



Hosted by



On behalf of Speed Skating Canada, the Organizing Committee has the honor and pleasure to invite you to a competition in the

ISU World Cup Short Track 2022/23 which will be held at the Maurice-Richard arena, Montréal, Canada on October 28-30, 2022

General Regulations

The competitions will be held under the 2022 ISU General Regulations and Special Regulations/Technical Rules for Short Track Speed Skating and ISU Communication No. 2506.

Participation is open to all ISU Members. This competition is part of the ISU World Cup Short Track 2022/23.

Distances

Individual 500, 1000, 1500 meters Women and Men

Relay 3000 meters Women, 5000 meters Men, 2000 meters Mixed Team Relay

Program

Thursday, October 27		Official Practice
Friday, October 28	[TBA*]	Qualifying session Individual & Relay
Saturday, October 29	[TBA]	Repechage session
		1000 and 1500 meters Women and Men
		Mixed Team Relay Semi-Finals
	[1:30]	World Cup session
		1000 and 1500 meters Women and Men
		2000 meters Mixed Team Relay Finals
		Semi-finals Relay 3000m Women and 5000m Men
Sunday, October 30	[TBA]	Repechage session
		500 and 1000 meters Women and Men
		Relay Finals B
	[1:30 PM]	World Cup session
		500 and 1000 meters Women and Men
		Relay 3000 meters Women and
		5000 meters Men Finals

^{*} Final starting times to be decided upon receipt of the number of final entries.

Track Conditions

The Maurice-Richard arena has an artificially refrigerated indoor ice surface of 60 x 30 meters. Protective padding covers the boards in accordance with Rule 280, paragraph 5 and ISU Communication No. 2365 (or any further update). The standard track will be laid out 111.12 meters to the lap.

Entries¹

- a) Entries can only be made using the ISU Online Entry System for World Cup Short Track Speed Skating on www.isu.org, section Short Track Speed Skating.
- b) Entries with the number of competitors, substitutes, coaches & team leader and requirements of accommodation must be submitted by **September 16, 2022**.

In addition, please send an ID picture of each Team Member to the Organizing Committee in electronic format, not later than **October 18, 2022** enabling the OC to prepare all accreditations in advance.

The number of other personnel travelling with the Team shall be communicated at the same time ISU Members failing to comply in time with these requirements will receive no support from the Organizing Member for:

- Hotel booking;
- Travel arrangements between airport and hotel;
- Travel arrangements between hotel and ice rink;
- Access to Closing Banquet (if held);
- Preferred times for additional training sessions.

All these costs and any additional costs incurred will be for the full account of the ISU Members concerned.

- c) Final Entries must reach the Organizing Committee using the Online Entry System must be submitted at the latest by 20:00 (local time) on **October 18, 2022** (see ISU Communication No. 2506, paragraph 5), and the following information must be communicated to the Organizing Committee:
 - Names of the Competitors and a list of alternate names per category with their International Registration
 Numbers
 - Names of the Competitors and their personal best time, recorded during the period of eligibility, for all individual distances they might participate in
 - Names of the Competitors for each of the respective individual distances
 - Confirmation of participation in all the competitions of the Relay.

Only the Competitors listed on the Final Entry, respecting the maximum number of entries allowed, can attend and receive an accreditation for the Event.

Final Entries that do not comply with these requirements are considered Post Entries. See Rule 115.

d) Competitors must be present in Montréal at the latest at 18:00 hours on Thursday, October 27, 2022, or the Organizing Committee must receive documented proof that the competitors are in transit and will arrive in due

time for the World Cup Competition. Competitors who do not comply with these requirements will be excluded

e) Please note that for all persons entered by the Members, the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication No. 1628 need to be strictly observed.

For more details, please refer to Rules 115, 131 and ISU Communication No. 1628 or any update of this Communication.

Team Officials Accreditations

For Teams entering 1 up to 6 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Coach	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Physio	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Equipment Technician	Free	Blue – 1 – Field of Play & Full Access Athletes Area

Additional Team Officials

#	Function	Price	Accreditation Access
	Same as above	\$250 CAD	Blue – 2 – Dressing Rooms & Team Seats

For Teams entering 7 up to 12 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Coaches	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Physios	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Equipment Technicians	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Team Video Specialist	Free	Blue – 2 – Athletes Lounge, Dressing Rooms & Team Seats

Additional Team Officials

#	Function	Price	Accreditation Access
	Same as above	\$250 CAD*	Blue – 2 – Dressing Rooms & Team Seats

^{*} or equivalent in any other currency. One-time fee per ISU Event, per person.

¹ Reference is made to ISU Communication No. 2469, paragraph 2.a) according to which and until further notice, no individual belonging to the Russian Skating Union and Skating Union of Belarus shall be invited, entered and allowed to participate in International Competitions, ISU Championships and other ISU Events.

Note: If a maximum number of persons allowed at the same time in the venue is set by the Public Health Authorities of the hosting ISU Member, the ISU Event Coordinator in agreement with the OC Covid19 Responsible Manager will issue the necessary guidelines.

Citizenships/Residence Requirements and Clearance Procedure

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

Implementation Cut Resistant Racing Suits

In accordance with ISU Communication No. 2400, as of July 1, 2022 all racing suits or under suit for Short Track Speed Skating must be "fully body cut resistant" Level 3. Each participating Skater will be required to present the corresponding certificate for his /her racing suit.

World Cup points

The points scoring at the World Cup Competition is made in accordance with ISU Communication No. 2506, paragraphs 10 and 11.

Anti-Doping

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications (ISU Communications Nos. 2344 & 2366 or later updates).

Ice Training

The Organizing Committee will arrange free ice training on Thursday, October 27, 2022 for all participating teams. Extra practices will be provided from October 24, 2022. Each training session (50 minutes) will be charged \$190 CAD. If two or more teams agree to share one training session, both (all) of them can share the cost.

Additional dry training possibilities (i.e. weight room, gym, etc.) Available at the Maurice-Richard arena, basement floor. Free of charge. Reservation is required. Requests must be done by email to Jill Lynch worldcup@speedskating.ca no later than **October 8**, **2022**.

Liability

In accordance with Rule 119 of the ISU General Regulations, the ISU, Speed Skating Canada, and The Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection with the ISU World Cup Short Track Speed Skating Competition. Each Member is solely responsible for providing insurance coverage thereto.

Accommodation

All teams must make their reservation themselves and should bear their own expenses for accommodation.

In order to make a reservation, teams must fill the Accommodation and travel form and send it directly to the contact person at the hotel.

Official Hotel and Race office location

Hotel Universel Montréal (500 meters from the Maurice-Richard arena)* 5000 rue Sherbrooke Est, Montréal (Québec) H1V 1A1, Canada (http://hoteluniverselmontreal.com/) Toll Free: +1-800-567-0223

Reservation: Ms. Yuening Song: ysong@hoteluniverselmontreal.com
All participants should bear their own expenses for accommodation.

In order to ensure that enough meals will be prepared, teams must fill the Hotel Request Form and send it directly to Ms Yuening Song before **October 8, 2022**.

The cost of a room (1 to 4 persons per room) is as follows:

Standard (double) Room (per night): \$167.00 + taxes (Lodging 3.5% +TPS 5% + TVQ 9.975 %) = \$198.73 CAD Superior (single) Room (per night): \$167.00 + taxes (Lodging 3.5% + TPS 5% + TVQ 9.975 %) = \$210.63 CAD Prestige (double) Room (per night): \$177.00 + taxes (Lodging 3.5% + TPS 5% + TVQ 9.975 % +) = \$210.63 CAD *Payment: Cash; in CAD or Credit card; (Visa, Master Card, American Express) or Bank Transfer

Meals

Breakfast: \$17.00 + taxes and services (TPS 5% + TVQ 9.975% + Services 15%) = \$22.48 CAD / per person Lunch: \$22.00 + taxes and services (TPS 5% + TVQ 9.975% + Services 15%) = \$29.09 CAD / per person Dinner: \$26.00 + taxes and services (TPS 5% + TVQ 9.975% + Services 15%) = 434.38 CAD / per person

In order to ensure that enough meals will be prepared, teams must fill the Meals Request Form and send it directly to Mr. Benoit Bilodeau benoit@plazauniversel.com no later than **October 8, 2022.**Full payment must be done before or upon arrival to receive meals coupons

In case of no-shows or cancellation of hotel rooms and meals after **October 18, 2022**, the ISU Member concerned will be charged 80% of the total costs by the hotel or the Organizing Committee.

Transportation

The Organizing Committee will organize and provide one transportation each way, free of charge, for each team between Montréal – Pierre-Elliot Trudeau International Airport (YUL) and the official hotels, from Sunday, October 23, 2022 to Monday, October 31, 2022.

Expenses for team officials, who do not accompany their team members, are to be borne by themselves \$75.00 CAD.

The Organizing Committee will also provide transportation between the official hotel and Maurice-Richard arena during the competition days and the training periods, starting from Monday, October 24, 2022.

The date, airline, flight number, expected time of arrival and the date and time of departure should be communicated to the Organizing Committee as soon as possible, but no later than **October 8, 2022**. Please include the amount of special equipment (e.g. bicycles, massage tables, etc.) that needs to be transported.

Impacts of COVID-19 on the Event

During the current Covid-19 pandemic the health and safety of all participants at the ISU Events including the athletes, team members, officials, volunteers, service providers, broadcasters, media, and spectators needs to be given additional attention.

Therefore, each participant is required to carefully read the ISU Guidelines for ISU Events During COVID-19 pandemic (General Guidelines <u>and</u> Short Track specific Guidelines).

- ISU Guidelines for ISU Events During COVID-19 Pandemic: https://isu.org/inside-isu/covid-19

Furthermore, specific procedures and additional Covid-19 guidelines will be communicated by the Organizing Committee closer to the Event.

All individuals must be fully vaccinated to enter Canada.

It is important to note that at this time, you must be considered a fully vaccinated traveller to enter Canada. Check if you qualify as a fully vaccinated traveller:

Vaccines accepted by the Government of Canada for the purpose of travel to and within Canada:

- AstraZeneca / COVISHIELD
- Bharat Biotech
- Covifenz / Médicago
- Janssen / Johnson & Johnson
- Modema
- Novavax
- Pfizer-BioNTech
- Sinopharm BIBP
- Sinovac

To qualify as a fully vaccinated traveler to Canada, you must:

- have received at least 2 doses of a vaccine accepted for travel, a mix of 2 accepted vaccines
 - o or at least 1 dose of the Janssen/Johnson & Johnson vaccine
- have received your second dose at least 14 full days before you enter Canada
- have no signs or symptoms of COVID-19

- follow pre-entry testing and entry requirements
 - upload proof of vaccination in ArriveCAN
 - complete your ArriveCAN submission and have ArriveCAN receipt with letter I, V, or A beside your name
 - complete arrival test and quarantine if selected
 - o monitor for signs and symptoms of COVID-19 for the 14 days after entry into Canada
 - o if you have symptoms of COVID-19, seek advice from local public health

If your proof of vaccination is not in English or French, you need a certified translation in English or French. Your certified translation must include the stamp or membership number of a professional translation association.

Organizing Committee – Entries and Inquiries

All entries, hotel reservations and other inquiries should be addressed to the Organizing Committee or *Speed Skating Canada* at the addresses below. For Media accreditation, please contact the below address as soon as possible.

Media accreditation

For further information contact the OC Press Officer:

Alain Brouillette

abrouillette@speedskating.ca

+1-613-601-2630

Organizing Committee

ISU World Cup Short Track Speed Skating 2022/23
Montréal October 28-30, 2022
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+1-587-433-8646

OC Covid Responsible Manager

Jill Lynch
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+1-587-433-8646

Website

All information concerning the competition will be available at the following Event website: https://speedskating.ca/mec-events/2021-22-isu-world-cup-short-track-1/

ISU "Inside Events" mobile application

Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU "Inside Events" mobile application.

This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The "Inside Events" app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.



QR Apple



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