

**ISU GP NHK Trophy 2017**

Men

**Planned Program Content - Check List****Keegan MESSING - CAN**

SP/SD			Remarks
1	4T+3T	Quad. Toeloop+Triple Toeloop	
2	3A	Triple Axel	
3	FCSp	Flying Camel Spin	
4	CSSp	Change Foot Sit Spin	
5	StSq	Step Sequence	
6	3Lz	Triple Lutz	
7	CCoSp	Change Foot Spin Combo	
8			
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FS/FD			Remarks
1	3Lz	Triple Lutz	
2	3T	Triple Toeloop	
3	3A+2T+2Lo	Triple Axel+Double Toeloop+Double Loop	
4	FCCoSp	Flying Change Foot Spin Combo	
5	StSq	Step Sequence	
6	4T+2T	Quad. Toeloop+Double Toeloop	
7	3S+3T	Triple Salchow+Triple Toeloop	
8	3A	Triple Axel	
9	FSSp	Flying Sit Spin	
10	3Lo	Triple Loop	
11	ChSq	Choreographic Sequence	
12	3F	Triple Flip	
13	CCoSp	Change Foot Spin Combo	
14			
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**ISU GP NHK Trophy 2017**

Men

**Planned Program Content - Check List****Nam NGUYEN - CAN**

SP/SD			Remarks
1	4T	Quad. Toeloop	
2	4S+3T	Quad. Salchow+Triple Toeloop	
3	FCSp	Flying Camel Spin	
4	3A	Triple Axel	
5	CSSp	Change Foot Sit Spin	
6	StSq	Step Sequence	
7	CCoSp	Change Foot Spin Combo	
8			
9			
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FS/FD			Remarks
1	4T	Quad. Toeloop	
2	4S+3T	Quad. Salchow+Triple Toeloop	
3	3A	Triple Axel	
4	FSSp	Flying Sit Spin	
5	ChSq	Choreographic Sequence	
6	4S	Quad. Salchow	
7	3A+2T	Triple Axel+Double Toeloop	
8	3Lo	Triple Loop	
9	3F+2T+2Lo	Triple Flip+Double Toeloop+Double Loop	
10	StSq	Step Sequence	
11	3Lz	Triple Lutz	
12	FCCoSp	Flying Change Foot Spin Combo	
13	CCoSp	Change Foot Spin Combo	
14			
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**ISU GP NHK Trophy 2017**

Men

**Planned Program Content - Check List****Michal BREZINA - CZE**

SP/SD			Remarks
1	4S	Quad. Salchow	
2	3A	Triple Axel	
3	FSSp	Flying Sit Spin	
4	CCSp	Change Foot Camel Spin	
5	3Lz+3T	Triple Lutz+Triple Toeloop	
6	StSq	Step Sequence	
7	CCoSp	Change Foot Spin Combo	
8			
9			
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FS/FD			Remarks
1	4S	Quad. Salchow	
2	3A+2T	Triple Axel+Double Toeloop	
3	3F+3T	Triple Flip+Triple Toeloop	
4	FSSp	Flying Sit Spin	
5	StSq	Step Sequence	
6	3A	Triple Axel	
7	3Lo	Triple Loop	
8	3F+2T+2Lo	Triple Flip+Double Toeloop+Double Loop	
9	3Lz	Triple Lutz	
10	3S	Triple Salchow	
11	ChSq	Choreographic Sequence	
12	FCCoSp	Flying Change Foot Spin Combo	
13	CCoSp	Change Foot Spin Combo	
14			
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17			
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**ISU GP NHK Trophy 2017**

Men

**Planned Program Content - Check List****Alexei BYCHENKO - ISR**

SP/SD			Remarks
1	3A	Triple Axel	
2	4T	Quad. Toeloop	
3	CCoSp	Change Foot Spin Combo	
4	3Lz+3T	Triple Lutz+Triple Toeloop	
5	FCSp	Flying Camel Spin	
6	StSq	Step Sequence	
7	CSSp	Change Foot Sit Spin	
8			
9			
10			

FS/FD			Remarks
1	4T+3T	Quad. Toeloop+Triple Toeloop	
2	4T	Quad. Toeloop	
3	3Lo	Triple Loop	
4	CCoSp	Change Foot Spin Combo	
5	StSq	Step Sequence	
6	3A	Triple Axel	
7	3A+2T	Triple Axel+Double Toeloop	
8	3Lz	Triple Lutz	
9	FCSp	Flying Camel Spin	
10	3F+1Lo+3S	Triple Flip+Single Loop+Triple Salchow	
11	2A	Double Axel	
12	ChSq	Choreographic Sequence	
13	CSSp	Change Foot Sit Spin	
14			
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Men

**Planned Program Content - Check List****Yuzuru HANYU - JPN**

SP/SD			Remarks
1	4Lo	Quad. Loop	
2	FCSp	Flying Camel Spin	
3	CSSp	Change Foot Sit Spin	
4	3A	Triple Axel	
5	4T+3T	Quad. Toeloop+Triple Toeloop	
6	StSq	Step Sequence	
7	CCoSp	Change Foot Spin Combo	
8			
9			
10			

FS/FD			Remarks
1	4Lz	Quad. Lutz	
2	4Lo	Quad. Loop	
3	3F	Triple Flip	
4	FCCoSp	Flying Change Foot Spin Combo	
5	StSq	Step Sequence	
6	4S+3T	Quad. Salchow+Triple Toeloop	
7	4T+1Lo+3S	Quad. Toeloop+Single Loop+Triple Salchow	
8	4T	Quad. Toeloop	
9	3A+2T	Triple Axel+Double Toeloop	
10	3A	Triple Axel	
11	FCSSp	Flying Change Foot Sit Spin	
12	ChSq	Choreographic Sequence	
13	CCoSp	Change Foot Spin Combo	
14			
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**ISU GP NHK Trophy 2017**

Men

**Planned Program Content - Check List****Hiroaki SATO - JPN**

SP/SD			Remarks
1	3A	Triple Axel	
2	4T+3T	Quad. Toeloop+Triple Toeloop	
3	FCSp	Flying Camel Spin	
4	StSq	Step Sequence	
5	3F	Triple Flip	
6	CSSp	Change Foot Sit Spin	
7	CCoSp	Change Foot Spin Combo	
8			
9			
10			

FS/FD			Remarks
1	3A+3T	Triple Axel+Triple Toeloop	
2	4T+3T	Quad. Toeloop+Triple Toeloop	
3	4T	Quad. Toeloop	
4	StSq	Step Sequence	
5	CSSp	Change Foot Sit Spin	
6	3A	Triple Axel	
7	3F+2T+2T	Triple Flip+Double Toeloop+Double Toeloop	
8	3Lz	Triple Lutz	
9	FCCoSp	Flying Change Foot Spin Combo	
10	3S	Triple Salchow	
11	3Lo	Triple Loop	
12	ChSq	Choreographic Sequence	
13	CCoSp	Change Foot Spin Combo	
14			
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Men

**Planned Program Content - Check List****Kazuki TOMONO - JPN**

SP/SD			Remarks
1	4S	Quad. Salchow	
2	3F+3T	Triple Flip+Triple Toeloop	
3	CSSp	Change Foot Sit Spin	
4	StSq	Step Sequence	
5	FCSp	Flying Camel Spin	
6	3A	Triple Axel	
7	CCoSp	Change Foot Spin Combo	
8			
9			
10			

FS/FD			Remarks
1	4S+2T	Quad. Salchow+Double Toeloop	
2	4S	Quad. Salchow	
3	3A+3T	Triple Axel+Triple Toeloop	
4	FSSp	Flying Sit Spin	
5	StSq	Step Sequence	
6	3A+2T+2Lo	Triple Axel+Double Toeloop+Double Loop	
7	3Lo	Triple Loop	
8	3S	Triple Salchow	
9	3Lz	Triple Lutz	
10	CCoSp	Change Foot Spin Combo	
11	ChSq	Choreographic Sequence	
12	3F	Triple Flip	
13	FCCoSp	Flying Change Foot Spin Combo	
14			
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17			
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**ISU GP NHK Trophy 2017**

Men

**Planned Program Content - Check List****Deniss VASILJEVS - LAT**

SP/SD			Remarks
1	3Lz+3T	Triple Lutz+Triple Toeloop	
2	3A	Triple Axel	
3	CCSp	Change Foot Camel Spin	
4	3F	Triple Flip	
5	CCoSp	Change Foot Spin Combo	
6	StSq	Step Sequence	
7	FSSp	Flying Sit Spin	
8			
9			
10			

FS/FD			Remarks
1	3A+2T	Triple Axel+Double Toeloop	
2	3A	Triple Axel	
3	3T	Triple Toeloop	
4	StSq	Step Sequence	
5	CCSp	Change Foot Camel Spin	
6	3Lo	Triple Loop	
7	3Lz+1Lo+3S	Triple Lutz+Single Loop+Triple Salchow	
8	2A	Double Axel	
9	3F	Triple Flip	
10	3Lz+2T	Triple Lutz+Double Toeloop	
11	ChSq	Choreographic Sequence	
12	CCoSp	Change Foot Spin Combo	
13	FCCoSp	Flying Change Foot Spin Combo	
14			
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17			
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**ISU GP NHK Trophy 2017**

Men

**Planned Program Content - Check List****Dmitri ALIEV - RUS**

SP/SD			Remarks
1	4Lz+3T	Quad. Lutz+Triple Toeloop	
2	4T	Quad. Toeloop	
3	FSSp	Flying Sit Spin	
4	3A	Triple Axel	
5	CCoSp	Change Foot Spin Combo	
6	StSq	Step Sequence	
7	FCSp	Flying Camel Spin	
8			
9			
10			

FS/FD			Remarks
1	4Lz	Quad. Lutz	
2	3F	Triple Flip	
3	4T+3T	Quad. Toeloop+Triple Toeloop	
4	FCSp	Flying Camel Spin	
5	ChSq	Choreographic Sequence	
6	4T	Quad. Toeloop	
7	3A+2T	Triple Axel+Double Toeloop	
8	3Lo+1Lo+3F	Triple Loop+Single Loop+Triple Flip	
9	3A	Triple Axel	
10	3Lz	Triple Lutz	
11	StSq	Step Sequence	
12	CCoSp	Change Foot Spin Combo	
13	CCSp	Change Foot Camel Spin	
14			
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**ISU GP NHK Trophy 2017**

Men

**Planned Program Content - Check List****Sergei VORONOV - RUS**

SP/SD			Remarks
1	4T+3T	Quad. Toeloop+Triple Toeloop	
2	3Lz	Triple Lutz	
3	FCSp	Flying Camel Spin	
4	3A	Triple Axel	
5	CCoSp	Change Foot Spin Combo	
6	StSq	Step Sequence	
7	CSSp	Change Foot Sit Spin	
8			
9			
10			

FS/FD			Remarks
1	4T+3T	Quad. Toeloop+Triple Toeloop	
2	3A	Triple Axel	
3	4T	Quad. Toeloop	
4	FCSp	Flying Camel Spin	
5	ChSq	Choreographic Sequence	
6	3A+2T	Triple Axel+Double Toeloop	
7	3Lz+1Lo+3S	Triple Lutz+Single Loop+Triple Salchow	
8	2A	Double Axel	
9	3Lo	Triple Loop	
10	2A	Double Axel	
11	StSq	Step Sequence	
12	CCoSp	Change Foot Spin Combo	
13	CSSp	Change Foot Sit Spin	
14			
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17			
18			

**ISU GP NHK Trophy 2017**

Men

**Planned Program Content - Check List****Jason BROWN - USA**

SP/SD			Remarks
1	3A	Triple Axel	
2	3Lz	Triple Lutz	
3	FCSp	Flying Camel Spin	
4	CSSp	Change Foot Sit Spin	
5	3F+3T	Triple Flip+Triple Toeloop	
6	StSq	Step Sequence	
7	CCoSp	Change Foot Spin Combo	
8			
9			
10			

FS/FD			Remarks
1	4T	Quad. Toeloop	
2	3A	Triple Axel	
3	CCSp	Change Foot Camel Spin	
4	3F	Triple Flip	
5	StSq	Step Sequence	
6	3A+3T	Triple Axel+Triple Toeloop	
7	FCCoSp	Flying Change Foot Spin Combo	
8	3Lz+1Lo+3F	Triple Lutz+Single Loop+Triple Flip	
9	ChSq	Choreographic Sequence	
10	3Lo	Triple Loop	
11	3Lz+2T	Triple Lutz+Double Toeloop	
12	2A	Double Axel	
13	CCoSp	Change Foot Spin Combo	
14			
15			
16			
17			
18			

# ISU GP NHK Trophy 2017

Men

## Planned Program Content - Check List

### Adam RIPPON - USA

SP/SD			Remarks
1	3F+3T	Triple Flip+Triple Toeloop	
2	3A	Triple Axel	
3	FCSp	Flying Camel Spin	
4	3Lz	Triple Lutz	
5	CSSp	Change Foot Sit Spin	
6	StSq	Step Sequence	
7	CCoSp	Change Foot Spin Combo	
8			
9			
10			

FS/FD			Remarks
1	4Lz	Quad. Lutz	
2	3F+3Lo	Triple Flip+Triple Loop	
3	2A	Double Axel	
4	FCSp	Flying Camel Spin	
5	StSq	Step Sequence	
6	3A+2T+2Lo	Triple Axel+Double Toeloop+Double Loop	
7	3A	Triple Axel	
8	3F+3T	Triple Flip+Triple Toeloop	
9	3S	Triple Salchow	
10	3Lz	Triple Lutz	
11	ChSq	Choreographic Sequence	
12	FCCoSp	Flying Change Foot Spin Combo	
13	CCoSp	Change Foot Spin Combo	
14			
15			
16			
17			
18			