

NHK Trophy 2021

Women / Short Program

Planned Program Content

1 Rino MATSUIKE - JPN Coach: Machiko Yamada, Mihoko Higuchi Music: A Quoi Ca Sert l'Amour by Michel Emer			
1. 3Lz+3T	Triple Lutz+Triple Toeloop	5. LSp	Layback Spin
2. 2A	Double Axel	6. StSq	Step Sequence
3. FCSp	Flying Camel Spin	7. CCoSp	Change Foot Combo Spin
4. 3F	Triple Flip	8.	
2 Mana KAWABE - JPN Coach: M. Hamada, Y. Tamura, S. Muramoto, H. Sato Music: Shadow 5, Winter 1			
1. 3A	Triple Axel	5. StSq	Step Sequence
2. 3Lz+3T	Triple Lutz+Triple Toeloop	6. LSp	Layback Spin
3. FSSp	Flying Sit Spin	7. CCoSp	Change Foot Combo Spin
4. 3F	Triple Flip	8.	
3 Seoyeong WI - KOR Coach: Hyungkyung Choi Music: The Grandmaster, The Last Airbender			
1. 2A	Double Axel	5. StSq	Step Sequence
2. 3F	Triple Flip	6. CCoSp	Change Foot Combo Spin
3. FCSp	Flying Camel Spin	7. SSp	Sit Spin
4. 3Lz+3T	Triple Lutz+Triple Toeloop	8.	
4 Nicole SCHOTT - GER Coach: Michael Huth Music: Adios Nonino by Astor Piazzolla			
1. 3T+3T	Triple Toeloop+Triple Toeloop	5. CCoSp	Change Foot Combo Spin
2. 3F	Triple Flip	6. StSq	Step Sequence
3. FCSp	Flying Camel Spin	7. LSp	Layback Spin
4. 2A	Double Axel	8.	
5 Amber GLENN - USA Coach: Peter Cain, Darlene Cain Music: Circles, Experience			
1. 3A	Triple Axel	5. FSSp	Flying Sit Spin
2. 3F+3T	Triple Flip+Triple Toeloop	6. StSq	Step Sequence
3. CCoSp	Change Foot Combo Spin	7. LSp	Layback Spin
4. 3Lo	Triple Loop	8.	
6 Daria USACHEVA - RUS Coach: Eteri Tutberidze, Sergei Dudakov Music: Never Enough (The Greatest Showman)			
1. 2A	Double Axel	5. CCoSp	Change Foot Combo Spin
2. 3Lz	Triple Lutz	6. StSq	Step Sequence
3. FCSp	Flying Camel Spin	7. LSp	Layback Spin
4. 3F+3T	Triple Flip+Triple Toeloop	8.	

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7 Eunsoo LIM - KOR Coach: Minjeong Kwak Music: El Tango de Roxanne (Moulin Rouge soundtrack)			
1. 3Lz+3T	Triple Lutz+Triple Toeloop	5. LSp	Layback Spin
2. 2A	Double Axel	6. CCoSp	Change Foot Combo Spin
3. FCSp	Flying Camel Spin	7. StSq	Step Sequence
4. 3F	Triple Flip	8.	
8 Alysa LIU - USA Coach: M. Scali, J. Abbott, L. Magri, P. DiGuglielmo Music: Gypsy Dance by L. Minkus			
1. 3A	Triple Axel	5. CCoSp	Change Foot Combo Spin
2. 3F	Triple Flip	6. StSq	Step Sequence
3. FCSp	Flying Camel Spin	7. LSp	Layback Spin
4. 3Lz+3T	Triple Lutz+Triple Toeloop	8.	
9 Young YOU - KOR Coach: Tammy Gambill, Mie Hamada Music: Whirling Winds (The Leftovers soundtrack)			
1. 3A	Triple Axel	5. 3F	Triple Flip
2. 3Lz+3T	Triple Lutz+Triple Toeloop	6. StSq	Step Sequence
3. FCSp	Flying Camel Spin	7. CCoSp	Change Foot Combo Spin
4. LSp	Layback Spin	8.	
10 Kaori SAKAMOTO - JPN Coach: S. Nakano, M. Graham, S. Kawahara Music: Now We Are Free (Gladiator)			
1. 2A	Double Axel	5. FCSp	Flying Camel Spin
2. 3Lz	Triple Lutz	6. StSq	Step Sequence
3. CCoSp	Change Foot Combo Spin	7. LSp	Layback Spin
4. 3F+3T	Triple Flip+Triple Toeloop	8.	