loop	
4	FCCoSp Fly. Change Foot Comb. Spin	
5	ChSq Choreo Sequence	
6	3T+2T Triple Toeloop+Double Toeloop	
7	3Lo+2T+2Lo Triple Loop+Double Toeloop+Double Loop	
8	3S Triple Salchow	
9	2A Double Axel	
10	CCoSp Change Foot Combination Spin	
11	StSq Step Sequence	
12	LSp Layback Spin	
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**Amy LIN TPE**

SP/SD		Remarks
1	3Lz Triple Lutz	
2	3S+2T Triple Salchow+Double Toeloop	
3	FSSp Fly. Sit Spin	
4	LSp Layback Spin	
5	StSq Step Sequence	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz Triple Lutz	
2	3S+2T Triple Salchow+Double Toeloop	
3	CCoSp Change Foot Combination Spin	
4	3T+2T Triple Toeloop+Double Toeloop	
5	FSSp Fly. Sit Spin	
6	StSq Step Sequence	
7	3S Triple Salchow	
8	3T Triple Toeloop	
9	ChSq Choreo Sequence	
10	2A+1Lo+2S Double Axel+Single Loop+Double Salchow	
11	2A Double Axel	
12	FCCoSp Fly. Change Foot Comb. Spin	
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Planned Program Content - Check List

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**Joanna SO HKG**

SP/SD		Remarks
1	3Lo Triple Loop	
2	3S+2T Triple Salchow+Double Toeloop	
3	LSp Layback Spin	
4	2A Double Axel	
5	FCSp Fly. Camel Spin	
6	StSq Step Sequence	
7	CoSp Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3T+2T Triple Toeloop+Double Toeloop	
2	3Lo Triple Loop	
3	LSp Layback Spin	
4	ChSq Choreo Sequence	
5	3S+2T+2Lo Triple Salchow+Double Toeloop+Double Loop	
6	3T Triple Toeloop	
7	3S Triple Salchow	
8	FCSp Fly. Camel Spin	
9	2A Double Axel	
10	StSq Step Sequence	
11	2A Double Axel	
12	CoSp Combination Spin	
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**Mai MIHARA JPN**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	CCoSp Change Foot Combination Spin	
3	FSSp Fly. Sit Spin	
4	2A Double Axel	
5	3F Triple Flip	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	ChSq Choreo Sequence	
3	2A Double Axel	
4	CCoSp Change Foot Combination Spin	
5	FSSp Fly. Sit Spin	
6	3F Triple Flip	
7	2A+3T Double Axel+Triple Toeloop	
8	3Lo Triple Loop	
9	3Lz+2T+2Lo Triple Lutz+Double Toeloop+Double Loop	
10	3S Triple Salchow	
11	StSq Step Sequence	
12	FCCoSp Fly. Change Foot Comb. Spin	
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**Satoko MIYAHARA JPN**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	CCoSp Change Foot Combination Spin	
4	3Lo Triple Loop	
5	StSq Step Sequence	
6	2A Double Axel	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lo Triple Loop	
2	3Lz+3T Triple Lutz+Triple Toeloop	
3	3F Triple Flip	
4	FCSp Fly. Camel Spin	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	3Lz+2T+2Lo Triple Lutz+Double Toeloop+Double Loop	
8	2A+3T Double Axel+Triple Toeloop	
9	3S Triple Salchow	
10	ChSq Choreo Sequence	
11	2A Double Axel	
12	LSp Layback Spin	
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**Kaori SAKAMOTO JPN**

SP/SD		Remarks
1	LSp Layback Spin	
2	StSq Step Sequence	
3	FCSp Fly. Camel Spin	
4	3F+3T Triple Flip+Triple Toeloop	
5	3Lo Triple Loop	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3F+3T Triple Flip+Triple Toeloop	
2	3S Triple Salchow	
3	StSq Step Sequence	
4	FSSp Fly. Sit Spin	
5	3Lz Triple Lutz	
6	3F+2T Triple Flip+Double Toeloop	
7	CCoSp Change Foot Combination Spin	
8	2A+3T+2T Double Axel+Triple Toeloop+Double Toeloop	
9	ChSq Choreo Sequence	
10	3Lo Triple Loop	
11	2A Double Axel	
12	FCCoSp Fly. Change Foot Comb. Spin	
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**Aiza MAMBEKOVA KAZ**

SP/SD		Remarks
1	3S+2T Triple Salchow+Double Toeloop	
2	3T Triple Toeloop	
3	CCoSp Change Foot Combination Spin	
4	2A Double Axel	
5	FSSp Fly. Sit Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3S+2T Triple Salchow+Double Toeloop	
2	3T Triple Toeloop	
3	2A+2F Double Axel+Double Flip	
4	CCoSp Change Foot Combination Spin	
5	3T+2T Triple Toeloop+Double Toeloop	
6	3S Triple Salchow	
7	2A Double Axel	
8	FSSp Fly. Sit Spin	
9	StSq Step Sequence	
10	2Lz Double Lutz	
11	ChSq Choreo Sequence	
12	LSp Layback Spin	
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**Elizabet TURSUNBAEVA KAZ**

SP/SD		Remarks
1	3Lo Triple Loop	
2	CCoSp Change Foot Combination Spin	
3	3S+3T Triple Salchow+Triple Toeloop	
4	2A Double Axel	
5	FCSp Fly. Camel Spin	
6	LSp Layback Spin	
7	StSq Step Sequence	
8		
9		
10		
FS/FD		Remarks
1	3Lo Triple Loop	
2	3Lz Triple Lutz	
3	3F Triple Flip	
4	FCSp Fly. Camel Spin	
5	ChSq Choreo Sequence	
6	3S+3T Triple Salchow+Triple Toeloop	
7	2A+3T Double Axel+Triple Toeloop	
8	2A+2T+2T Double Axel+Double Toeloop+Double Toeloop	
9	2A+3T Double Axel+Triple Toeloop	
10	StSq Step Sequence	
11	CCoSp Change Foot Combination Spin	
12	LSp Layback Spin	
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**Dabin CHOI KOR**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	CCoSp Change Foot Combination Spin	
3	FCSp Fly. Camel Spin	
4	3F Triple Flip	
5	2A Double Axel	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3F Triple Flip	
3	2A+3T Double Axel+Triple Toeloop	
4	FCSp Fly. Camel Spin	
5	StSq Step Sequence	
6	3Lo Triple Loop	
7	3Lz+2T+2Lo Triple Lutz+Double Toeloop+Double Loop	
8	3S Triple Salchow	
9	2A Double Axel	
10	CCoSp Change Foot Combination Spin	
11	ChSq Choreo Sequence	
12	LSp Layback Spin	
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**Hanul KIM KOR**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	CCoSp Change Foot Combination Spin	
3	FSSp Fly. Sit Spin	
4	3Lo Triple Loop	
5	2A Double Axel	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	2A+3T Double Axel+Triple Toeloop	
3	3F Triple Flip	
4	CCoSp Change Foot Combination Spin	
5	FSSp Fly. Sit Spin	
6	StSq Step Sequence	
7	3Lo Triple Loop	
8	3Lz Triple Lutz	
9	3S Triple Salchow	
10	ChSq Choreo Sequence	
11	2A+2T+2Lo Double Axel+Double Toeloop+Double Loop	
12	LSp Layback Spin	
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Planned Program Content - Check List

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**Soyoun PARK KOR**

SP/SD		Remarks
1	3S+3T Triple Salchow+Triple Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	2A Double Axel	
5	StSq Step Sequence	
6	LSp Layback Spin	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	2A+3T Double Axel+Triple Toeloop	
2	3Lo+2T Triple Loop+Double Toeloop	
3	3F Triple Flip	
4	StSq Step Sequence	
5	FCSp Fly. Camel Spin	
6	3S Triple Salchow	
7	3S+2T+2Lo Triple Salchow+Double Toeloop+Double Loop	
8	3Lo Triple Loop	
9	2A Double Axel	
10	ChSq Choreo Sequence	
11	CCoSp Change Foot Combination Spin	
12	LSp Layback Spin	
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**Chloe ING SGP**

SP/SD		Remarks
1	3S+2T Triple Salchow+Double Toeloop	
2	3Lo Triple Loop	
3	LSp Layback Spin	
4	2A Double Axel	
5	FCSp Fly. Camel Spin	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lo+2T Triple Loop+Double Toeloop	
2	3S+2T Triple Salchow+Double Toeloop	
3	3Lo Triple Loop	
4	FCSp Fly. Camel Spin	
5	StSq Step Sequence	
6	3S Triple Salchow	
7	2A Double Axel	
8	2Lz+2Lo+2Lo Double Lutz+Double Loop+Double Loop	
9	2A Double Axel	
10	LSp Layback Spin	
11	ChSq Choreo Sequence	
12	CCoSp Change Foot Combination Spin	
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**Thita LAMSAM THA**

SP/SD		Remarks
1	3T+2T Triple Toeloop+Double Toeloop	
2	FSSp Fly. Sit Spin	
3	CCoSp Change Foot Combination Spin	
4	3S Triple Salchow	
5	2A Double Axel	
6	LSp Layback Spin	
7	StSq Step Sequence	
8		
9		
10		
FS/FD		Remarks
1	3S+2T Triple Salchow+Double Toeloop	
2	3T Triple Toeloop	
3	StSq Step Sequence	
4	FSSp Fly. Sit Spin	
5	2A+2T Double Axel+Double Toeloop	
6	3S Triple Salchow	
7	2F Double Flip	
8	CCoSp Change Foot Combination Spin	
9	ChSq Choreo Sequence	
10	2A Double Axel	
11	2Lz+2Lo+2Lo Double Lutz+Double Loop+Double Loop	
12	LSp Layback Spin	
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**Natalie SANGKAGALO THA**

SP/SD		Remarks
1	3F+2T Triple Flip+Double Toeloop	
2	LSp Layback Spin	
3	StSq Step Sequence	
4	3T Triple Toeloop	
5	FSSp Fly. Sit Spin	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3F Triple Flip	
2	2A Double Axel	
3	3T+2T Triple Toeloop+Double Toeloop	
4	CCoSp Change Foot Combination Spin	
5	3T Triple Toeloop	
6	2Lz Double Lutz	
7	StSq Step Sequence	
8	ChSq Choreo Sequence	
9	FSSp Fly. Sit Spin	
10	2A+2T Double Axel+Double Toeloop	
11	2F+2Lo+2Lo Double Flip+Double Loop+Double Loop	
12	FCoSp Fly. Combination Spin	
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**Starr ANDREWS USA**

SP/SD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	LSp Layback Spin	
3	FCSp Fly. Camel Spin	
4	3Lo Triple Loop	
5	StSq Step Sequence	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3F Triple Flip	
2	3T+3T Triple Toeloop+Triple Toeloop	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	3Lo+2T Triple Loop+Double Toeloop	
6	3Lo Triple Loop	
7	3S+2T+2Lo Triple Salchow+Double Toeloop+Double Loop	
8	FCCoSp Fly. Change Foot Comb. Spin	
9	2A Double Axel	
10	ChSq Choreo Sequence	
11	2A Double Axel	
12	CCoSp Change Foot Combination Spin	
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**Mariah BELL USA**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	LSp Layback Spin	
3	FSSp Fly. Sit Spin	
4	3F Triple Flip	
5	2A Double Axel	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3Lo Triple Loop	
3	3S Triple Salchow	
4	StSq Step Sequence	
5	2A+3T Double Axel+Triple Toeloop	
6	2F+2T+2T Double Flip+Double Toeloop+Double Toeloop	
7	3Lz Triple Lutz	
8	ChSq Choreo Sequence	
9	FCCoSp Fly. Change Foot Comb. Spin	
10	3S Triple Salchow	
11	CCoSp Change Foot Combination Spin	
12	LSp Layback Spin	
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**Angela WANG USA**

SP/SD		Remarks
1	3F+3T Triple Flip+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	StSq Step Sequence	
4	2A Double Axel	
5	3Lo Triple Loop	
6	LSp Layback Spin	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3F+3T+2T Triple Flip+Triple Toeloop+Double Toeloop	
2	3Lz Triple Lutz	
3	3Lo Triple Loop	
4	ChSq Choreo Sequence	
5	CCoSp Change Foot Combination Spin	
6	3Lo+2A Triple Loop+Double Axel	
7	3Lz+2T Triple Lutz+Double Toeloop	
8	3S Triple Salchow	
9	2A Double Axel	
10	FCSp Fly. Camel Spin	
11	StSq Step Sequence	
12	FCCoSp Fly. Change Foot Comb. Spin	
13		
14		
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18		