

- Pairs

Planned Program Content - Check List

As of: 02/11/2017 16:26:30

Kirsten MOORE-TOWERS / Michael MARINARO CAN

SP/SD		Remarks
1	3Tw Triple Twist Lift	
2	3LoTh Throw Triple Loop	
3	3T Triple Toeloop	
4	StSq Step Sequence	
5	4Li Group 4 Lift	
6	FiDs Forward Inside Death Spiral	
7	PCoSp Pair Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	2A+1Lo+3S Double Axel+Single Loop+Triple Salchow	
3	3LoTh Throw Triple Loop	
4	5ALi Group 5 Axel Lasso Lift	
5	BoDs Backward Outside Death Spiral	
6	PCoSp Pair Combination Spin	
7	3T Triple Toeloop	
8	FCCoSp Fly. Change Foot Comb. Spin	
9	3STh Throw Triple Salchow	
10	5RLi Group 5 Reverse Lasso Lift	
11	ChSq Choreo Sequence	
12	3Li Group 3 Lift	
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Planned Program Content - Check List

As of: 02/11/2017 16:26:30

Wenjing SUI / Cong HAN CHN

SP/SD		Remarks
1	3T Triple Toeloop	
2	3FTh Throw Triple Flip	
3	3Tw Triple Twist Lift	
4	PCoSp Pair Combination Spin	
5	StSq Step Sequence	
6	3Li Group 3 Lift	
7	FiDs Forward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	4Tw Quad Twist Lift	
2	3T+2T+2T Triple Toeloop+Double Toeloop+Double Toeloop	
3	3S Triple Salchow	
4	BoDs Backward Outside Death Spiral	
5	5RLi Group 5 Reverse Lasso Lift	
6	FCCoSp Fly. Change Foot Comb. Spin	
7	3FTh Throw Triple Flip	
8	3STh Throw Triple Salchow	
9	ChSq Choreo Sequence	
10	PCoSp Pair Combination Spin	
11	5ALi Group 5 Axel Lasso Lift	
12	3Li Group 3 Lift	
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Planned Program Content - Check List

As of: 02/11/2017 16:26:30

Xiaoyu YU / Hao ZHANG CHN

SP/SD		Remarks
1	3T Triple Toeloop	
2	3Tw Triple Twist Lift	
3	FiDs Forward Inside Death Spiral	
4	StSq Step Sequence	
5	3LoTh Throw Triple Loop	
6	3Li Group 3 Lift	
7	PCoSp Pair Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3S Triple Salchow	
2	3Tw Triple Twist Lift	
3	3T+2T Triple Toeloop+Double Toeloop	
4	BoDs Backward Outside Death Spiral	
5	PCoSp Pair Combination Spin	
6	5RLi Group 5 Reverse Lasso Lift	
7	3LoTh Throw Triple Loop	
8	3STh Throw Triple Salchow	
9	FCCoSp Fly. Change Foot Comb. Spin	
10	5ALi Group 5 Axel Lasso Lift	
11	3Li Group 3 Lift	
12	ChSq Choreo Sequence	
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Planned Program Content - Check List

As of: 02/11/2017 16:26:30

Mingyang ZHANG / Bowen SONG CHN

SP/SD		Remarks
1	2A Double Axel	
2	3Tw Triple Twist Lift	
3	3FTh Throw Triple Flip	
4	3Li Group 3 Lift	
5	FiDs Forward Inside Death Spiral	
6	StSq Step Sequence	
7	PCoSp Pair Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	2A+2A+SEQ Double Axel+Double Axel+SEQ	
2	3Tw Triple Twist Lift	
3	3T Triple Toeloop	
4	3FTh Throw Triple Flip	
5	BoDs Backward Outside Death Spiral	
6	ChSq Choreo Sequence	
7	5BLi Group 5 Backward Lasso Lift	
8	3STh Throw Triple Salchow	
9	5ALi Group 5 Axel Lasso Lift	
10	FCCoSp Fly. Change Foot Comb. Spin	
11	3Li Group 3 Lift	
12	PCoSp Pair Combination Spin	
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Planned Program Content - Check List

As of: 02/11/2017 16:26:30

Nicole DELLA MONICA / Matteo GUARISE ITA

SP/SD		Remarks
1	3S Triple Salchow	
2	3Tw Triple Twist Lift	
3	3LoTh Throw Triple Loop	
4	3Li Group 3 Lift	
5	FiDs Forward Inside Death Spiral	
6	StSq Step Sequence	
7	PCoSp Pair Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3S Triple Salchow	
2	3Tw Triple Twist Lift	
3	3T+2T Triple Toeloop+Double Toeloop	
4	PCoSp Pair Combination Spin	
5	3LoTh Throw Triple Loop	
6	BoDs Backward Outside Death Spiral	
7	5RLi Group 5 Reverse Lasso Lift	
8	ChSq Choreo Sequence	
9	3STh Throw Triple Salchow	
10	5ALi Group 5 Axel Lasso Lift	
11	3Li Group 3 Lift	
12	FCCoSp Fly. Change Foot Comb. Spin	
13		
14		
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17		
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Planned Program Content - Check List

As of: 02/11/2017 16:26:30

Valentina MARCHEI / Ondrej HOTAREK ITA

SP/SD		Remarks
1	3S Triple Salchow	
2	3Tw Triple Twist Lift	
3	3LzTh Throw Triple Lutz	
4	3Li Group 3 Lift	
5	FiDs Forward Inside Death Spiral	
6	PCoSp Pair Combination Spin	
7	StSq Step Sequence	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	3S+2T+2T Triple Salchow+Double Toeloop+Double Toeloop	
4	5ALi Group 5 Axel Lasso Lift	
5	ChSq Choreo Sequence	
6	3LoTh Throw Triple Loop	
7	FCCoSp Fly. Change Foot Comb. Spin	
8	5RLi Group 5 Reverse Lasso Lift	
9	3Li Group 3 Lift	
10	3LzTh Throw Triple Lutz	
11	BiDs Backward Inside Death Spiral	
12	PCoSp Pair Combination Spin	
13		
14		
15		
16		
17		
18		

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Planned Program Content - Check List

As of: 02/11/2017 16:26:30

Ashley CAIN / Timothy LEDUC USA

SP/SD		Remarks
1	3Tw Triple Twist Lift	
2	3LzTh Throw Triple Lutz	
3	3Lo Triple Loop	
4	3Li Group 3 Lift	
5	PCoSp Pair Combination Spin	
6	StSq Step Sequence	
7	FiDs Forward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3S+2T+2Lo Triple Salchow+Double Toeloop+Double Loop	
3	3LzTh Throw Triple Lutz	
4	3Lo Triple Loop	
5	5BLi Group 5 Backward Lasso Lift	
6	5ALi Group 5 Axel Lasso Lift	
7	ChSq Choreo Sequence	
8	3STh Throw Triple Salchow	
9	BoDs Backward Outside Death Spiral	
10	3Li Group 3 Lift	
11	PCoSp Pair Combination Spin	
12	CCoSp Change Foot Combination Spin	
13		
14		
15		
16		
17		
18		