



## SYNCHRONIZED SKATING

### CREATIVE ELEMENT – Lifts (Pair/Group)

#### Question #1

When does the Creative Element begin and end.

#### Answer

##### **From December 17 Q&A**

*The Creative Element ends once the lifted Skater has been held off the ice for more than three seconds. The exit of the lifted position is considered part of the connection into the next Element. IF the Creative Element is the last element of the program then it is not a requirement for the lifted Skater to be set down.*

To be clear;

The Cr begins when the Skaters begin to form the pair(s)/group(s) for the lift

The Cr ends when:

- all lifted Skaters have been set down and pair(s)/group(s) have broken apart

**OR**

- the program ends, and the Cr is the last Element with the Skater(s) remaining lifted for the ending pose

#### Question #2

When is the Cr confirmed and how are the penalties for a Fall applied?

#### Answer

##### **For Technical Panel**

The Cr is confirmed when all Skaters participate in a Lift AND once a lifted Skater(s) has been held off the ice for more than three seconds

##### **Call the Fall inside the Element when it occurs;**

- AFTER the Skaters have formed the pair(s)/group(s) for the lift
- DURING any part of the lift (even when the Cr is the last element of the program and the lifted Skater has not been set down)
- AFTER the lifted Skater has been set down and BEFORE all pair(s)/group(s) have broken apart

##### **Call the Fall in a Connection when it occurs:**

- BEFORE the Skaters have begun to form the pairs/groups for the lift
- AFTER all lifted Skater(s) have been set down AND all pair(s)/group(s) have broken apart

##### **For Judges**

The penalty for fall(s) is applied accordingly either to the Element or the Connection as determined by the Technical panel