

## QUICK QUOTES

Ladies, Short Program (warm up group 7)

### **Carolina Kostner (ITA) Five-time European Champion, 2012 European bronze medalist**

I am very satisfied with my performance although if you go in the detail you see things that you have done better in practice and there are still things to correct. It is not easy skating first in the group. You don't get to come off the ice and regroup, it's like you are just thrown on the ice. I was repeating to myself like a mantra: you are ready, you are ready. I have this vision of skating I want to pursue and I just have crazy courage to put pieces by pieces together and I'm grateful for every day.

### **Nicole Rajicova (SVK) 2017 European Championships 6<sup>th</sup>**

I'm so happy. I think I did a really good job. I did the triple loop-triple toe for the first time in competition and I'm happy it went as well as it did. (on training in an Olympic season) I always work hard but after my second Grand Prix I really started working a whole lot harder leading up to this competition. I feel really confident. It's great being here and for the rest of the season coming up I just have to stay at this level and get better.

### **Maria Sotskova (RUS) 2017 ISU Grand Prix Final silver medalist**

There was the mistake at the beginning. My first combination didn't work so I added it to the second. Thank God the second jump worked, so in principle I'm happy overall. I was really nervous, but my coach helped me and just told me to enjoy it. I just wanted to show my maximum. Now my aim is to get the maximum possible satisfaction from my Free Skate.

### **Evgenia Medvedeva (RUS) 2016 & 2017 European & World Champion**

I did not feel the injury, everything has healed. I was in a cast for three weeks. It was a removable cast. I did feel a bit different compared to the Rostelecom Cup for example. I was calmer. There a lot of people that made it possible for me to get back on to the ice and I think realized that it is the treasure of my life to be able to go out and skate. It was not ideal, but first of all, I want to say thank you for the support. The support of the fans gives me strength. But of course, I am not completely satisfied. There were many moments where I need to do better. I understand that very well so now I need to work. (on Zagitova's Short Program) I think she was perfect and did a clean Short Program and I am glad about it and really want to congratulate her. (on competing at the Olympics) Like everybody else I don't know much about what is happening, but I am really glad we have the chance to represent our country at the Olympic Games.

### **Alina Zagitova (RUS) 2017 ISU Grand Prix Final & World Junior Champion**

I think there is still room of improvement for me, but it was the best short program of the season. It's my first Europeans, but I was able to calm down and I was able to show what I have worked on with my coaches. I am very pleased to finally have skated a clean short program. Since Russian Nationals I've been focusing on consistency in practice and on polishing all elements.

### **Laurine Lecavelier (FRA) 2018 National silver medalist**

Everything is going wrong. My whole training is going wrong. My coach is not here with me. There were visa problems, flight problems. It's been really complicated to keep going this season. It seems even if I skate well I don't get what I expect for it. I'm very sad about it. I feel I can't control my brain which is continually turning on and stopping me doing my best and I don't know how to turn it off.