

## QUICK QUOTES

Ladies, Short Program (warm up groups 3, 4, 5 & 6)

### **Alexia Paganini (SUI) 2018 National Champion**

I'm very pleased with my skate. It's my first time out there and my goal was to skate as well as I could and I think I almost achieved that. I think it was very good for my first time. (on skating for Switzerland) This is my first season skating for Switzerland but it was something that was always in the back of my mind. At the end of last season I switched coaches and when he learned I had Swiss citizenship we just kind of went from there. (On her skating idols) I really admire Carolina Kostner because she's so consistent and mentally very strong and she loves to skate and you can really see that.

### **Loena Hendrickx (BEL) 2018 National Champion**

The beginning of my program was good but then the concentration was just gone and I'm a bit disappointed about the single flip. Perhaps I was a bit overwhelmed. (On her injury) At the beginning of the season I had a knee injury and had to withdraw from three competitions. I did my first Junior Grand Prix but had a lot of pain and the competition didn't go well but now it's fine. (on preparation for the Free Program) Training's going well so tomorrow I need to a bit more focused and I'll fight for the free.

### **Emmi Peltonen (FIN) 2018 National Champion**

It wasn't my best skate but that's being an athlete – sometimes it's all good and sometimes it's not that great. But it was really nice to skate out there and I enjoyed every moment even though there wasn't the combo and I was a little shaky on the loop. (on her skating heritage) My Mum was a figure skater, my grandma was a figure skater, my Dad was a hockey player, my grandfather was a hockey player and my Mum was like as soon as I was born, 'there's the ice, there you go' and that was it. I loved it.

### **Anita Östlund (SWE) 2018 National Champion**

I was a bit nervous in the beginning but then it went really good. I did almost everything I wanted to. Now I will just continue training (before the free program) and try to feel comfortable with everything. (on qualifying for the Olympics) Sweden has one place, so I have to show this week that I am capable and then I will find out what they decide after this competition. (on being born in Ukraine) My mother is Russian, so I speak Russian as well. So of course it's great to skate here. I love competing in front of lots of people.

### **Mae Berenice Meite (FRA) 2018 National Champion**

I was very, very tense and of course there was a big mistake on the Lutz so I'm disappointed. I didn't skate as feely as I can so I'll just have to do my best to show everything I can in the Free Skate. It's a challenging season and you try to push your limits to show what you have. You have to stay focused and even with experience it's difficult. (on selection for the Olympics) I guess they'll make the call after Europeans but I don't take Europeans as the final call for the spot in the Olympics. It's just another step on the way.

### **Nicole Schott (GER) 2018 National Champion**

I was completely out of order, I even did a wrong step. I don't know what happened. My practice was good, the first half of the season was amazing. Now I just need to do my best for the Free Skate. (on preparing for Olympics). I don't know right now. I've never had a skate like this before where everything is just out of order. So I will do everything how I planned and not change anything because until today everything was fine.

### **Lea Johanna Dastich (GER) 2017 World Junior Championships 8<sup>th</sup>**

(on competing in her first Europeans) At first I did not feel differently from other competitions like Junior Worlds, but when I took the ice I suddenly felt it that this is a different atmosphere. I need to deal with that and I need to make sure that I don't want too much on the first jump, the flip. As soon as I stepped out of the flip I knew I'll have to do a double toe with the loop. I am very confident heading into the free skating as I've done great programs in practice. I really want to show what I am capable of and skate clean.