

The following Skaters are considered to be **International-Level Skaters** to whom the specific provisions of the ISU Anti-Doping Rules and ISU Anti-Doping Procedures regarding Testing, TUEs, whereabouts information, results management and appeals apply:

- **Any Skater who is part of the ISU Testing Pools (RTP and TP).**
- **Any Skater who participates in ISU Events, according to Rule 100/3, b) and c) of the ISU General Regulations.**

ISU Events according to Rule 100/3, b) and c) of the ISU General Regulations currently are:

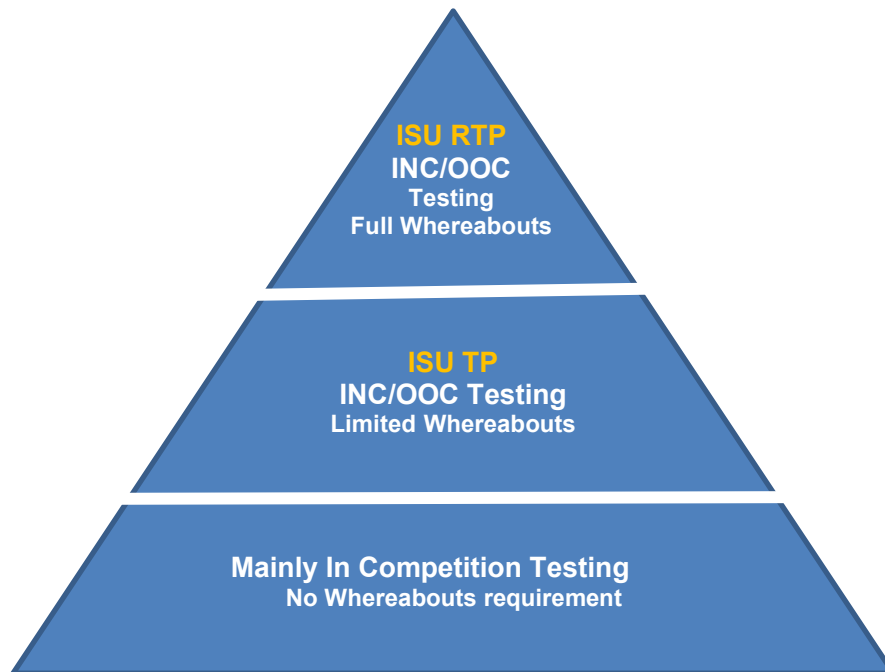
- ISU Championships
- ISU Grand Prix of Figure Skating and ISU Grand Prix of Figure Skating Final
- ISU Junior Grand Prix of Figure Skating and ISU Junior Grand Prix of Figure Skating Final
- ISU World Team Trophy in Figure Skating
- ISU Speed Skating World Cup Senior and Junior
- ISU Short Track Speed Skating World Cup

The ISU has identified in its Test Distribution Plan (TDP) which applies to International-Level Skaters a pyramid of three tiers of Skaters.

- I. the bottom tier includes Skaters for whom no whereabouts information is required
- II. the middle tier includes Skaters for whom limited whereabouts information is required; this tier is included in the **ISU TESTING POOL** (ISU TP)
- III. the top tier includes Skaters for whom the greatest amount of Whereabouts information is required; this tier is included in the **ISU REGISTERED TESTING POOL** (ISU RTP)

The criteria to determine whether a Skater is included in the ISU Registered Testing Pool (ISU RTP) or ISU Testing Pool (ISU TP) are described in the ISU Testing Pools Criteria document in force.

Pyramidal Whereabouts



Detailed Whereabouts request

	ISU Registered Testing Pool (ISU RTP)	ISU Testing Pool (ISU TP)
Mailing Address	X	X
Email address	X	X
Overnight Accommodation	X	X
Competition	X	X
Regular Activities	Training / Working / Others	Optional
Travelling Schedules	X	Optional
60-Min Time Slot	X	Optional
Failure to comply	Filing Failure / Missed Test	Move to RTP
Deadline to submit Q1	15 December	15 December
Deadline to submit Q2	15 March	15 March
Deadline to submit Q3	15 June	15 June
Deadline to submit Q4	15 September	15 September

REGISTERED TESTING POOL (RTP)

The Registered Testing Pool (RTP) is the pool of highest-priority Skaters established separately at the international level by the ISU.

Skaters included in the ISU RTP are subject to both in-competition and out-of-competition testing as part of ISU's test distribution plan and are therefore required to provide Whereabouts information as provided in Code Art. 5.5 (Athletes Whereabouts Information) and the [International Standard for Testing and Investigations](#).

The ISU Anti-Doping department updates the composition of the RTP on a quarterly basis. Skaters are included in the RTP based on a set of criteria and are notified by the ISU Anti-Doping department upon inclusion.

Inclusion in the RTP is done via the ISU RTP Skater Notification – this document contains all the key information, deadlines, and Skater's responsibilities as it relates to Skaters' RTP obligations.

WHEREABOUTS REQUIREMENTS

RTP Skaters must regularly provide Whereabouts and contact information in [ADAMS](#), WADA's online Anti-Doping administration and management system. This information helps ISU plan out-of-competition testing.

The Whereabouts requirements include but are not limited to:

- A complete mailing address, personal e-mail address where correspondences can be sent to the Skater for formal notice purposes.
- The full address of the place where the Skater will be staying overnight (for eg. home, temporary lodgings, etc.) for each day of the quarter.
- Skater's Competition/Event schedule, including the name and address of each location and the date(s) at which the Skater is scheduled to compete at such location(s).
- The name and address of each location where the Skater will train, work or conduct any other regular activity (e.g. school, gym/ice rink details, etc), as well as the usual time frames for such regular activities
- One specific 60-minute time slot between 5am and 11pm each day when the Athlete is available and accessible for testing at a specific information.
- Skater's travelling schedules.
- Any other relevant information that is helpful for the Doping Control Officers to locate the Skater- entrance pass codes, buzzer, relevant name on the entrance mailbox, etc.

Submitting late, inaccurate, or incomplete Whereabouts information that leads to a Skater being unavailable for testing may result in a Filing Failure.

A Skater may receive a Missed Test if he/she is not available for testing during the 60-minute timeslot indicated in ADAMS. Three Whereabouts Failures (any combination of a Filing Failure and a Missed Test) occurring within a 12-month period will lead to an Anti-Doping Rule Violation and a potential two-year ban from sport. It is important to note that under the Principle of Strict Liability, the Skater remains responsible for the information submitted, even if they have delegated this task to a member of their support team.

Tips for ISU RTP Skaters:

- Use the Athlete's Central app for quick update facilitation of schedule changes of your Whereabouts information on your phone.
- Set a calendar reminder of the key dates/deadlines to submit quarterly Whereabouts information on your phone or diary or mention it to your coach, teammate, parent to remind you to do the same.
- Keep an alarm/ reminder for the start of the 60-minute time slot on your phone.
- Be as specific as possible when submitting the Whereabouts information with regards to all details.
- If the Skater has a doubt or query, they can ask for help by writing to the ISU Anti-Doping department on the email ID: antidoping@isu.ch or can contact the ADAMS Help Centre.
- The Text Message (SMS) service can be used for last minute updates only during the quarter, especially when there is no access to a computer, or the internet is unavailable. (You may activate more than one mobile number in your profile).