

Additional COVID-19 information, Poland

(As of February 14, 2022)

GENERAL PROVISIONS

This document provides information and obligations of the Members taking part at the World Junior Short Track Speed Skating Championships, March 4-6, 2022, Gdańsk, Poland. It does not replace ISU Short Track Specific Guidelines, but provides more detailed information adjusted to local restrictions.

BEFORE ARRIVAL

10 days prior to your arrival at the latest it is mandatory to send following information (<u>Download Form</u>) of all participants to the OC. It is necessary to issue a letter to exempt your team members from mandatory quarantine but will also be used by medical team to prepare tests for everyone.

- Name, Given Name as in travel document* (Passport, ID card etc.)
- Date of birth
- Citizenship
- Travel document number
- Vaccination status (Y/N)
- Type of vaccine and date of vaccination

*it is necessary to use the same document for travel and in above mentioned information for the OC. This document details will be used by testing staff and will appear on your certificates. Having two different documents might cause problems with identifying and matching the person with their PCR test result.

Additionally before the trip everyone needs to fill in Locator Form.

TESTING POLICY

1) Before arrival Teams must send to OC a negative PCR test of each team member taken within 72h from arrival to hotel. We suggest you do this test within 48h if you will be coming from Schengen so that you can use the same test for border crossing.

Rules of entry to Poland state: to be exempt from quarantine you need to meet following criteria:

When coming from **Schengen Area***

CERTIFIED FULL	OR	Certified Negative PCR or	OR	CERTIFIED
VACCINATION** no		Antigen test.		RECOVERY from
later then 14 days		Sample taken within 48 h from		COVID in past
prior to arrival		crossing Polish Border		6 months

^{*} EU, ISL, LIE, SUI, TUR, NOR, AND, MCO, SMR, Vatican City

When coming from outside of Schengen Area

Mandatory Certified Negative		Special letter of exemption	
PCR or Antigen test.	AND		
Test result no older than 24 h at the		from OC	
moment of border crossing			

IMPORTANT!!!

With connecting flights only the <u>origin point of the last part of trip</u> is taken into account to make Schengen/non-Schengen distinction upon entry to Poland. E.g. if coming from US with change in Amsterdam you will be considered as arriving from Schengen.

For Teams travelling directly from outside of Schengen if you have a difficulty making a test that will meet the 24 hrs requirement please contact OC in advance and we will arrange a possibility for you to be tested on the airport upon landing.

- 2) Upon arrival at the official hotel each team member will undergo a COVID-19 PCR test and only after receiving a negative result will be granted an accreditation. During the time of waiting team members will be in isolation in hotel room. Cost of the "on-site" tests will be at the expense of the ISU.
- 3) Following days, a daily antigen tests will be conducted to all team members. Samples will be collected at the hotel at the time provided by the team and confirmed with the OC. In case of a positive result a person will be isolated and another Antigen or NAAT will be performed for verification. Each case of contradicting results will be evaluated by medical team.
- 4) On Thursday, March 3 a PCR test will be conducted for everyone instead of Antigen test.
- 5) Upon request OC may organize PCR/Antigen test for departing teams. Teams must communicate to OC required number and type of tests with preferred testing time and/or required validation period. Depending on number of requests OC will prepare a testing schedule or will contact teams individually to arrange suitable testing.

^{**}Vaccines recognized in Poland: Comirnaty (Pfizer/BioNTech), Spikevax (Moderna), AstraZeneca, Janssen, Novavax/Nuvaxoid

PROCEDURES IN CASE OF POSITIVE RESULT

In case of COVID infection appropriate authorities must be notified by the OC. Quarantine procedures are as follows:

- person with positive PCR result but without symptoms must be isolated for the period of 10 days (at the cost of each member).
- person with positive PCR result and with symptoms must be examined by the doctor from the appropriate authorities and additional period of isolation and/or additional test can be prescribed.
- 7-day guarantine is also mandatory for all, who were in close contact* with infected person.
- * Close contact means staying with the infected person in close proximity at a distance of less than 2m, for more than 15 minutes. Close contact is for example shaking hand with infected person or contact with their secretions, i.e. exposure to coughing or touching a used tissue. Roommates are considered close contacts by default.

BUBBLE CONCEPT IN FORCE

In order to limit the risk of transmission of the Covid-19 virus, leaving the hotel besides official trainings and competition will be prohibited.

FINAL PROVISIONS

Cost of the tests will be as follows:

- Antigen test 35 EUR,
- PCR test 79 EUR,
- NAAT ("fast PCR") test 75 EUR

According to the ISU COVID-19 Guidelines all teams are responsible for bearing cost of the PCR test prior to arrival in Poland and before departure.

Cost for the rapid Antigen/NAAT tests conducted in Poland will be at cost of the ISU.

We encourage every person with previous COVID infections to bring medical records with them. In case of positive test result it can help to better assess the situation.

OC COVID 19 Local Manager

Ms. Angelika FRANKIEWICZ, medical@pzls.pl

Responsible for: communication with laboratories and local Health Authorities, gathering requests from teams and preparing testing schedules, coordinating work of testing staff, ensuring the results arrive and are distributed in due time

OC Chief Medical Officer

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