Lake Placid, NY, USA
August 28 – 31, 2019
WELCOME
On behalf of U.S. Figure Skating, we look forward to welcoming you to Lake Placid, New York for the ISU Junior Grand Prix 2019. Lake Placid has hosted the 1980 and 1932 Olympic Winter Games and continues to be an outstanding location for figure skating, having hosted the Junior Grand Prix event in 2007, 2009, and 2012, as well as the 2009 and 2017 Skate America competitions. Located in the heart of the Adirondack Mountains, Lake Placid is both a winter and summer resort destination.

For information about Lake Placid and things to see and do, visit www.lakeplacid.com.

TRANSPORTATION

Arrivals & Departures

Officially Designated Airport
Albany International Airport (ALB) is the officially designated airport for the ISU Junior Grand Prix 2019. This airport is an approximate distance of 225km (2.5 hour drive) to the official hotel. For additional information, visit www.albanyairport.com.

Airport Transfers
The Organizing Committee will provide ground transportation for all ISU Event Officials, Competitors, Team Leaders, ISU Office Holders, the ISU Event Coordinator, the Regional Event Coordination Assistants, and visiting dignitaries that are traveling in to the designated airport (ALB) from Aug 27-28 and have entered the detailed travel information in the ORS by July 26. Please note that a transportation fee of $100/person (roundtrip) will be charged to all athletes, coaches, team leaders and team officials to accommodate the transportation to the official airport for this service.

For all other team members (coaches, team medical staff, member press officers, team officials and chaperones, etc.), the organizing committee will only provide airport transfers if they are traveling with the team and have entered the detailed travel information in the ORS by July 26, 2019. Additional team members will also be charged the $100/person (roundtrip) transportation fee.
For team members not traveling with the team or that have not entered the travel information in ORS by the deadline, please arrange your own transportation (at your cost) from the airport to your hotel.

The OC will provide departure shuttle busses to the officially designated airport beginning Friday, August 30. Please inform the Organizing Committee together with your entry whether you will be using the transportation offered.

**Airport Staffing**

Staff members from the transportation company will be at the airports to greet team members and direct them to the pick-up location and will be holding signage with the event name and logo of the ISU Junior Grand Prix 2019.

**Customs & Visas**

Visa/Foreign Athletes Entering USA: Each person traveling into the United States must have an American Visa. If you require a visa to enter the United States, please use the provided Visa Application Request form (Form 2) and send to Events@usfigureskating.org.

For international travelers entering the United States, you can find customs procedures and a list of items that can be brought into the U.S. on the U.S. Customs and Border Protection website: www.cbp.gov.

**Electronic System for Travel Authorizations (ESTA):** ESTA is an automated system that determines the eligibility of visitors to travel to the United States under the Visa Waiver Program (VWP). Authorization via ESTA does not determine whether a traveler is admissible to the United States. U.S. Customs and Border Protection officers determine admissibility upon travelers' arrival. The ESTA application collects biographic information and answers to VWP eligibility questions. ESTA applications may be submitted at any time prior to travel, though it is recommended that travelers apply as soon as they begin preparing travel plans or prior to purchasing airline tickets.

**Additional Information**

1. The Trudeau International Airport in Montreal, Canada (YUL) is also a nearby option. Transportation from YUL **will not be provided by the OC** to the official hotel, if you choose to arrive from this airport you will be responsible for your own.
transportation to Lake Placid. Ground transportation may take 3-3.5 hours due to the crossing of the U.S./Canada border. Additional travel fees will apply.

2. The OC reserves the right to set all airport shuttle times to most effectively make use of the available vehicles.

Event Shuttle

There will be an event shuttle beginning on the first day of official practice, and running through the final day of competition available to all event officials and additional team officials staying at the High Peaks Resort. This shuttle will make a loop between the High Peaks Resort and 1980 Rink of the arena every 30 min. The Crowne Plaza is located 400m (.25 miles) down the street from the main arena and Conference Center.

<table>
<thead>
<tr>
<th>High Peaks Resort</th>
<th>Olympic Center (1980 Rink)</th>
</tr>
</thead>
<tbody>
<tr>
<td>:00 &amp; :30</td>
<td>:15 &amp; :45</td>
</tr>
</tbody>
</table>

**Wednesday, August 28 – Saturday, August 30**

The first shuttle each day departs the High Peaks 90 minutes prior to the first practice ice.

*Subject to change.

**ACCOMMODATIONS**

Crowne Plaza – Lake Placid

101 Olympic Drive. Lake Placid, NY 12946
Phone: +1 523 2556
Website: [www.lakeplacidcp.com](http://www.lakeplacidcp.com)
Distance from Arena: 400m/.25 miles
Room block: Competitors, Coaches, Team Leaders
Hotel Rate: $149/night + tax (breakfast not included) Monday – Thursday
$239/night plus taxes (breakfast not included) Friday - Sunday

*All housing request are due no later than July 26, 2019. The OC will not guarantee rooms at the official hotel after July 26 due to hotel deadline requirements.

High Peaks Resort

2384 Saranac Avenue. Lake Placid, NY 12946
Phone: +1 518 523 4411
Website: [www.highpeaksresort.com](http://www.highpeaksresort.com)
Distance from Arena: 1km/.6 miles
Room block: Officials Only
*Must complete housing form in ORS by July 31, 2019.

**ACCREDITATION**

Accreditation Center Information
Accreditation will take place at the Crowne Plaza hotel during the hours designated below. Information desks will be also be available at the High Peaks and arena.

**Hours of Operation**

**Crowne Plaza – Accreditation & Info Desk**
- Tuesday, Aug. 27: 12:00 – 22:00
- Wednesday, Aug. 28: 07:00 – 20:00

**High Peaks Resort – Info Desk Only**
- Tuesday, Aug. 27: 14:00 – 22:00
- Wednesday, Aug. 28: 07:00 – 18:00

**U.S. Figure Skating Office at Arena**
- Thursday, Aug. 29 - Saturday, Aug. 31: During all practices & competition.

**All Team Delegation Members**
Upon arrival, ISU Office Holders, ISU Event Officials, Competitors, Team Leaders, Coaches and all other Team Delegation members taking part in the Championships are requested to register officially at the accreditation center.

- NO accreditation will be issued without a valid passport.
- Please be aware that only accredited people with officially issued accreditation can enter the Championships Venue.
- Chaperones will receive a limited accreditation that will allow them access to the Event Shuttle and the official practice sessions, but not competition. Chaperones that want to attend the competition events should purchase tickets.
Broadcasters & Media

All approved media and Television rights holders will receive their accreditation at the accreditation center.

MEALS

The OC will provide meals for all Competitors and Officials. Meals will be served as follows per ISU regulations. Individual meals may be purchased on site or in advanced via email by additional team members. If you would like to pre-order additional meals, email events@usfigureskating.org.

Competitors & Additional Meals

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>06:00 – 10:00</th>
<th>Crowne Plaza – Grand View Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lunch</td>
<td>11:30 – 15:00</td>
<td>Crowne Plaza – Grand View Room</td>
</tr>
<tr>
<td>Dinner</td>
<td>18:00 – 22:00 (non-competition days)</td>
<td>Crowne Plaza – Grand View Room</td>
</tr>
<tr>
<td></td>
<td>18:00 – 21:30 (competition days)</td>
<td></td>
</tr>
<tr>
<td>Late Dinner</td>
<td>22:00 – 24:00 (competition days)</td>
<td>Crowne Plaza – Grand View Room</td>
</tr>
<tr>
<td></td>
<td><em>Saturday, late dinner will be served as a part of the closing competitor party.</em></td>
<td>Conference Center at Lake Placid – Edelweiss Room</td>
</tr>
</tbody>
</table>

Judges & Event Officials

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Wednesday, Aug. 28 – Sunday, Sep. 1 06:00 – 10:00</th>
<th>High Peaks Resort – Great Range Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lunch</td>
<td>Wednesday, Aug. 28 – Sunday, Sep. 1 11:30 – 15:00</td>
<td>Olympic Center – Belleayre Room</td>
</tr>
<tr>
<td>Dinner</td>
<td>Wednesday, Aug. 28 – Sunday, Sep. 1 18:00 – 22:00 (non-competition days) 18:00 – 21:30 (competition days)</td>
<td>Olympic Center – Belleayre Room</td>
</tr>
<tr>
<td>Late Dinner</td>
<td>Competition Days 22:00 – 24:00</td>
<td>Crowne Plaza – Grand View Room</td>
</tr>
</tbody>
</table>
**ARENAS**

**Competition Rink**
1980 Rink – Herb Brooks Arena  
2634 Main Street. Lake Placid, NY 12946  
Used as the competition venue for the 1980 Olympic Winter Games, the 1980 Rink is a 5,000 seat indoor ice arena with a surface of 30m x 60m (100 ft. x 100 ft.). Both the competition and practice rinks are adjacent to each other and connected internally.

**Practice Rink**
USA Rink  
2634 Main Street. Lake Placid, NY 12946  
The USA Rink is an indoor ice-rink with the surface 26m x 60m (85 ft. x 200 ft.) and is adjacent to the 1980 surface.
AREA MAP

1. Meal Access
2. Spectator Entrance & Box Office
3. Athlete Entrance

EVENT TICKETS

Sales Dates
Tickets may be purchased online:

Tickets will also be available at the Olympic Center Box Office throughout practices and competition.
Pricing

All Session Tickets
*includes access to all official practices

- **Adult** (age 19 – 64) $30.00
- **Jr./Student** (ages 7 – 18) $20.00
- **Senior** (ages 65+) $20.00
- **Child** (ages 6 & under) FREE

Daily Tickets
*includes official practice for that day

- **Adult** (age 19 – 64) $15.00
- **Jr./Student** (ages 7 – 18) $10.00
- **Senior** (ages 65+) $10.00
- **Child** (ages 6 & under) FREE

MEDICAL

Facilities
A fully equipped first aid center is on site. The full-time medical officer will be on site at all times. An ambulance with re-animation capabilities is on call.

- **Adirondack Medical Center** - Church Street, Lake Placid
  - Phone: 518-523-3311
  - 24-hour medical & emergency services as well as sports medicine facility

- **Mountain Medical Services Urgent Care** - 1925 Saranac Avenue, Lake Placid
  - Phone: 518-523-7575

- **Adirondack Medical Center** - Lake Colby Drive, Saranac Lake
  - Phone: 518-891-4141
  - Offers 24-hour medical and emergency services
Health & Fitness Facilities

- **Fitness Centers**
  - Summit Fitness - 1991 Saranac Avenue, 518-523-4127
  - Olympic Center Fitness - Brad Clark, 518-523-1655 x5350

- **Chiropractors**
  - Cerruti Chiropractic, 83 River St., 518-523-7173
  - Adirondack Family Chiropractic PC, 6018 Sentinel Road, 518-523-8222

- **Sports Medicine**
  - Adirondack Medical Center, 29 Church Street, 518-523-8580
  - Athletic Training & Physical Therapy is available here

- **Massage Therapists**
  - Balanced Body Work & Massage of Lake Placid, 2733 Main Street, 518-523-3780
  - Placid Wellness, 1915 Saranac Ave, 518-523-1670
  - Speedy Spa, 200 Saranac Ave., 518-523-5500
  - The Spa at the Mirror Lake Inn, 5 Mirror Lake Drive, 518-523-2544

- **Acupuncture**
  - Integrative Medicine, 1996 Saranac Ave, 518-523-8188
  - Balanced Body, 2733 Main Street, 518-523-3780

- **Pharmacies / Drug Stores**
  - Kinney Drug's, 1954 Saranac Avenue, 518-523-2011
  - Rite Aid, 2140 Saranac Avenue, 518-523-5305
  - Hannaford, 45 Hadjis Way, 518-523-1582

CONTACT INFORMATION

**U.S. Figure Skating Events Department**

Email: Events@usfigureskating.org
Phone: 719-635-5200
### EVENT SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TUESDAY, AUG. 27</strong></td>
<td>All Day</td>
<td>Arrival of Teams</td>
</tr>
<tr>
<td><strong>WEDNESDAY, AUG. 28</strong></td>
<td>All Day</td>
<td>Official Practice</td>
</tr>
<tr>
<td></td>
<td>10:00</td>
<td>Team Leaders Meeting</td>
</tr>
<tr>
<td></td>
<td>11:00</td>
<td>Medical Meeting</td>
</tr>
<tr>
<td></td>
<td>16:30</td>
<td>Referees and Technical Controllers Meeting</td>
</tr>
<tr>
<td></td>
<td>17:30</td>
<td>Judges Draw and Meeting</td>
</tr>
<tr>
<td><strong>THURSDAY, AUG. 29</strong></td>
<td>08:30</td>
<td>Official Practice</td>
</tr>
<tr>
<td></td>
<td>15:00</td>
<td>MEN – Short Program</td>
</tr>
<tr>
<td></td>
<td>18:20</td>
<td>PAIRS – Short Program</td>
</tr>
<tr>
<td><strong>FRIDAY, AUG. 30</strong></td>
<td>07:15</td>
<td>Official Practice</td>
</tr>
<tr>
<td></td>
<td>11:00</td>
<td>DANCE - Rhythm Dance</td>
</tr>
<tr>
<td></td>
<td>13:30</td>
<td>LADIES – Short Program</td>
</tr>
<tr>
<td></td>
<td>18:30</td>
<td>MEN – Free Skate</td>
</tr>
<tr>
<td></td>
<td>21:40</td>
<td>Victory Ceremony MEN</td>
</tr>
<tr>
<td><strong>SATURDAY, AUG. 31</strong></td>
<td>07:30</td>
<td>Official Practice</td>
</tr>
<tr>
<td></td>
<td>10:00</td>
<td>DANCE - Free Dance</td>
</tr>
<tr>
<td></td>
<td>12:40</td>
<td>PAIRS – Free Skate</td>
</tr>
<tr>
<td></td>
<td>15:00</td>
<td>LADIES – Free Skate</td>
</tr>
<tr>
<td></td>
<td>20:05</td>
<td>Victory Ceremony DANCE, PAIRS, LADIES</td>
</tr>
<tr>
<td></td>
<td>22:00</td>
<td>Closing Skater Party</td>
</tr>
<tr>
<td></td>
<td>24:00</td>
<td></td>
</tr>
</tbody>
</table>
### SUMMARY OF DEADLINES

<table>
<thead>
<tr>
<th><strong>DEADLINE</strong></th>
<th><strong>to be submitted via</strong></th>
<th><strong>Online Registration System</strong></th>
<th><strong>Form</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Preliminary Entry Form</td>
<td>26.07.2019</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Hotel Request Form Team Leaders, Competitors, Judges</td>
<td>26.07.2019</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Hotel Request Form Team Officials, Coaches, Others</td>
<td>26.07.2019</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Entry by Name for Competitors</td>
<td>26.07.2019</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Entry by Name for Judges</td>
<td>26.07.2019</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Entry by Name Delegation Members</td>
<td>26.07.2019</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Hotel Reservation</td>
<td>26.07.2019</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Travel Details</td>
<td>26.07.2019</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Bank Transfer</td>
<td>26.07.2019</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Press Information</td>
<td>21.08.2019</td>
<td>X (Form 1)</td>
<td></td>
</tr>
<tr>
<td>Competition Music Information</td>
<td>21.08.2019</td>
<td>X (Form 2)</td>
<td></td>
</tr>
<tr>
<td>Ice Dance Music Information</td>
<td>21.08.2019</td>
<td>X (Form 3)</td>
<td></td>
</tr>
<tr>
<td>Exhibition Music Information</td>
<td>21.08.2019</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Planned Program Content</td>
<td>21.08.2019</td>
<td>X (Form 5)</td>
<td></td>
</tr>
<tr>
<td>Skater Health Care Form</td>
<td>21.08.2019</td>
<td>X (Form 6)</td>
<td></td>
</tr>
<tr>
<td>Visa Application Request</td>
<td>a.s.a.p.</td>
<td>X (Form 7)</td>
<td></td>
</tr>
</tbody>
</table>

Questions about information to be submitted? Contact [Events@usfigureskating.org](mailto:Events@usfigureskating.org).