

# ISU GP Rostelecom Cup 2018

## LADIES FREE SKATING

### Planned Program Content

<b>1 Gracie GOLD</b>		<b>USA</b>	
Coach:	Pavel Filchenkov, Vincent Restencourt		
Music:	She Used to Be Mine by S. Barellies		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: FCCoSp	Fly. Change Foot Comb. Spin
2: 3F	Triple Flip	10: ChSq	Choreo Sequence
3: 3S	Triple Salchow	11: CCoSp	Change Foot Combination Spin
4: 2A	Double Axel	12: LSp	Layback Spin
5: StSq	Step Sequence	13:	
6: 2A+2T	Double Axel+Double Toeloop	14:	
7: 3T	Triple Toeloop	15:	
8: 3S+2T+2T	Triple Salchow+Double Toeloop+Double Toeloop	16:	

<b>2 Mako YAMASHITA</b>		<b>JPN</b>	
Coach:	Machiko Yamada, Mihoko Higuchi		
Music:	Madame Butterfly by Giacomo Puccini		
1: 3Lz+3T+2T	Triple Lutz+Triple Toeloop+Double Toeloop	9: 3Lo	Triple Loop
2: 3F	Triple Flip	10: StSq	Step Sequence
3: 2A	Double Axel	11: 3S+2T	Triple Salchow+Double Toeloop
4: CCoSp	Change Foot Combination Spin	12: FCCoSp	Fly. Change Foot Comb. Spin
5: ChSq	Choreo Sequence	13:	
6: 2A	Double Axel	14:	
7: FCSp	Fly. Camel Spin	15:	
8: 3Lz+3T	Triple Lutz+Triple Toeloop	16:	

<b>3 Polina TSURSKAYA</b>		<b>RUS</b>	
Coach:	Elena Buianova, Tatiana Tarasova		
Music:	Leningrad, Kotaro Nakagawa, Live Or Die		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 3Lo	Triple Loop
2: 3F	Triple Flip	10: 3S	Triple Salchow
3: 2A	Double Axel	11: StSq	Step Sequence
4: 2A+3T	Double Axel+Triple Toeloop	12: LSp	Layback Spin
5: FCSp	Fly. Camel Spin	13:	
6: CCoSp	Change Foot Combination Spin	14:	
7: ChSq	Choreo Sequence	15:	
8: 3Lz+2T+2T	Triple Lutz+Double Toeloop+Double Toeloop	16:	

<b>4 Eunsoo LIM</b>		<b>KOR</b>	
Coach:	Rafael Arutunian		
Music:	Chicago (ost) by J. Kander, F. Ebb		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 2A	Double Axel
2: 3Lo	Triple Loop	10: LSp	Layback Spin
3: 3S	Triple Salchow	11: StSq	Step Sequence
4: CCoSp	Change Foot Combination Spin	12: FCSp	Fly. Camel Spin
5: ChSq	Choreo Sequence	13:	
6: 3Lz+3T	Triple Lutz+Triple Toeloop	14:	
7: 2A	Double Axel	15:	
8: 3F+2T+2Lo	Triple Flip+Double Toeloop+Double Loop	16:	

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<b>5 Yura MATSUDA</b>		<b>JPN</b>	
Coach:	Yoriko Naruse, Miho Kawaume, Yuko Hongo		
Music:	The Seasons by Alexander Glazunov		
1: 3Lo+2T	Triple Loop+Double Toeloop	9: 3S	Triple Salchow
2: 2A	Double Axel	10: 2A	Double Axel
3: CCoSp	Change Foot Combination Spin	11: ChSq	Choreo Sequence
4: 3Lo	Triple Loop	12: FCCoSp	Fly. Change Foot Comb. Spin
5: 3S+2T	Triple Salchow+Double Toeloop	13:	
6: FCSp	Fly. Camel Spin	14:	
7: 3T	Triple Toeloop	15:	
8: StSq	Step Sequence	16:	

<b>6 Yuna SHIRAIWA</b>		<b>JPN</b>	
Coach:	M. Hamada, Y. Tamura, H. Okamoto		
Music:	Pictures At An Exhibition by Mussorgsky		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 3Lz+3T	Triple Lutz+Triple Toeloop
2: 2A	Double Axel	10: 3S+2T+2Lo	Triple Salchow+Double Toeloop+Double Loop
3: FSSp	Fly. Sit Spin	11: CCoSp	Change Foot Combination Spin
4: StSq	Step Sequence	12: 3Lo	Triple Loop
5: 3F	Triple Flip	13:	
6: 2A	Double Axel	14:	
7: FCSp	Fly. Camel Spin	15:	
8: ChSq	Choreo Sequence	16:	

<b>7 Elizabet TURSUNBAEVA</b>		<b>KAZ</b>	
Coach:	Eteri Tutberidze		
Music:	Otono Porteno by Astor Piazzolla		
1: 3Lz	Triple Lutz	9: 3S	Triple Salchow
2: 3F	Triple Flip	10: CCoSp	Change Foot Combination Spin
3: 2A+2T+2T	Double Axel+Double Toeloop+Double Toeloop	11: StSq	Step Sequence
4: 3Lo	Triple Loop	12: FCCoSp	Fly. Change Foot Comb. Spin
5: FCSp	Fly. Camel Spin	13:	
6: ChSq	Choreo Sequence	14:	
7: 3S+3T	Triple Salchow+Triple Toeloop	15:	
8: 2A+3T	Double Axel+Triple Toeloop	16:	

<b>8 Alina ZAGITOVA</b>		<b>RUS</b>	
Coach:	Eteri Tutberidze, Sergei Dudakov		
Music:	Carmen Suite by Rodion Shchedrin		
1: 2A	Double Axel	9: 3F	Triple Flip
2: 3Lz+3T	Triple Lutz+Triple Toeloop	10: CCoSp	Change Foot Combination Spin
3: 3S	Triple Salchow	11: StSq	Step Sequence
4: 2A	Double Axel	12: FCCoSp	Fly. Change Foot Comb. Spin
5: FCSp	Fly. Camel Spin	13:	
6: ChSq	Choreo Sequence	14:	
7: 3Lz+3Lo	Triple Lutz+Triple Loop	15:	
8: 3F+2T+2Lo	Triple Flip+Double Toeloop+Double Loop	16:	

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<b>9 Sofia SAMODUROVA</b>		<b>RUS</b>
Coach:	Tatiana Mishina, Alexei Mishin	
Music:	Burlesque soundtrack	

1: 3F+3T	Triple Flip+Triple Toeloop	9: 2A+2T+2Lo	Double Axel+Double Toeloop+Double Loop
2: 3Lz	Triple Lutz	10: ChSq	Choreo Sequence
3: 3Lo	Triple Loop	11: LSp	Layback Spin
4: StSq	Step Sequence	12: CCoSp	Change Foot Combination Spin
5: FSSp	Fly. Sit Spin	13:	
6: 3S	Triple Salchow	14:	
7: 2A+3T	Double Axel+Triple Toeloop	15:	
8: 3F	Triple Flip	16:	

<b>10 Alexia PAGANINI</b>		<b>SUI</b>
Coach:	Igor Krokavec	
Music:	La La Land (soundtrack) by J. Hurwitz	

1: 3Lz	Triple Lutz	9: 2A	Double Axel
2: 3T+1Eu+3S	Triple Toeloop+Single Euler+Triple Salchow	10: FLSp	Fly. Layback Spin
3: 3Lo+2T	Triple Loop+Double Toeloop	11: StSq	Step Sequence
4: 2A	Double Axel	12: CCoSp	Change Foot Combination Spin
5: FCCoSp	Fly. Change Foot Comb. Spin	13:	
6: ChSq	Choreo Sequence	14:	
7: 3Lo	Triple Loop	15:	
8: 3T+2T	Triple Toeloop+Double Toeloop	16:	

Please Note:

The Planned Program is listed as announced by the skaters/teams and observed during the practice sessions.

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