

Date of birth: **25.06.1999**
 Place of birth: **Moscow RUS**
 Height: **173 cm**
 Home town: **Moscow RUS**
 Profession: **student (economy)**
 Hobbies: **relaxing, spending time with her little sister, yoga**
 Start sk. / Club: **2002 /**

Internet / Social Media contact: **Instagram: anastasiagalustyan**

Coach: **Irina and Georgy Galustyan**

Choreographer: **Daryn Zhunussov**

Practice low season: **16 h/week Moscow/RUS**

Practice high season: **16 h/week Moscow/RUS**

Music Short Program as of season 2020/2021

L.O.V.E. performed by Frank Sinatra and Natalie Cole

Music Free Skating / Free Dance as of season 2020/2021

The Nutcracker by Petr I. Tchaikovski

Personal Best Total Score	155.70	29.11.2018	ISU CS Tallinn Trophy 2018
Personal Best Score Short Program	52.39	28.11.2018	ISU CS Tallinn Trophy 2018
Personal Best Score Free Skating	103.31	29.11.2018	ISU CS Tallinn Trophy 2018

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship		29	24	23		39		
European Championship		13	15	12		22	27	
Four Continents								
World Juniors	27	12	16					
National Championship		1.S	1.S	1.S	1.S			

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
ISU GP Rostelecom 2017, Moscow	2017	12.	29th Winter Universiade 2019, Krasnoyarsk	2019	8.
Minsk Arena Ice Star 2018, Minsk	2018	4.	Denis Ten Memorial Challenge 2019, Almaty	2019	6.
ISU CS Tallinn Trophy 2018, Tallinn	2018	9.	Prague Ice Cup 2019, Prague	2019	3.
Ice Mall Cup 2019, Eilat	2019	3.	Santa Claus Cup 2019, Budapest	2019	1.

Galustyan is coached by her mother.

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Date of birth: **27.03.2003**Place of birth: **Moscow RUS**Height: **163 cm**Home town: **Moscow RUS**Profession: **high school student**Hobbies: **reading, playing soccer, TV serials**Start sk. / Club: **2006 / FS Academy of Evgeni Plushenko, Moscow**Internet / Social Media contact: **Instagram: _rina.r**Coach: **Alexander Volkov, Evgeni Plushenko**Choreographer: **Martine Dagenais**Former Coach: **Alexei Ryabov, Sergei Davydov**Practice low season: **23 h/week Moscow**Practice high season: **23 h/week Moscow**

Music Short Program as of season 2020/2021

Mambo Italiano performed by Sophia Loren

Music Free Skating / Free Dance as of season 2020/2021

Stop by Sam Brown

Personal Best Total Score	187.77	16.11.2019	ISU GP Rostelecom Cup 2019
Personal Best Score Short Program	64.01	15.11.2019	ISU GP Rostelecom Cup 2019
Personal Best Score Free Skating	123.76	16.11.2019	ISU GP Rostelecom Cup 2019

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship						13		
European Championship						12	6	
Four Continents								
World Juniors						13	10	
National Championship						1.S		

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
ISU CS Golden Spin of Zagreb 2018, Zagreb	2018	6.	Volvo Open Cup 2019, Riga	2019	2.
ISU CS 27th Nepela Memorial 2019, Bratislava	2019	5.	ISU GP Rostelecom Cup 2019, Moscow	2019	5.
Denis Ten Memorial Challenge 2019, Almaty	2019	5.	ISU CS Golden Spin of Zagreb 2019, Zagreb	2019	5.
ISU CS Ice Star 2019, Minsk	2019	3.	Winter Youth Olympic Games 2020, Lausanne	2020	8.J

Coach Evgeni Plushenko is a two-time Olympic Champion (2006 individual event & 2014 team event) and two-time Olympic silver medalist (2002, 2010).

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Date of birth: **08.05.2003**Place of birth: **Moscow (RUS)**Height: **cm**

Home town:

Profession: **high school student**

Hobbies:

Start sk. / Club: **/**

Internet / Social Media contact:

Viktoriia SAFONOVA**BLR**Coach: **Oksana Matveeva**Choreographer: **Verbillo Sergei, Vershinina Nina**Former Coach: **Selivanova Elena**Practice low season: h/week **Moscow, Minsk**Practice high season: h/week **Moscow, Minsk**

Music Short Program as of season 2020/2021

Je t'aime by Lara Fabian

Music Free Skating / Free Dance as of season 2020/2021

Bolero by Maurice Ravel

Personal Best Total Score	192.49	06.12.2019	ISU CS Golden Spin of Zagreb 2019
Personal Best Score Short Program	64.35	05.12.2019	ISU CS Golden Spin of Zagreb 2019
Personal Best Score Free Skating	128.14	06.12.2019	ISU CS Golden Spin of Zagreb 2019

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship								
European Championship							14	
Four Continents								
World Juniors								
National Championship					14.J	8.J	1.S	

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
Minsk Arena Ice Star 2018, Minsk	2018	1.J	ISU CS Golden Spin of Zagreb 2019, Zagreb	2019	2.
Volvo Open Cup 2019, Riga	2019	1.	Tallink Hotels Cup 2020, Tallinn	2020	3.
ISU CS Warsaw Cup 2019, Warsaw	2019	7.	Minsk Arena Ice Star 2020, Minsk	2020	1.

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Date of birth: **17.01.2003**Place of birth: **Tallinn**Height: **162 cm**Home town: **Keila**Profession: **high school student**Hobbies: **cycling, camping, hiking**Start sk. / Club: **2007 / Anna Levandi FSC**Internet / Social Media contact: **Instagram: lottaskating; Facebook: Eva-Lotta Kiibus**Coach: **Anna Levandi**Choreographer: **Benoit Richaud**Practice low season: **30 h/week Courchevel (FRA), Tallinn**Practice high season: **20 h/week Tallinn**

Music Short Program as of season 2020/2021

Sign of the Times - Harry Style - Styles, Harry & Bhasker, Jeff

Music Free Skating / Free Dance as of season 2020/2021

Piano Concerto No.2 in C minor, Op.18 by Sergei Rachmaninov

Personal Best Total Score	184.27	17.10.2020	ISU CS Budapest Trophy 2020
Personal Best Score Short Program	65.37	15.10.2020	ISU CS Budapest Trophy 2020
Personal Best Score Free Skating	121.54	25.01.2020	ISU European Championships 2020

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship						22		
European Championship							7	
Four Continents								
World Juniors						26		
National Championship				8.5	3.5	2.5	1.5	

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
ISU CS Nebelhorn Trophy 2019, Oberstdorf	2019	6.	Winter Youth Olympic Games 2020, Lausanne	2020	14.J
ISU JGP Egna/Neumarkt 2019, Egna - Bolzano	2019	8.J	Tallink Hotels Cup 2020, Tallinn	2020	2.
ISU CS Finlandia Trophy 2019, Espoo	2019	6.	ISU CS Nebelhorn Trophy 2020, Oberstdorf	2020	1.
ISU CS Golden Spin of Zagreb 2019, Zagreb	2019	11.	ISU CS Budapest Trophy 2020, Budapest	2020	2.

Kiibus' older brother is the well-known Estonian rapper Nublu.**Coach Anna Levandi (nee Kondrashova) is the 1984 World silver medalist, competing for the Soviet Union.**

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Date of birth: **07.01.2004**
 Place of birth: **Riga LAT**
 Height: **164 cm**
 Home town: **Moscow RUS**
 Profession: **high school student**
 Hobbies: **studying languages, music**
 Start sk. / Club: **2008 / CSKA Moscow**

Internet / Social Media contact:

Coach: **Svetlana Sokolovskaia**
 Choreographer: **Vitali Butikov**
 Former Coach: **Jekaterina Platonova**
 Practice low season: h/week **Moscow/RUS**
 Practice high season: h/week **Moscow/RUS**

Music Short Program as of season 2020/2021

Asturias by Isaac Albéniz

Music Free Skating / Free Dance as of season 2020/2021

Non, je ne regrette rien performed by Patricia Kaas

The 9th Hour by Patricia Kaas

Milord performed by Mireille Mathieu

Personal Best Total Score	179.50	13.01.2020	Winter Youth Olympic Games 2020
Personal Best Score Short Program	63.10	11.01.2020	Winter Youth Olympic Games 2020
Personal Best Score Free Skating	116.40	13.01.2020	Winter Youth Olympic Games 2020

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship								
European Championship							15	
Four Continents								
World Juniors						11	18	
National Championship								

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
Europa Cup Skate Helena 2019, Belgrade	2019	1.J	Golden Bear 2019, Zagreb	2019	7.
European Youth Olympic 2019, Sarajevo	2019	6.J	Volvo Open Cup 2019, Riga	2019	3.
ISU JGP Grand Prix de Courchevel 2019, Courchevel	2019	8.J	Bosphorus Istanbul Cup 2019, Istanbul	2019	2.
ISU JGP Croatia Cup 2019, Zagreb	2019	6.J	Winter Youth Olympic Games 2020, Lausanne	2020	5.J

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Date of birth: 29.08.2002	Anastasiia GULIAKOVA
Place of birth: Revra	RUS
Height: 168 cm	
Home town: St. Petersburg	
Profession: student	
Hobbies: drawing, dance	
Start sk. / Club: 2005 / Olympic School "Zvezdny Led", Saint-Petersburg	
Internet / Social Media contact: Instagram: a_gulyakova	
Coach: Alexei Mishin, Tatiana Mishina	
Choreographer: Tatiana Prokofieva	
Former Coach: Iliia Klimkin, Zoia Simbirskaja, Petr Kiprushev	
Practice low season: h/week Moscow	
Practice high season: h/week Moscow	

Music Short Program as of season 2020/2021

Sheherazade by Nikolai Rimski-Korsakov

Music Free Skating / Free Dance as of season 2020/2021

Don't Say You Do by Lola Blanc

Real Boy by Lola Blanc

Personal Best Total Score	188.90	08.12.2018	ISU CS Golden Spin of Zagreb 2018
Personal Best Score Short Program	67.85	07.12.2018	ISU CS Golden Spin of Zagreb 2018
Personal Best Score Free Skating	121.05	08.12.2018	ISU CS Golden Spin of Zagreb 2018

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship								
European Championship								
Four Continents								
World Juniors								
National Championship				8.J	13.S, 10.J	10.S	7.S	

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
Warsaw Cup 2018, Warsaw	2018	1.	Denis Ten Memorial Challenge 2019, Almaty	2019	2.
ISU CS Golden Spin of Zagreb 2018, Zagreb	2018	4.	Tallinn Trophy 2019, Tallinn	2019	2.
Dragon Trophy 2019, Ljubljana	2019	2.	Tallink Hotels Cup 2020, Tallinn	2020	1.
Skate Victoria 2019, Sofia	2019	1.	Minsk Arena Ice Star 2020, Minsk	2020	2.

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Date of birth: 24.08.2003	Alena KOSTORNAIA
Place of birth: Moscow	
Height: 155 cm	
Home town: Moscow	
Profession: high school student	
Hobbies: horse riding and show jumping	
Start sk. / Club: 2007 / FS Academy "Angels of Plushenko"	RUS
Internet / Social Media contact: Instagram: aliona_officialnew	
Coach: Evgeni Plushenko, Sergei Rozanov	
Choreographer: Sergei Rozanov (SP), Shae-Lynn Bourne (FS), Elena Ilinykh	
Former Coach: Eteri Tutberidze, S. Dudakov, D. Gleikhengauz, Elena Zhgun, Marina Cherkasova	
Practice low season: h/week Moscow, Novogorsk	
Practice high season: h/week Moscow	

Music Short Program as of season 2020/2021

No Time to Die by Billie Eilish

You Should See Me With a Crown by Billie Eilish

Music Free Skating / Free Dance as of season 2020/2021

Wayward Sisters (from "Nocturnal Animals" soundtrack) by Abel Korzeniowski

Dance for Me Wallis (from "W.E." soundtrack) by Abel Korzeniowski

The Cheek of Night (from "Romeo and Juliet" soundtrack) by Abel Korzeniowski

Personal Best Total Score	247.59	07.12.2019	ISU Grand Prix Final 2019/2020
Personal Best Score Short Program	85.45	06.12.2019	ISU Grand Prix Final 2019/2020
Personal Best Score Free Skating	162.14	07.12.2019	ISU Grand Prix Final 2019/2020

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship								
European Championship							1	
Four Continents								
World Juniors					2			
National Championship				16.J	3.S, 2.J	3.S, 2.J	2.S	

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
ISU Junior Grand Prix Final 2017/18, Nagoya	2017	2.J	ISU CS Finlandia Trophy 2019, Espoo	2019	1.
ISU JGP Cup of Austria 2018, Linz	2018	1.J	ISU GP Internationaux de France 2019, Grenoble	2019	1.
ISU JGP Czech Skate 2018, Ostrava	2018	1.J	ISU GP NHK Trophy 2019, Sapporo	2019	1.
ISU Junior Grand Prix Final 2018/19, Vancouver	2018	1.J	ISU Grand Prix Final 2019/2020, Torino	2019	1.

Kostornaia has landed triple Axels in competition.

She switched coaches in July 2020. Coach Evgeni Plushenko is a two-time Olympic Champion (2006 and with the team 2014) as well as the 2002 and 2010 Olympic silver medalist.

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Date of birth: 25.08.2002	Elizaveta NUGUMANOVA	
Place of birth: St. Petersburg		
Height: 158 cm		
Home town: St. Petersburg		RUS
Profession: high school student		
Hobbies: dancing, music, video shooting		
Start sk. / Club: 2006 / Olympic School Figure Skating Academy St. Petersburg		
Internet / Social Media contact: Instagram: liza_nugumanova		

Coach: Evgeni Rukavitsin
Choreographer: Olga Glinka, Valentin Molotov
Former Coach: Angelina Turenko, Veronika Daineko, Alexei Mishin
Practice low season: h/week St. Petersburg
Practice high season: h/week St. Petersburg

Music Short Program as of season 2020/2021

The Bat by Johann Strauss

Music Free Skating / Free Dance as of season 2020/2021

The Mountain Between Us (soundtrack)

Dusk Till Dawn by Zayn Malik feat. Sia

Personal Best Total Score	186.02	17.11.2019	ISU CS Warsaw Cup 2019
Personal Best Score Short Program	64.37	15.11.2019	ISU CS Warsaw Cup 2019
Personal Best Score Free Skating	121.65	17.11.2019	ISU CS Warsaw Cup 2019

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship								
European Championship								
Four Continents								
World Juniors								
National Championship			4.J	11.J	11.J	17.S	14.S	

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
ISU JGP Cup of Mordovia 2016, Saransk	2016	3.J	ISU Junior Grand Prix Final 2016/17, Marseille	2016	5.J
ISU JGP Tallinn Cup 2016, Tallinn	2016	2.J	Triglav Trophy 2017, Jesenice	2017	1.J
Tallinn Trophy 2016, Tallinn	2016	2.J	ISU CS Warsaw Cup 2019, Warsaw	2019	3.

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Date of birth: **30.07.2002**Place of birth: **Krasnoiarsk**Height: **158 cm**Home town: **St. Petersburg**Profession: **high school student**Hobbies: **singing**Start sk. / Club: **2007 / Olympic School "Zvezdny Led", Saint-Petersburg**Internet / Social Media contact: **Instagram: sofia_samodurova**Coach: **Alexei Mishin, Tatiana Mishina**Choreographer: **Tatiana Prokofieva, Roman Kostomarov, Nikita Mikhailov**Former Coach: **Oleg Tataurov, Maria Nikolaeva**Practice low season: h/week **St. Petersburg, Kislovodsk**Practice high season: h/week **St. Petersburg****Sofia SAMODUROVA****RUS**

Music Short Program as of season 2020/2021

The Man with the Harmonica by Ennio Morricone, arranged by Appollo 440

Music Free Skating / Free Dance as of season 2020/2021

Makeba by Jain**Replay by Rene Aubry****Mah-Na-Mah-Na by Moa**

Personal Best Total Score	213.84	25.01.2019	ISU European Championships 2019
Personal Best Score Short Program	72.88	23.01.2019	ISU European Championships 2019
Personal Best Score Free Skating	140.96	25.01.2019	ISU European Championships 2019

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship						8		
European Championship						1		
Four Continents								
World Juniors								
National Championship				9.S, 12.J	11.S	6.S	9.S	

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
ISU GP Rostelecom Cup 2018, Moscow	2018	2.	ISU GP SHISEIDO Cup of China 2019, Chongqing	2019	5.
ISU Grand Prix Final 2018/2019, Vancouver	2018	5.	ISU GP NHK Trophy 2019, Sapporo	2019	6.
ISU CS Lombardia Trophy 2019, Bergamo	2019	6.	ISU CS Golden Spin of Zagreb 2019, Zagreb	2019	4.
ISU CS Ice Star 2019, Minsk	2019	1.	Minsk Arena Ice Star 2020, Minsk	2020	3.

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Date of birth: **28.03.2004**Place of birth: **Moscow**Height: **157 cm**Home town: **Moscow**Profession: **high school student**Hobbies: **crochet-work, reading, cooking**Start sk. / Club: **2007 / Sambo 70 (Khrustalnyi)**Internet / Social Media contact: **Instagram: anna_shcherbakova_****Anna SHCHERBAKOVA****RUS**Coach: **E. Tutberidze, S. Dudakov, D. Gleikhengauz**Choreographer: **Daniil Gleikhengauz, Eteri Tutberidze**Former Coach: **Oksana Bulycheva, Julia Krasinskaia**Practice low season: h/week **Moscow, Novogorsk**Practice high season: h/week **Moscow**

Music Short Program as of season 2020/2021

O doux printemps d'autrefois by Jules Massenet, performed by Joshua Bell

Music Free Skating / Free Dance as of season 2020/2021

Morning Passages by Philipp Glass**Big Plans (from "The Home of Dark Butterflies" soundtrack) by Panu Aaltio****Beethoven's Five Secrets by The Piano Guys**

Personal Best Total Score	240.92	07.12.2019	ISU Grand Prix Final 2019/2020
Personal Best Score Short Program	78.27	06.12.2019	ISU Grand Prix Final 2019/2020
Personal Best Score Free Skating	162.65	07.12.2019	ISU Grand Prix Final 2019/2020

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship								
European Championship							2	
Four Continents								
World Juniors						2		
National Championship					13.J	1.S, 3.J	1.S	

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
ISU JGP Bratislava 2018, Bratislava	2018	1.J	ISU CS Lombardia Trophy 2019, Bergamo	2019	1.
ISU JGP Canada 2018, Richmond	2018	1.J	ISU GP Skate America 2019, Las Vegas, NV	2019	1.
ISU Junior Grand Prix Final 2018/19, Vancouver	2018	5.J	ISU GP SHISEIDO Cup of China 2019, Chongqing	2019	1.
European Youth Olympic 2019, Sarajevo	2019	1.J	ISU Grand Prix Final 2019/2020, Torino	2019	2.

Shcherbakova has landed the quadruple Lutz and quadruple flip in competition. She missed most of the 2017/18 season after breaking her leg on a triple loop.

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Date of birth: 23.06.2004	Alexandra TRUSOVA
Place of birth: Riazan	RUS
Height: 158 cm	
Home town: Moscow	
Profession: high school student	
Hobbies: reading, spending time with her family, her dogs Tina and Lana	
Start sk. / Club: 2008 / Angels of Plushenko SC	
Internet / Social Media contact: Instagram: avtrusova	
Coach: Evgeni Plushenko, Dmitri Mikhailov	
Choreographer: Elena Ilinykh	
Former Coach: Eteri Tutberidze, S. Dudakov, D. Gleikhengauz, S. Rozanov, Alexander Volkov, Olga Shevtsova	
Practice low season: h/week Moscow, Kislovodsk	
Practice high season: h/week Moscow	

Music Short Program as of season 2020/2021

Love Story by Lola and Hauser

Appassionata by Secret Garden

Music Free Skating / Free Dance as of season 2020/2021

O Verona (from "Romeo and Juliet" soundtrack) by Craig Armstrong

Montagues & Capulets (from "Romeo and Juliet" soundtrack)

Come, Gentle Night (from "Romeo and Juliet" soundtrack) by Abel Korzeniowski

Dance of the Knights (from "Romeo and Juliet") by Sergei Prokofiev

Personal Best Total Score	241.02	26.10.2019	ISU GP Skate Canada International 2019
Personal Best Score Short Program	74.95	24.01.2020	ISU European Championships 2020
Personal Best Score Free Skating	166.62	26.10.2019	ISU GP Skate Canada International 2019

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship								
European Championship							3	
Four Continents								
World Juniors					1	1		
National Championship				4.J	1.J	2.S, 1.J	3.S	

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
ISU Junior Grand Prix Final 2017/18, Nagoya	2017	1.J	ISU CS 27th Nepela Memorial 2019, Bratislava	2019	1.
ISU JGP Amber Cup 2018, Kaunas	2018	1.J	ISU GP Skate Canada International 2019, Kelowna, BC	2019	1.
ISU JGP Armenian Cup 2018, Yerevan	2018	1.J	ISU GP Rostelecom Cup 2019, Moscow	2019	1.
ISU Junior Grand Prix Final 2018/19, Vancouver	2018	2.J	ISU Grand Prix Final 2019/2020, Torino	2019	3.

Trusova is the first woman to have landed a quadruple Lutz in (ISU JGP 2018) and a quadruple flip (ISU GP Final 2019) in competition. She is as well the first woman to land a quadruple toeloop as well as two quadruple jumps (toeloop and Salchow) in one program in competition (at the ISU World Junior Championships 2018). She has also performed three quadruple jumps (quad Lutz, quad toe, quad toe-triple toe) at the Russian test skates in September 2019 and four quadruple jumps (Lutz, Salchow, two toeloops) at the Japan Open in October 2019. Trusova switched coaches in spring 2020. Coach Evgeni Plushenko is a two-time Olympic Champion (2006 and with the team 2014) as well as two-time Olympic silver medalist (2002, 2010).

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Date of birth: 17.12.1996	Elizaveta TUKTAMYSHEVA
Place of birth: Glazov	RUS
Height: 157 cm	
Home town: St. Petersburg	
Profession: student	
Hobbies: music, dancing, watching TV, surfing the web	
Start sk. / Club: 2001 / Olympic School Zvezdni Led St. Petersburg	
Internet / Social Media contact: Instagram: liza_tuktik; http://vk.com/id38537529	
Coach: Alexei Mishin, Tatiana Prokofieva	
Choreographer: T. Prokofieva, A. Cappellini, L. Lanotte (SP), Juri Smekalov (FS)	
Former Coach: Svetlana Veretennikova	
Practice low season: h/week Tartu/EST, Florida, St. Petersburg	
Practice high season: h/week St. Petersburg	

Music Short Program as of season 2020/2021

Adagio (from "Spartacus") by Aram Khatchaturian

Music Free Skating / Free Dance as of season 2020/2021

Chronicles of a Mischievous Bird by Bkhima Iunusov

Personal Best Total Score	234.43	13.04.2019	ISU World Team Trophy 2019
Personal Best Score Short Program	80.54	11.04.2019	ISU World Team Trophy 2019
Personal Best Score Free Skating	153.89	13.04.2019	ISU World Team Trophy 2019

	13/14	14/15	15/16	16/17	17/18	18/19	19/20	20/21
Olympic Games								
World Championship		1						
European Championship		1						
Four Continents								
World Juniors								
National Championship	10.S	2.S	8.S	8.S	7.S		4.S	

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
ISU GP NHK Trophy 2018, Hiroshima	2018	3.	ISU CS Finlandia Trophy 2019, Espoo	2019	2.
ISU Grand Prix Final 2018/2019, Vancouver	2018	3.	ISU GP Skate America 2019, Las Vegas, NV	2019	3.
Dragon Trophy 2019, Ljubljana	2019	1.	ISU GP SHISEIDO Cup of China 2019, Chongqing	2019	3.
ISU CS Lombardia Trophy 2019, Bergamo	2019	2.	ISU CS Golden Spin of Zagreb 2019, Zagreb	2019	1.
Tuktamysheva is the first Russian lady to win the World title in ten years. Irina Slutskaya had won in 2005. She started skating at age four and a half because she befriended other girls that were figure skaters. From 2007 to 2011, she split her training time between Glazov and St. Petersburg before moving to train in St. Petersburg full-time in August 2011. Tuktamysheva has landed triple Axels in competition. She broke her foot in March 2014 and was off the ice for three months. She missed the 2019 National Championships due to illness (pneumonia).					

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