Skaters, like anyone else, may have illnesses or conditions that require them to take particular medications. If the substances they are required to take for their treatment are on the WADA List of Prohibited Substances, they should ask for a Therapeutic Use Exemption (TUE) to obtain the authorization to take the medicine. The TUE may be granted either by the ISU or by the National Anti-Doping Organization (NADO), depending on the status-level of the Skater.

Fully in line with the World Anti-Doping Code and the WADA International Standard for Therapeutic Use Exemptions (ISTUE), the ISU TUE policy is incorporated in the ISU Anti-Doping Rules and the ISU Anti-Doping Procedures.

**TUE Application**

An International-Level Skater must apply for any TUE to the ISU

The following Skaters are considered to be International-Level Skaters:

a. Any Skater who is part of the ISU Registered Testing Pool or the ISU Testing Pool

b. Any Skater who participates in an ISU Event, according to Rule 100/3, b) and c) of the ISU General Regulations.

ISU Events according to Rule 100/3, b) and c) of the ISU General Regulations currently are:

- ISU Championships
- ISU Grand Prix of Figure Skating Final and Series (ISU Grand Prix of Figure Skating)
- ISU Junior Grand Prix of Figure Skating Final and Series (ISU Junior Grand Prix of Figure Skating)
- ISU World Team Trophy in Figure Skating
- ISU Speed Skating World Cup Senior and Junior
- ISU Short Track Speed Skating World Cup

An International-Level Skater, any Skater included in the ISU Registered Testing Pool or the ISU Testing Pool or who is/will compete at an ISU Event as listed above, must apply for a TUE to the ISU.

1) The ISU TUE Application must be fully completed.

2) The ISU TUE Application Form fully completed and the relevant Medical Information must be submitted to the ISU either:
   - Directly via the Skater’s ADAMS account*
   - By email at antidoping@isu.ch
   - By mail at ISU, Anti-Doping Department, av. Juste-Olivier 17, 1006 Lausanne, Switzerland

* Should a Skater wish to create an ADAMS Account, a request indicating full name, date of birth, nationality, sport nationality (if different) and an e-mail address can be sent at antidoping@isu.ch

Medical Information must include evidence confirming the diagnosis. The medical evidence should include a comprehensive medical history written in English and the results of all relevant examinations, laboratory investigations and imaging studies. Copies of the original reports as well as medical certificates and/or experts' opinion in English should also be included. Evidence should be as objective as possible in the clinical circumstances' reflection.
**TUE Recognition**
Where the Skater already has a TUE granted by his/her NADO for the substance or method in question and provided that such TUE has been reported in ADAMS, the ISU will automatically recognize it for purposes of International-Level Competition without the need to review the relevant clinical information. A National-Level Skater is advised to request for such a recognition to the ISU when moving to the International-Level Skater group.

**Time to apply**
An application to the ISU for grant of a TUE must be made as soon as the need arises and, in any event, (save in emergency or exceptional situations) **at least 30 days** before the Skater’s next ISU Event. In some exceptions, a Skater may apply for a retroactive TUE.

**The retroactive application**
A Skater may apply retroactively for a TUE if one of any of the following exceptions applies:

a) Emergency or urgent treatment of a medical condition was necessary.

b) There was insufficient time, opportunity or other exceptional circumstances that prevented the Skater from submitting (or the TUEC to consider) an application for the TUE prior to Sample collection.

c) Due to national level prioritization of certain sports, the Skater’s National Anti-Doping Organization did not permit or require the Skater to apply for a prospective TUE.

d) If the ISU chooses to collect a Sample from a Skater who is not an International-Level Skater or National-Level Skater, and that Skater is Using a Prohibited Substance or Prohibited Method for Therapeutic reasons, the ISU will permit the Skater to apply for a retroactive TUE or

e) The Skater Used Out-of-Competition, for Therapeutic reasons, a Prohibited Substance that is only prohibited In-Competition.

**ISU TUE Committee**
The ISU standing “TUE Committee” for considering application for the grant or recognition of TUEs consists of a minimum of three (3) members of the ISU Medical Commission and/or Medical experts appointed by the ISU. The TUE Committee shall promptly evaluate and decide upon the application in accordance with the relevant provisions of the **International Standard for Therapeutic Use Exemptions**.

**Time to render a decision**
The TUEC shall decide whether or not to grant the application as soon as possible, and usually (i.e., unless exceptional circumstances apply) within no more than 21 days of receipt of a complete application.

For full ISU TUE Policy, refer to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures.

For a clear understanding of the TUE Process, refer to the WADA ISTUE and the Guidelines for the ISTUE.