



 **FOUR  
CONTINENTS  
FIGURE SKATING  
CHAMPIONSHIPS®  
Tallinn 2022**

**January 18-23, 2022**

**Tallinn, EST**

**ANNOUNCEMENT**

## 1. GENERAL REGULATIONS

First and foremost, the following information is subject to a timely normalization of the coronavirus situation allowing the safe organization of the ISU Championships this winter. The ISU is closely monitoring the respective developments in consultation with the organizing ISU Members and with the expectation and hope that the situation will be restored to normal as quickly as possible. The ISU Four Continents Figure Skating Championships 2022 will be subject to the local entry, travel and sanitary measures as well as subject to compliance with the ISU Guidelines for ISU Figure Skating Events during the Covid-19 pandemic (<https://www.isu.org/inside-isu/covid-19>) in place before and during the respective event. The ISU will inform ISU Members in case of any development or related decision.

The ISU Four Continents Figure Skating Championships® 2022 will be conducted in accordance with the ISU Constitution and General Regulations 2021, the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2021, as well as all pertinent ISU Communications.

Participation in the ISU Four Continents Figure Skating Championships® 2022 is open to all Competitors who belong to an ISU Member in accordance with Rule 130, paragraph 2 and qualify with regard to eligibility according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 3. a) and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 1 through 5 and Communication No. 2030 (or any updated of this Communication).

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030 (or any update of this Communication), all Skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

## 2. TECHNICAL DATA

All Championship events as well as some official practices will take place at **Tondiraba Ice Hall** – with an ice surface of 30 m x 60 m. The remainder of the official practices will take place at **Tondiraba Ice Hall Practice Rink**, with an ice surface of 28 m x 58 m. The two facilities are in the same building. Both venues are indoor, air-conditioned and heated.

### Competition venue (Main & Practice rink):

Tondiraba Ice Hall  
Varraku 14  
13917 Tallinn, Estonia

### 2.1 Minimum Score

Please refer to ISU Communications No. 2395, paragraph 9. as well as ISU Communication no. 2406.

Skaters/couples participating in the ISU Four Continents Figure Skating Championships® 2022 must have reached the following Minimum Total Elements Scores during the ongoing season (2021/22) or the two immediately preceding seasons (2020/21 and 2019/20):

	<b>SP/RD</b>	<b>FS/FD</b>
MEN	28.00	46.00
WOMEN	23.00	40.00
PAIR SKATING	25.00	42.00
ICE DANCE	28.00	44.00

The Minimum Technical Elements Score (not including Component Scores) is a Technical Score and must have been reached in an ISU recognized International Competition (as per Article 39, paragraph 7 of the ISU Constitution and Rule 107, paragraphs 1 to 10 of the ISU General Regulations) during the ongoing or two preceding seasons (see above-mentioned Council decision) in both segments, Short Program/Rhythm Dance and Free Skating/Free Dance (See ISU Special Regulations Single & Pair Skating Ice Dance, Rule 378, paragraph 3).

While the Minimum Technical Elements Score must be reached separately in each segment (not a total of the two segments), the Minimum Technical Elements Score for each segment may be reached at different competitions. The Minimum Technical Elements Score must be reached 21 (twenty-one) days before the first day (first official practice day) of the Championships concerned (same as entry deadline).

## 2.2 Technical Details

<b>MEN</b>	Short Program	<p>The required elements to be skated are those listed in ISU Technical Rules Single &amp; Pair Skating 2021, Rule 611, paragraphs 1 and 2.</p> <p>Duration: 2 min., 40 sec. +/- 10 sec.</p>
	Free Skating	<p>In accordance with ISU Technical Rules Single &amp; Pair Skating 2021, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.</p> <p>Duration: 4 min., +/- 10 sec.</p>
<b>WOMEN</b>	Short Program	<p>The required elements to be skated are those listed in ISU Technical Rules Single &amp; Pair Skating 2021 Rule 611, paragraphs 1 and 2.</p> <p>Duration: 2 min., 40 sec. +/- 10 sec.</p>
	Free Skating	<p>In accordance with ISU Technical Rules Single &amp; Pair Skating 2021, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.</p> <p>Duration: 4 min., +/- 10 sec.</p>
<b>PAIR SKATING</b>	Short Program	<p>The required elements to be skated are those listed in ISU Technical Rules Single &amp; Pair Skating 2021, Rule 620, paragraphs 1 and 2 for 2021/22.</p> <p>Duration: 2 min., 40 sec. +/- 10 sec.</p>
	Free Skating	<p>In accordance with ISU Technical Rules Figure Skating &amp; Pair Skating 2021, Rule 621 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.</p> <p>Duration: 4 min., +/- 10 sec.</p>
<b>ICE DANCE</b>	Rhythm Dance	<p>In accordance with ISU Technical Rules Ice Dance 2021, Rule 709.</p> <p>Rhythms, required elements and guidelines are those listed in ISU Communications 2371 and subsequent updates.</p> <p>Duration: 2 min., 50 sec. +/- 10 sec</p>
	Free Dance	<p>In accordance with ISU Technical Rules Ice Dance 2021, Rule 710. The required elements to be skated are those listed in ISU Communications 2371 and subsequent updates.</p> <p>Duration: 4 min., +/- 10 sec.</p>



### 3. ENTRIES

#### 3.1 General

All entries for the ISU Four Continents Figure Skating Championships® 2022, must be done through the **ISU Online Registration System (ORS)** by the deadline indicated; hotel and travel information should also be entered into ORS, as well as bank information. Declarations as well as Health Care forms will need to be uploaded to the ORS as well.

#### 3.2 Entries of Competitors

In accordance with Rule 378, the Entries by names must be made via the ISU Online Registration System (ORS):

**<https://fms.sportresult.com/isu/>**

and will be submitted via the ORS simultaneously to the:

**Organizing Committee**

The Estonian Skating Union

e-mail: [entries4c@uisuliit.ee](mailto:entries4c@uisuliit.ee)

and to:

**ISU Secretariat**

e-mail: [entries@isu.ch](mailto:entries@isu.ch)

not later than **Tuesday, December 28, 2021 – 20:00 h, local time Tallinn / EST** (see Rule 378, paragraph 1).

Preliminary entries (by number) must be entered in the ORS not later than **November 15, 2021**.

**Please note that for all persons entered by the Members the procedures in regard to the Declaration for Competitors and Officials entering ISU Events (Rule 131) as outlined in ISU Communication 1876, point 16 (or any update of this Communication) need to be strictly observed.**

#### 3.3 Entries of Team Members

Official entries of Team Leaders, Assistant Team Leaders, Team Officials, Team Medical Staff, Member Press Officer and Coaches and the partner or relative of a Judge (TBC) will be accepted.

Accreditation will be provided to those who are officially entered in ORS and accepted by the Organizing Committee.

Please be advised that only one Coach per Skater/Couple will be accredited. An Assistant Team Leader will be accepted for Teams having six (6) and more Skaters. Only one Team Officials of each Member, including the Member President provided that they are Council/Board members, Technical Committee members or members of the Head Office of their Federation, will be accredited. Not more than one (1) Team Doctor and one (1) Team Physiotherapist will be accepted as the Team Medical Staff, for which the Organizing Committee requests the right to have a medical certification (document) presented before accreditation. Furthermore, not more than one (1) Member Press Officer will be accredited (provided the necessary form was received by September 1, 2021 and approved by the ISU. The Members must guarantee that the requested accreditation of Team members will correspond to their function within the team.

The names of all team members must be submitted via the ISU Online Registration System (ORS) and must reach the Organizing Committee and the ISU Secretariat not later than **Tuesday, December 28, 2021 – 20:00 h, local time Tallinn / EST**

### 4. JUDGES

Members having been drawn to send Judges to the ISU Four Continents Figure Skating Championships® 2022 must submit their Judges via the ISU Online Registration System (ORS) and reach the Organizing Committee and the ISU Secretariat not later than **Tuesday, December 28, 2021 – 20:00 h, local time Tallinn / EST**.

## 5. MEALS, LODGING, PREPAYMENT AND TRAVEL EXPENSES

In accordance with Rule 137 the expenses are regulated as follows:

- a) All expenses for accommodation and meals for all Competitors participating in the Championships will be covered by the Organizing Committee during the period beginning with dinner on **Monday, January 17, 2022** and ending with lunch on **Monday, January 24, 2022**.
- b) All expenses for accommodation and meals for one (1) Team Leader for each participating Member in the Championships will be covered by the Organizing Committee during the period beginning with dinner on **Monday, January 17, 2022** and ending with lunch on **Monday, January 24, 2022**.
- c) All expenses for accommodation and meals for Technical Controllers, Technical Specialists and Data & Replay Operators will be covered by the Organizing Committee during the period beginning with dinner on **Monday, January 17, 2022** and ending with lunch on **Monday, January 24, 2022**.
- d) All expenses for accommodation and meals for Referees and Judges will be covered by the Organizing Committee during the period as listed below:
  1. Referees: with lunch on **Tuesday, January 18, 2022** and ending with lunch on **Monday, January 24, 2022**
  2. Judges Women, Pair Skating and Ice Dance: from lunch on **Tuesday, January 18, 2022** and ending with lunch on **Monday, January 24, 2022**,
  3. Judges Men: from lunch on **Wednesday, January 19, 2022** and ending with lunch on **Monday, January 24, 2022**,

Should any Competitor, Team Leader or Official arrive at the Hotel before the time indicated above or stay longer, the costs for accommodation and meals are at the burden of the user. A credit card or cash deposit is required on arrival for security and other incidental (i.e. telephone, movies, etc.) charges. If there are no expenses or damages to the room, cash deposit will be returned to the guest on departure.

It is the responsibility of the participating Members to make the necessary travel plans and arrangements for their Skaters.

All extra expenses incurred by any Competitor or any kind of Official will be the responsibility of the individual and must be paid prior to departure.

The Organizing Committee requests that, for all Team Members whose accommodation expenses are not covered by the Organizing Committee as outlined above, a pre-payment (deposit) to guarantee the availability of required rooms has to be made. Please use the ISU Online Registration System (ORS) and the first Information Letter for booking and calculation. The pre-payment (50% of the total amount) must be made by **November 29, 2021**. The terms of payment for the remainder are published in the first information document.

**All rooms ordered for any person (if paid by the organizer or the ISU member federations) are subject to the cancellation policy as outlined in the first information.**

Travel expenses will be paid in accordance with Rule 137. Out of pocket expenses for Referees, Technical Controllers, Technical Specialists, Judges, Data & Replay Operators will be paid in accordance with the Memorandum for Guidance in Holding ISU Figure Skating Championships and ISU Communication No. 2096 or any update of this Communication. Payments will be provided at registration. No expenses will be reimbursed for any other accompanying persons (i.e., Assistant Team Leaders, Coaches, Team Officials, Team Medical Staff, Member Press Officer, Chaperones, etc.).

**Please note: It is the obligation of the Team Leader and or the Assistant Team Leader to attend the Team Leaders Meeting. Failing to do so, the Organizing Committee will not cover the expenses for the Team Leader as indicated above.**

## 6. PRACTICE

Official practices for Competitors begin on **Tuesday, January 18, 2022**. The detailed schedule will be issued at the time of registration.

## 7. MUSIC / PLANNED PROGRAM CONTENT

In accordance with Rule 343 in the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance, the following method to submit the Competitor's music to the Organizing Committee must be followed:

- the ISU Member is responsible for submitting their Competitor's music as direct attachment to an email to the Organizing Committee ([music@uisuliit.ee](mailto:music@uisuliit.ee)) until **January 11, 2022**.  
*Please note: some music files might exceed the size of a regular email. In this case, an email-based transfer service which allows to send large files could be used to send the file to the OC.*
- each submission shall be labelled with the name of the ISU Member, name of the category, segment and the name(s) of the competitor(s):

Example:

GER\_Men\_SP\_MUSTERMANN-Max

GER\_Men\_FS\_MUSTERMANN-Max

SUI\_Pairs\_SP\_MUSTERMANN-Erika\_MUSTERMANN-Max

- the music files must be sent as **WAV or MP3** file formats. Any other format is not acceptable.  
*Please note: Files in MP3 format may have a significant difference in the music quality when reproduced. The Organizing Committee in this case is not responsible if the music quality would be insufficient.*
- Each Competitor must have an own back-up drive (USB Stick) for each program in the format of a WAV or MP3 file.
- The exact running time of the music (not skating time) must be communicated to the Organizing Committee when submitting the music and shall be certified by the Competitor/Coach/Team Leader at the time of registration.
- During the 1<sup>st</sup> Official Practice, the music will be played as indicated in the Practice Schedule and will allow to verify the correctness of the submitted music. If there is an issue with the music, the Team Leader/Coach may be allowed to change the music by presenting an acceptable reproduction to the Organizing Committee's Music Team (USB Stick with file format of WAV or MP3 file).

If the music files have been submitted within the above-mentioned deadline to the Organizing Committee, then the music team of the Organizing Committee is entirely responsible for the correct execution of the music. In case of issues with submitted music files the Organizing Committee may request at the time of registration a secondary copy of the music files. In case the music files have not been submitted in time to the Organizing Committee, the skater(s) must present their music latest at the time of registration on the above defined mean and in the defined format.

Please note: CDs will **not** be accepted by the Organizing Committee.

The titles, composers and orchestras of the music to be used for the Short Program and Free Skating Program for Singles and Pairs, for the Rhythm and Free Dance Program for Ice Dance and for the Exhibition must all be entered, in detail, by the ISU Member or the Skater(s) on the dedicated ISU platform.

If music information is not complete and/or the music is not provided, accreditation will not be given.

The Planned Program Content must also be entered by the ISU Member or the Skater(s) on the dedicated ISU platform. It is mandatory that the Program Content information be filled in precisely by each Skater/team in English using the terminology for the elements listed in the respective ISU Communication.

## 8. ARRIVAL & DEPARTURE OF PARTICIPANTS

All ISU Event Officials, Competitors, Team Leaders and Team Officials taking part in the Championships are requested to announce as soon as possible but not later than **December 28, 2021**, to the Organizing Committee, the names of the airlines, flight numbers, dates and times of arrival at the **Tallinn Airport (TLL), the main train station as well as the harbor of Tallinn**.

These locations are considered as the official arrival/departure points for the ISU Four Continents Figure Skating Championships® 2022, from where a shuttle transfer will be organized. Coaches, Team Medical Staff

and Member Press Officer are only met if they travel with the team. The detailed travel information needs to be submitted via the ISU Online Registration System (ORS).

## 9. REGISTRATION

Accreditation will only be granted to persons in those various functions if officially entered and named through their ISU Member. The ISU Member certifies with the entries in ORS the indicated functions within the team of all team members. Any misuse of any function will be sanctioned by the ISU/OC.

Accreditation will be given to appointed ISU Event Officials and ISU Office Holders.

All Competitors and Judges will be required to present their passport (and Clearance Certificate if the passport is not of the same country as the Member entering the Skater and/or the Skater having previously represented another Member) prior to receiving accreditation. Accreditation will not be issued without presentation of a valid passport.

## 10. OFFICIAL HOTELS

Hotel information will be available in the first information document which will be forwarded to the ISU Members at the time of publication of this announcement. Hotel capacities can only be booked via the Organizing Committee. Hotel reservation requests need to be submitted via the ISU Online Registration System (ORS).

## 11. OPENING CEREMONY ON ICE

The Opening Ceremony on Ice will take place on **Thursday, January 20, 2022 at 16:45 (TBC)**, at the **Tondiraba Ice Hall**.

## 12. DRAWS - ORDER OF SKATING

The draws for the order of skating will be held individually per discipline at the Draw and Press Conference Room at Tondiraba Ice Hall. The exact dates and time will be provided at registration.

## 13. EXHIBITION

All medalists as well as additional invited skaters will participate in the exhibition on **Sunday, January 23, 2022 at 17:30** at Tondiraba Ice Hall according to Rule 104, paragraph 17 a) and b).

## 14. MEETINGS FOR ISU EVENT OFFICIALS and JUDGES

The individual Initial Judges Meetings will be held one (1) day prior to each first segment of each individual discipline. The draw for the seating order of the panels of Judges will be made 45 min. prior to each segment. Subsequent draws, as required, will be made at Tondiraba in the judges' room.

Please see the dates and times for all other official meetings for Technical Panels (before and after the respective event), Referees and Technical Controllers Meeting and Judges Round Table Discussions in paragraph 20. Schedule of Events. **ISU Event Officials and Judges are responsible to make their travel arrangements in order to be able to attend the respective meetings.** If any other party makes the flight arrangements, the ISU Event Officials and the Judges are responsible to check if such arrangements are in line with the detailed schedule as mentioned under paragraph 20.



## 15. LIABILITY

In accordance with Rule 119, it is the sole obligation of each ISU Member participating in ISU Events, as defined in Rule 107, to provide medical and accident insurance for their athletes, officials and all other members of the ISU Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious means.

The ISU assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred by Competitors and Officials.

## 16. ANTI-DOPING

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications (ISU Communications Nos. 2344 & 2366 or later updates).

## 17. TITLES AND MEDALS

The winners will bear the title according to Rule 133.

ISU gold medals will be awarded to the Champions and ISU silver and bronze medals to the second and third placed Competitors at the end of the finals in each discipline.

In accordance with Rule 134, paragraph 3. e) the Referee shall present, after the completion of each segment (Short Program and Free Skating for Women, Men, Pairs and Rhythm Dance and Free Dance for Ice Dance), ISU bronze, silver and gold medals to the third-placed Competitor(s), second-placed Competitor(s) and the winners respectively in each discipline, but no anthem shall be played or flags hoisted.

## 18. COVID-19

During the current Covid-19 pandemic the health and safety of all participants at ISU Events including the athletes, team members, officials, volunteers, service providers, guests, broadcasters, media, and spectators needs to be given additional attention.

Therefore, the ISU has created some Guidelines to help ISU Event Organizers. These ISU Guidelines describe the **minimum** sanitary measures that must be put in place to host an ISU Event during the COVID-19 pandemic.

These Guidelines do not, in any case, supersede additional requirements established by the National or Local Public Health Authorities of the hosting country which must be implemented in full.

## 19. INFORMATION

For further information, please contact:

### **ISU Four Continents Skating Championships® 2022**

#### **Organizing Committee**

Estonian Skating Union

Jana Kuura

Kristiina Siimsen

Tel: +372-600-6095

E-mail: [entries4c@uisuliit.ee](mailto:entries4c@uisuliit.ee)



## 20. SCHEDULE OF EVENTS

Date	Time	Event
Tuesday, January 18	All day	Official Practice
	10:00	MEN – Technical Panel Meeting
	12:15	ICE DANCE – Technical Panel Meeting
	16:00	Team Leaders Meeting
	16:45	PAIRS – Technical Panel Meeting
	17:30	Medical Meeting
	19:00	WOMEN – Technical Panel Meeting
Wednesday, January 19	All day	Official Practice
	09:30	Referee & Technical Controllers Meeting
	10:30	ICE DANCE – Initial Judges Meeting
	13:30	PAIRS – Initial Judges Meeting
	16:15	WOMEN – Initial Judges Meeting
Thursday, January 20	08:30	MEN – Initial Judges Meeting
	10:30	ICE DANCE – Rhythm Dance
	13:45	PAIRS – Short Program
	16:45	Opening Ceremony on Ice
	17:35	WOMEN – Short Program
Friday, January 21	10:45	MEN – Short Program
	17:05	ICE DANCE – Free Dance
	20:30	ICE DANCE – Technical Panel Review Meeting
Saturday, January 22	09:00	ICE DANCE - Judges Round Table Discussion
	12:00	WOMEN – Free Skating
	17:00	WOMEN – Technical Panel Review Meeting
	17:20	PAIRS – Free Skating
	20:30	PAIRS - Technical Panel Review Meeting
Sunday, January 23	08:00	WOMEN – Judges Round Table Discussion
	10:15	PAIRS – Judges Round Table Discussion
	10:50	MEN – Free Skating
	15:15	MEN – Technical Panel Review Meeting
	15:30	EXHIBITION
	18:00	MEN – Judges Round Table Discussion

**Please note: This schedule is subject to change**

## 20. SUMMARY OF DEADLINES

	DEADLINE	to be submitted via
Preliminary Entry Form	15.11.2021	ORS
Hotel Request Form Team Leaders, Competitors, Judges	15.11.2021	ORS
Hotel Request Form Team Officials, Coaches, Others	15.11.2021	ORS
Entry by Name for Competitors	28.12.2021	ORS
Entry by Name for Judges	28.12.2021	ORS
Entry by Name Delegation Members	28.12.2021	ORS
Hotel Reservation	28.12.2021	ORS
Travel Details	28.12.2021	ORS
Bank Transfer	28.12.2021	ORS
Press Information	28.12.2021	ISU PORTAL
Competition Music Information	28.12.2021	ISU PORTAL
Ice Dance Music Information	28.12.2021	ISU PORTAL
Planned Program Content	28.12.2021	ISU PORTAL
Skater Health Care Form	28.12.2021	ORS
Visa Application Request	a.s.a.p.	FORM

\*Once submitted this information is valid for the entire season until amendments and updates become necessary.

Payments	DUE DATE
Deadline for 50% deposit for hotel reservations from Federation	29.11.2021
Refund of 100% hotel deposit for cancellations up to	30.11.2021
Refund of 50% hotel deposit for cancellations <b>from December 1, 2021 until</b>	28.12.2021
No refund for cancellations from	29.12.2021
Federation to pay balance of hotel payment <b>latest at</b>	Registration