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2008/2009 Records of Clarifications from ISU Sports Directorate and Technical Committee

SYNCRHONIZED SKATING

No Hold Block

Question: Short Program and Free Skating

What is considered the “end” of a No Hold Block?

Once the No Hold Block crosses the end red line does the element end?

Answer:

On page 126 of the ISU Regulations (Ice Coverage/Pattern Requirements): The No Hold Block element must begin at one end of the ice surface and end at the opposite end across from the starting point.

Once the NHB has crossed the red line at opposite end from the starting point, the NHB is considered as ended. Therefore, if a team crosses the end red line (even one line or one skater of the NHB) and then executes a retrogression, while continuing the step sequence and even includes a body movement, these variations, steps and turns will not be counted as part of the element