

ISU GP Rostelecom Cup 2018

LADIES SHORT PROGRAM

Planned Program Content

1 Yura MATSUDA		JPN	
Coach:	Yoriko Naruse, Miho Kawaume, Yuko Hongo		
Music:	Me and My Girl by Noel Gay		
1: 3T+3T	Triple Toeloop+Triple Toeloop	5: StSq	Step Sequence
2: 3Lo	Triple Loop	6: 2A	Double Axel
3: FCSp	Fly. Camel Spin	7: CCoSp	Change Foot Combination Spin
4: SSp	Sit Spin	8:	

2 Gracie GOLD		USA	
Coach:	Pavel Filchenkov, Vincent Restencourt		
Music:	I Put a Spell on You		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	5: 2A	Double Axel
2: 3F	Triple Flip	6: CCoSp	Change Foot Combination Spin
3: FCSp	Fly. Camel Spin	7: LSp	Layback Spin
4: StSq	Step Sequence	8:	

3 Alexia PAGANINI		SUI	
Coach:	Igor Krokavec		
Music:	Yo Soy Maria by A. Piazzolla, H. Ferrer		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	5: LSp	Layback Spin
2: 3Lo	Triple Loop	6: StSq	Step Sequence
3: FCSp	Fly. Camel Spin	7: CCoSp	Change Foot Combination Spin
4: 2A	Double Axel	8:	

4 Sofia SAMODUROVA		RUS	
Coach:	Tatiana Mishina, Alexei Mishin		
Music:	Nyah (from "Mission Impossible 2" OST)		
1: 3F+3T	Triple Flip+Triple Toeloop	5: 2A	Double Axel
2: FCSp	Fly. Camel Spin	6: LSp	Layback Spin
3: StSq	Step Sequence	7: CCoSp	Change Foot Combination Spin
4: 3Lo	Triple Loop	8:	

5 Polina TSURSKAYA		RUS	
Coach:	Elena Buianova, Tatiana Tarasova		
Music:	And the Waltz Goes On by Anthony Hopkins		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	5: CCoSp	Change Foot Combination Spin
2: 2A	Double Axel	6: StSq	Step Sequence
3: FCSp	Fly. Camel Spin	7: LSp	Layback Spin
4: 3Lo	Triple Loop	8:	

6 Eunsoo LIM		KOR	
Coach:	Rafael Arutunian		
Music:	Somewhere In Time (ost) by J. Barry		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	5: 2A	Double Axel
2: FCSp	Fly. Camel Spin	6: LSp	Layback Spin
3: StSq	Step Sequence	7: CCoSp	Change Foot Combination Spin
4: 3F	Triple Flip	8:	

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7 Mako YAMASHITA	JPN
Coach: Machiko Yamada, Mihoko Higuchi	
Music: The Barber of Seville by G. Rossini	

1: 3Lz+3T	Triple Lutz+Triple Toeloop	5: 3F	Triple Flip
2: 2A	Double Axel	6: StSq	Step Sequence
3: FCSp	Fly. Camel Spin	7: CCoSp	Change Foot Combination Spin
4: SSp	Sit Spin	8:	

8 Alina ZAGITOVA	RUS
Coach: Eteri Tutberidze, Sergei Dudakov	
Music: The Phantom of the Opera by A. L. Webber	

1: 3Lz+3Lo	Triple Lutz+Triple Loop	5: LSp	Layback Spin
2: FCSp	Fly. Camel Spin	6: 3F	Triple Flip
3: StSq	Step Sequence	7: CCoSp	Change Foot Combination Spin
4: 2A	Double Axel	8:	

9 Yuna SHIRAIWA	JPN
Coach: M. Hamada, Y. Tamura, H. Okamoto	
Music: Nightmare, All Aboard	

1: 3Lz+3T	Triple Lutz+Triple Toeloop	5: StSq	Step Sequence
2: FSSp	Fly. Sit Spin	6: 3Lo	Triple Loop
3: CCoSp	Change Foot Combination Spin	7: CSp	Camel Spin
4: 2A	Double Axel	8:	

10 Elizabet TURSUNBAEVA	KAZ
Coach: Eteri Tutberidze	
Music: Moonlight Sonata by L. van Beethoven	

1: 3Lz	Triple Lutz	5: FCSp	Fly. Camel Spin
2: 2A	Double Axel	6: StSq	Step Sequence
3: CCoSp	Change Foot Combination Spin	7: LSp	Layback Spin
4: 3S+3T	Triple Salchow+Triple Toeloop	8:	

Please Note:

The Planned Program is listed as announced by the skaters/teams and observed during the practice sessions.

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