













On behalf of Japan Skating Federation, the Organizing Committee has the honor and pleasure to invite you to a competition in the

ISU World Cup Short Track 2019/20 which will be held at the Nippon Gaishi Arena, Nagoya, Japan on November 29 to December 1, 2019

General Regulations

The competitions will be held under the 2018 ISU General Regulations and Special Regulations/Technical Rules for Short Track Speed Skating and ISU Communication No. 2275.

Participation is open to all ISU Members. This competition is part of the ISU World Cup Short Track 2019/20.

Distances

Individual 500, 1000, 1500 meters Ladies and Men

Relay 3000 meters Ladies, 5000 meters Men, 2000 meters Mixed Gender

Program

Thursday, November 28	09:00	Official Practice
	16:00	Medical Meeting (Nippon Gaishi Arena)
	19:00	Team Leaders Meeting and Welcome Reception
		(Hotel Castle Plaza)
Friday, November 29	TBA*	Qualifying session Individual & Relay
Saturday, November 30	TBA	Repechage Races
		1000 meters and 1500 (1) meters Ladies and Men
		Semi-Finals Relay 2000 meters Mixed Gender
	14:02	World Cup session
		1000 meters and 1500 (1) meters Ladies and Men
		Final Relay 2000 meters Mixed Gender
		Semi-Finals Relay 3000 meters Ladies and 5000 meters
Sunday, December 1	TBA	Repechage Races
		500 meters and 1500 (2) meters Ladies and Men
	14:02	World Cup session
		500 meters and 1500 (2) meters Ladies and Men
		Final Relay 3000 meters Ladies and 5000 meters Men

^{*} Final starting times to be decided upon receipt of the number of final entries.

Track Conditions

The Nippon Gaishi Arena has an artificially refrigerated indoor ice surface of 60 x 30 meters. Protective hybrid padding covers the boards in accordance with Rule 280, paragraph 5 and ISU Communication No. 2128 (or any further update). The standard track will be laid out 111.12 meters to the lap.

Entries

- a) Entries can only be made using the ISU Online Entry System for World Cup Short Track Speed Skating on www.isu.org, section Short Track Speed Skating.
- b) Entries with the number of Competitors, substitutes, coaches & Team leader and requirements of accommodation must be submitted by **Friday**, **October 18**, **2019**.

In addition, please send an ID picture of each Team Member to the Organizing Committee in electronic format, not later than **Monday, November 18, 2019**, enabling the OC to prepare all accreditations in advance.

ISU Members failing to comply in time with these requirements will receive no support from the Organizing Member for:

- Hotel booking;
- Travel arrangements between airport and hotel;
- Travel arrangements between hotel and ice rink;
- Access to Closing Banquet (if held);
- Preferred times for additional training sessions.

All these costs and any additional costs incurred will be for the full account of the ISU Members concerned.

- c) Final Entries must reach the Organizing Committee using the Online Entry System must be submitted at the latest by 20:00 hrs (local time) on **Sunday, November 24, 2019** (see ISU Communication No. 2275, paragraph 5), and the following information must be communicated to the Organizing Committee:
 - Names of the Competitors and substitutes per category with their International Registration Numbers;
 - Names of the Competitors for each of the respective individual distances;
 - Confirmation of participation in the Relay.

Final Entries that do not comply with these requirements are considered Post Entries. See Rule 115.

- d) Competitors must be present in Nagoya at the latest at 18:00 hours on Thursday, November 28, 2019 or the Organizing Committee must receive documented proof that the competitors are in transit and will arrive in due time for the World Cup Competition. Competitors who do not comply with these requirements will be excluded
- e) Please note that for all persons entered by the Members, the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication No. 1628 need to be strictly observed.

For more details please refer to Rules 115, 131 and ISU Communication Nos. 1628 and 1797 or any update of this Communication.

Team Officials Accreditations

For Teams entering 1 up to 6 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Coach	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Physio	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Equipment Technician	Free	Blue – 1 – Field of Play & Full Access Athletes Area

Additional Team Officials

#	Function	Price	Accreditation Access	
	Same as above	EUR (€) 50*	Blue – 2 – Dressing Rooms & Team Seats	

For Teams entering 7 up to 12 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Coaches	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Physios	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Equipment Technicians	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Team Video Specialist	Free	Blue – 2 – Athletes Lounge, Dressing Rooms & Team Seats

Additional Team Officials

#	Function	Price	Accreditation Access	
	Same as above	EUR (€) 50*	Blue – 2 – Dressing Rooms & Team Seats	

^{*} or equivalent in any other currency. One-time fee per ISU Event, per person.

Citizenships/Residence Requirements and Clearance Procedure

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

World Cup points

The points scoring at the World Cup Competition is made in accordance with ISU Communication No. 2275, paragraph 12.

Anti-Doping

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications (ISU Communications Nos. 2213 & 2243 or later updates).

Ice Training

The Organizing Committee will arrange free ice training on Thursday, November 28, 2019 for all participating

teams. Extra practices will be provided from Monday, November 25, 2019. Each training session (50 minutes)

will be charged US\$150. If two or more teams agree to share one training session, both (all) of them can share

the cost.

Liability

In accordance with Rule 119 of the ISU General Regulations, the ISU, Japan Skating Federation and The

Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property

damage incurred in connection with the ISU World Cup Short Track Speed Skating Competition. Each Member

is solely responsible for providing insurance coverage thereto.

Accommodation

All participants should bear their own expenses for accommodation.

The cost of a room and meal at the official hotel is as follows:

(1) Including 2 meals (breakfast / dinner) and taxes.

For competition period from 29th November to 1st December, also including lunch and taxes at Arena.

Single Use: 18,000JPY (approx. 150EUR) per person, per night:

Twin Use: 15,000JPY (approx. 125EUR) per person, per night:

(2) Including breakfast and taxes.

For competition period from 29th November to 1st December, also including lunch and taxes at Arena.

Single Use: 16,000JPY (approx. 133EUR) per person, per night:

Twin Use: 13,000JPY (approx. 108EUR) per person, per night:

* Payment: Cash; in JPY or Credit card; VISA, Master, Diners Club, American Express

All arrangements for accommodations must be made through the Organizing Committee.

Official Hotels

The Organizing Committee will arrange hotel reservations for the participants at the following official hotels:

Hotel Castle Plaza

4-3-25, Meieki, Nakamura-ku, Nagoya-City, Aichi, 450-0002, Japan.

Tel: +81-52-582-2121 Fax: +81-52-582-8666

Website: http://www.castle.co.jp/plaza/en/index.html

The Royal Park Canvas Nagoya*

3-23-13, Meieki, Nakamura-ku, Nagoya-City, Aichi, 450-0002, Japan.

Tel: +81-52-300-1111 Fax: +81-52-581-9900

Website: https://www.the-royalpark.jp/canvas/nagoya/en/

* Breakfast and dinner will be provided at Hotel Castle Plaza Nagoya. (1 minute walk)

Hotel requirements must be communicated to the Organizing Committee as soon as possible, but no later than

Friday, October 18, 2019.

Transportation

The Organizing Committee will organize and provide one transportation each way for each team between

Central Japan International Airport (NGO) and the official hotels, from Sunday, November 24, 2019 to Monday, December 2, 2019. The travel expenses by bus will be 1,500JPY per person (one way). Expenses for team

officials, who do not accompany their team members, are to be borne by themselves.

The Organizing Committee will also provide transportation between the official hotel and Nippon Gaishi Arena

during the competition days and the training periods, starting from Monday, November 25, 2019.

The date, airline, flight number, expected time of arrival and the date and time of departure should be

communicated to the Organizing Committee as soon as possible, but no later than Friday, November 15, 2019.

Please include the amount of special equipment (e.g. bicycles, massage tables, etc.) that needs to be

transported.

Organizing Committee - Entries and Inquiries

All entries, hotel reservations and other inquiries should be addressed to the Organizing Committee or Japan

Skating Federation at the addresses below. For Media accreditation, please contact the below address as soon

as possible.

Organizing Committee

Japan Skating Federation

Contact person: Kohei SOMA (Mr.)

e-mail: entries-st2019@skatingjapan.or.jp

TEL: +81-3-5843-0415 FAX: +81-3-5843-0416

Media accreditation

Japan Skating Federation

Contact person: Tomoko DOI (Ms.)

email: entries-st2019@skatingjapan.or.jp

TEL: +81-3-5843-0415 FAX: +81-3-5843-0416

Website

All information concerning the competition will be available at the following Event website:

https://www.jsfresults.com/InterNational/2019-2020/index st.htm

Live results will be available on www.isu.org

ISU "Inside Events" mobile application

Daily information, link to results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU "Inside Events" mobile application.

This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The "Inside Events" app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.



QR Apple



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