

# **ISU Center of Excellence Oberstdorf – Ice Dance Tryout Seminar 2021 June 11th-13th**



The Oberstdorf ISU Center of Excellence is holding an international Ice Dance Tryout seminar for the first time this summer. The 3-day seminar will be led by two internationally experienced Ice Dance coaches Sylwia Nowak (POL) and Dr. Rostislav Sinicyn (CZE). The goal is to introduce Ice Dance to young Single Skaters as an alternative career path and the formation of new Ice Dance teams in the future. Potentially, some international partnerships can be formed then. The focus of the training sessions will be on partnering exercises on and off the ice.

**Date of the seminar:** 11th-13th of June 2021 (Arrival 10th of June – Departure 14th of June)

**Target Group:** Novice and Junior Level skaters

**Training location:** The ice rink in Oberstdorf is world-famous by many international stars who have enjoyed optimal training conditions here. The complex has 3 Ice Rinks under one roof, next to it Ballet Hall, Yoga Room, several Changing Rooms, and a Restaurant.

**Eissportzentrum Oberstdorf  
Roßbichlstraße 2-6  
87561 Oberstdorf, Germany**

**Catering:** Lunch and dinner for athletes and coaches are served at the Zoran Restaurant which is located within the ice rink premises.

**Course fees:** The participation fee is 100€ per skater. The price includes lunch and dinner during the three seminar days (11th-13th of June).

**Accommodation:** Accommodation must be paid for by the participants. A range of apartments within walking distance to the ice rink is provided by the organizer. Prices range from 70€-120€ per night, depending on the equipment and size.

For details and bookings, please contact:

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### **Important**

**The responsibility during the stay of the participating athletes is either at the accompanying coaches or the parents of the underage athletes (under 18)**

### **Coaches Team:**

#### **Ice:**

Head Coaches for the pilot seminar will be

**Sylwia Nowak** (POL) and **Dr. Rostislav Sinicyn** (CZE).

Both are experienced and world-renowned ice dance coaches with a special eye for talented young athletes.

The team is complemented by former world-class ice dancers

**Nailya Just** (former *Zhiganshina*) (GER), **Stefano Caruso** (GER) and

**Nathalya Karamysheva** (CZE).

**Ballet:** **Katherina Markovskaya** (UKR) and **Maxim Chashchegorov** (RUS) have danced for the Mariinsky Theatre, the Bavarian State Ballet, and many other renowned ballet companies around the world during their active careers. Both dancers are now excellent educators and will help the athletes to improve their Ballet techniques.

**Dance:** **Simone König** will inspire the young athletes with improvisation & dance composition, as well as give insights into dance styles, music & art in dance. She brings many years of experience and has already trained with many talents at the Center of Excellence in Oberstdorf.

**Off-Ice Dance-Lifts:**

**Tatjana Tobler** has been working with figure skaters in the athletic and acrobatic fields for many years. She has supported the team in Oberstdorf for many years and has also worked with famous coaches such as Tatjana Moskvina in St. Petersburg.

**For further information please contact:**

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**Due to the current Covid-19 situation, the organizers of the seminar reserves the right to postpone the seminar and to hold it at a later date. In this case, all participants will be informed at an early stage.**