



SHORT TRACK SPEED SKATING CHAMPIONSHIPS



SALT LAKE CITY, USA
NOVEMBER 10-12, 2022

ANNOUNCEMENT



Hosted by



USSPEEDSKATING



UNDER ARMOUR



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UTAH SPORTS
COMMISSION



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The International Skating Union, US Speedskating and the Organizing Committee have the honor and pleasure to invite you to the:



Four Continents Short Track Speed Skating Championships® 2023

November 10-12, 2022

**to be held at the Utah Olympic Oval,
Salt Lake City, USA**

General Regulations

The ISU Four Continents Short Track Speed Skating Championships 2023 will be conducted in accordance with the 2022 ISU Regulations and relevant Communications. Participation is open to all ISU Members. Entries must be made only through the respective ISU Members (Rule 131).

Distances

Individual	500, 1000, 1500 meters Women and Men
Relay	3000 meters Ladies, 5000 meters Men, 2000 meters Mixed Team

Program

The below program is subject to change depending on the final entry of Skaters.

Wednesday, November 9, 2022	TBD	Official Training
	18:00	Team Leaders' Meeting
Thursday, November 10, 2022	TBD*	Qualifying Rounds 1500, 500, 1000 meters Women & Men
Friday, November 11, 2022	TBD*	Repechage 1500, 500 meters Women & Men
	TBD	Opening Ceremony *
	16:02	Semi-Finals & Finals 1500 meters Women & Men
		Quarter-Finals, Semi-Finals & Finals 500 meters Women & Men
		Semi-Finals Relay Women and Men
		Awards Ceremony
Saturday, November 12, 2022	TBD	Repechage 1000 meters Ladies & Men,
		Final B Relays Women and Men
	16:02	Quarter-Finals, Semi-Finals & Finals 1000 meters Women & Men
		Semi-Finals & Finals Mixed Team Relay
		Final A 3000 meters Relay Women
		Final A 5000 meters Relay Men
		Awards Ceremony

** only if applicable. Final starting times to be decided upon receipt of the number of final entries.*

Track Conditions

The Utah Olympic Oval has an artificially refrigerated indoor ice surface of 60 x 30 meters. Protective padding covers the boards in accordance with Rule 280, paragraph 5 and ISU Communication No. 2365 (or any further update). The standard track will be laid out 111.12 meters to the lap.

Zero False Start

Please refer to ISU Communication No. 2510 regarding the starting procedure during the ISU World Cup Short Track in Salt Lake City, USA.

Entries

a) Entries can only be made using the ISU Online Entry System for Short Track Speed Skating on www.isu.org, section Short Track Speed Skating.

b) Preliminary Entries with the number of Competitors, substitutes, coaches & Team leader and requirements of accommodation must be submitted by **September 29, 2022** (Rule 295, paragraph 4).

The number of other personnel travelling with the Team shall be communicated at the same time

ISU Members failing to comply in time with these requirements will receive no support from the Organizing Member for:

- Hotel booking;
- Travel arrangements between airport and hotel;
- Travel arrangements between hotel and ice rink;
- Access to Closing Banquet (if held);
- Preferred times for additional training sessions.

All these costs and any additional costs incurred will be for the full account of the ISU Members concerned.

c) Final Entries must reach the Organizing Committee using the Online Entry System at the latest by 20:00 hrs (local time) on **October 31, 2022** (Rule 295, paragraph 4), and the following information must be communicated to the Organizing Committee:

- Names of the Competitors and a list of alternate names per category with their International Registration Numbers
- Names of the Competitors and their personal best time, recorded during the period of eligibility, for all individual distances they might participate in
- Names of the Competitors for each of the respective individual distances;
- Confirmation of participation in all the competitions of the Relay.

Only the Competitors listed on the Final Entry, respecting the maximum number of entries allowed, can attend and receive an accreditation for the Event.

Final Entries that do not comply with these requirements are considered Post Entries. See Rule 115.

d) Please note that for all persons entered by the ISU Members, the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication No. 1628 need to be strictly observed.

For more details, please refer to Rules 115, 131 and ISU Communication Nos. 1628 and 1797 or any update of this Communication.

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

Individual Entries

Following the cancellation of the 2021 and 2022 editions of the Championships due to the pandemic, and in order to facilitate an adequate participation in the Championships, all participating ISU Members may enter the full quota of 3 Competitors in each category. Required qualifying times will be communicated in the ISU Communication on Championships entry quotas and qualifying criteria.

Relay Entries

ISU Members entering a Relay Team can only enter a maximum of five (5) Competitors which will include all Competitors for both competitions: Individual and Relay.

The entry quotas for the Relay competitions at the ISU Four Continents Short Track Speed Skating Championships 2023 will be determined in accordance with Rule 285, paragraph 2.c). Special attention must be paid to Rule 286, paragraph 4 regarding the fact that participation is known immediately upon completion of the World Cup Competition in Salt Lake City, USA, on November 4-6, 2022.

Qualifying Times

Every ISU Member can enter 1 Skater per category that has achieved the following qualifying time:

Women 500 meters: 49,48

Men 500 meters: 46,62

If an ISU Member enters more than 1 Skater, the qualifying times required for all Skaters (including all Relay Skaters) entered by the ISU Member, are:

Women 500 meters: 47,81

Men 500 meters: 45,04

All Skaters entered in the above-mentioned Championships must have achieved the qualifying time over the distance of 500m. For a result to be a valid qualifying time, it must have been achieved in the period between July 1, 2021 and the final entry deadline specified in the paragraph "Entries" above.

Points and Classification

In accordance with Rule 295.

Titles and Medals

The winners of the Championships (according to Rule 133) will bear the title:

Four Continents Short Track Speed Skating Champion 500/1000/1500 meters for 2023

or

Women Four Continents Short Track Speed Skating Champion 500/1000/1500 meters for 2023

Four Continents Short Track Speed Skating Relay Champions for 2023

or

Women Four Continents Short Track Speed Skating Relay Champions for 2023

or

Four Continents Short Track Speed Skating Mixed Team Relay Champions for 2023

The Four Continents and Women Four Continents Champions will receive the ISU gold medal. The Skaters placed second and third will receive the ISU silver and bronze medals respectively.

The Four Continents Short Track Speed Skating Relay Champions, Women Four Continents or Mixed Team Relay Four Continents Short Track Speed Skating Relay Champions will receive the ISU gold medal. The second and third placed Relay Teams will receive the ISU silver and bronze medals respectively.

Prize money will be awarded in accordance with ISU Communication No. 2368, or any further update of this Communication.

Team Officials Accreditations

For Teams entering 1 up to 5 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Coach	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Physio	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Equipment Technician	Free	Blue – 1 – Field of Play & Full Access Athletes Area

Additional Team Officials

#	Function	Price	Accreditation Access
	Same as above	USD 250*	Blue – 2 – Dressing Rooms & Team Seats

For Teams entering 6 up to 10 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Coaches	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Physios	Free	Blue – 1 – Field of Play & Full Access Athletes Area

2	Equipment Technicians	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Team Video Specialist	Free	Blue – 2 – Athletes Lounge, Dressing Rooms & Team Seats

Additional Team Officials

#	Function	Price	Accreditation Access
	Same as above	USD 250*	Blue – 2 – Dressing Rooms & Team Seats

* One-time fee per ISU Event, per person.

Note: If a maximum number of persons allowed at the same time in the venue is set by the Public Health Authorities of the hosting ISU Member, the ISU Event Manager in agreement with the OC Covid-19 Responsible Manager will issue the necessary guidelines.

Ice Training

All practice sessions will take place at the Competition venue. The Organizing Committee will arrange free ice training on Wednesday, November 9 (day before competition) for all participating teams. Additional practices will be provided on November 7 & 8. Each training session (50min) will be charged at US\$ 30 per person. Payment for additional practice ice time must be paid in US\$ to the Organizing Committee no later than Wednesday, November 9. For practice ice time prior to the official practice, please inform the Organizing Committee. Medical coverage will be provided for the official and additional practice sessions in accordance with Rule 140.

Weight Training

Weight room is limited to a maximum of 12 athletes per 50min session. To reserve weight room time please use ONLY the online reservation system. Reservations are first come first serve.

<https://www.signupgenius.com/go/4090548aea922a5f49-weight1>

Anti-Doping

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications (ISU Communications Nos. 2344 & 2366 or later updates).

Liability

In accordance with Rule 119 of the ISU General Regulations, the ISU, US Speedskating and The Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection with the ISU Four Continents Short Track Speed Skating Championships 2023. Each ISU Member is solely responsible for providing insurance coverage thereto.

Face masks

No advertising marking is allowed on face masks. Face masks may display one (1) manufacturer trademark/identification of maximum 8cm². In addition, ISU Member's name and/or abbreviation and/or national flag and/or Skater's name may be displayed on the face mask.

Accommodation and Meals

The Organizing Committee will provide accommodation and meals starting with lunch on Wednesday, November 9 until breakfast on Sunday, November 13 for all participating Skaters, maximum five (5) Women and five (5) Men, plus one Team leader from each participating ISU Member at the Official Host Hotel DoubleTree by Hilton Airport. All costs incurred prior to Wednesday, November 9 and after Sunday, November 12 will be under the financial responsibility of each ISU Member.

LOC will not be responsible for cost occurred for teams choosing not to stay at official host hotel.

Methods of payment: Cash in US\$ or Credit card; Master Card, AmEx, Visa.

Official Hotels

The Organizing Committee will arrange hotel reservations for the participants at the following official hotels;

DoubleTree by Hilton Airport

5151 Wiley Post Way

Salt Lake City, UT 84116

Hotel requirements must be communicated to the Hotel no later than:

Friday, October 7, 2022 (Hotel room block will be released after that date)

The cost of a room and meal at the official hotel is as follows:

Single Room (per night, full board): US\$ 231.59

Double Room (per night, full board): US\$ 293.59

Price is inclusive of breakfast, lunch, dinner and tax.

Cancellation policy:

Accommodation requests can only be made by filling out the appropriate hotel reservation form and submitting directly to hotel with copy to OC no later than October 7, 2022.

Participating ISU Members will be required to arrange a pre-payment of 50% of the total hotel rooms cost not later than time of booking.

In case of no-shows or cancellation of hotel rooms after Thursday, 27 October 2022, the ISU Member concerned will be charged 100% of the total costs by the Organizing Committee.

Wire Transfer Information:

Financial Institution Name: Wells Fargo Bank

Financial Institution Address: 420 Montgomery

City: San Francisco

State: CA

Zip code: 94104

Account Number: 4969805084

Routing Number: 121000248

Account Title: BPDTS LC, LLC; Aimbridge Hospitality, LLC, AS MGR Doubletree Salt Lake City Airport #50300000 Operating Account

Contact for questions: christopher.johnson8@wellsfargo.com or stefanie.saylor@hilton.com

Transportation

The Organizing Committee will provide free transportation for all participants between Salt Lake City International Airport and the official hotels, on Monday, November 7 and Sunday, November 13. Participants arriving and departing from other airport(s) or train/bus stations will be responsible for the transport costs. Expenses for team officials, who do not accompany their team members, are to be borne by themselves. Uber or taxi would be suitable and cost-effective options.

The Organizing Committee will also provide free transportation for all participants between the official hotel and the Utah Olympic Oval during the competition days and the training periods, starting from Monday, November 7.

The date, airline, flight number, expected time of arrival and the date and time of departure should be communicated to the Organizing Committee as soon as possible, but no later than Monday, 24 October 2022. Please include the amount of special equipment (e.g. bicycles, massage tables, etc.) that needs to be transported.

Medical Insurance

It is the sole responsibility of each ISU Member participating in an ISU Event (as defined in Rule 107), to provide medical insurance for their Skaters. Proof of such can be requested by the Organizing Committee.

Entry Visa Requirements

Should you need assistance to obtain a U.S. entry visa or require a specific letter of invitation, please contact the Organizing Committee as soon as possible as visa processing times can be delayed.

Impacts of COVID-19 on the Event

Please check the following resources for detailed entry information

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel/index.html>

During the current Covid-19 pandemic the health and safety of all participants at the ISU Events including the athletes, team members, officials, volunteers, service providers, broadcasters, media, and spectators needs to be given additional attention.

Therefore, each participant is required to carefully read the ISU Guidelines for ISU Events During COVID-19 pandemic (General Guidelines and Short Track specific Guidelines).

- ISU Guidelines for ISU Events During COVID-19 Pandemic: <https://isu.org/inside-isu/covid-19>

Media Accreditation

Media accreditation requests for ISU Championships must be submitted via the ISU Online Media Accreditation System <https://www.isu.org/media-centre/accreditations/media>

Information for the media will be available on the [ISU website](#) in due time.

For further information contact the OC Press Officer:

Brennan Smith at bsmith@uolf.org

The Organizing Committee

All entries, hotel reservation and media accreditation requests, as well as other inquiries should be addressed as soon as possible to:

Mari Riser at mriser@uolf.org

Brennan Smith at bsmith@uolf.org

Marion Wohlrab at mwohrlab@usspeedskating.org

Website

All information concerning the competition will be available at the following Event website:

Live results will be available at the following website:

www.isu.org

ISU “Inside Events” mobile application

Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application.

This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.



QR Apple



QR Google