



EUROPEAN SPEED SKATING  
**CHAMPIONSHIPS**



# ANNOUNCEMENT

HEERENVEEN, NED  
Thialf

10-12 January, 2020

Hosted by



JUMBO



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Official Event Partners

On behalf of KNSB, the Organizing Committee has the honor and pleasure to invite you to participate in the

 **EUROPEAN SPEED SKATING**  
**CHAMPIONSHIPS<sup>®</sup> 2020**

which will be held in Heerenveen, The Netherlands on January 10-12, 2020

**PROGRAM**

Thursday, January 9, 2020	16:00	Team leaders Meeting, Thialf Officials Lounge
	18:00	Opening Draw, Thialf Officials Lounge
Friday, January 10, 2020	18:45	Opening Ceremony
	19:30	1500m Ladies
		1500m Men
		Team Sprint Ladies
		Team Sprint Men
Saturday, January 11, 2020	13:40	500m Ladies
		500m Men
		3000m Ladies
		5000m Men
Sunday, January 12, 2020	14:15	Team Pursuit Ladies
		Team Pursuit Men
		1000m Ladies
		1000m Men
		Mass Start Ladies
		Mass Start Men

**REGULATIONS**

The ISU European Single Distances Speed Skating Championships 2020 will be held in accordance with the 2018 Regulations of the International Skating Union (ISU) and relevant ISU Communications, in particular ISU Communication No. 2285.

Participation in the Championships is open to skaters who belong to a European ISU Member (Rule 130, paragraph 2) and who have met the qualification criteria according to Rule 208 and ISU Communication No. 2285.

**TRACK**

Thialf is an indoor artificially frozen ice rink with a standard track of 400 meters and inner and outer curves with radii of 26 and 30 meters respectively. The width of the inside training track is 4 meters.

LED boards may be used, in such case, a combination of the movable foam and the LED boards padding would be implemented in the central part of the crossing straight (approximately 55 meters between the end and the start of the curves).

**TITLE AND AWARDS**

The winners of the individual/team races will bear the titles: "Lady European Speed Skating Champion \_\_\_ for 2020" and "European Speed Skating Champion \_\_\_ for 2020", respectively. All winners will be awarded the ISU Championships gold medal. The Skaters or teams placed second and third will be awarded the ISU Championships silver and bronze medals, respectively. See Rule 133, paragraph a).

Prize money will be awarded according to ISU Communication No. 2218, or any further update of this Communication.

## ENTRIES

Entries can only be made using the ISU Online Entry System for Speed Skating Events available at [www.isu.org](http://www.isu.org), section Speed Skating or at <http://isu.events/login.php>

Entries for the ISU European Single Distances Speed Skating Championships 2020 will only be accepted for Skaters who have reached the qualifying times for the event concerned, as listed in ISU Communication No. 2285, paragraph 4.2.1.

European ISU Members may enter a maximum of three (3) Skaters in each individual distance, except for Mass Start Ladies and Mass Start Men where the maximum entry quotas per European ISU Member is two (2). The specific entry quotas for each ISU Member will be announced by the ISU following the results of the qualifying competitions (ISU World Cup Speed Skating Competitions held in November and December 2019), in accordance with Rule 208, paragraph 2.4, and ISU Communication No. 2285.

The total number of Competitors for each distance will be limited as follows:

500 meters Ladies and Men	20 Skaters
1000 meters Ladies and Men	20 Skaters
1500 meters Ladies and Men	20 Skaters
3000 meters Ladies and 5000 meters Men	16 Skaters
Mass Start Ladies and Men	24 Skaters
Team Pursuit Ladies and Team Pursuit Men	6 Teams
Team Sprint Ladies and Team Sprint Men	6 Teams

The Preliminary entry with the estimated number of Competitors & substitutes and the number of coaches and other team staff, as well as provisional names of the Competitors and Team leader must be communicated to the Organizing Committee at the latest by December 23, 2019 (See Rule 208, paragraph 1.1.1).

Final entries including the names of the Competitors and substitutes available to compete (maximum 1 substitute per gender, per each Combination), as well as the names of the Team leader, coaches and other team staff for whom an accreditation is requested must reach the Organizing Committee at the latest by 12:00 noon (local time) on Monday, January 6, 2020 (See Rule 208, paragraph 1.1.2).

**Please note that for all persons entered by the ISU Members the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication 1628 need to be strictly observed.**

For more details please refer to Rules 115, 131, 208 and ISU Communications No. 1628 and 1797.

## CITIZENSHIP/RESIDENCE REQUIREMENTS AND CLEARANCE PROCEDURE

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

## DRAWING

The drawing will be made in accordance with Rules 239, 240 (paragraph 5) and 242.

## ANTI-DOPING CONTROL

Anti-doping tests will be carried out in accordance with the valid ISU Anti-Doping Rules and ISU Anti-Doping Procedures (ISU Communications No. 2213 and 2243 or any further updates of these Communications).

## LIABILITY

In accordance with the ISU General Regulations (Rule 119), the ISU, KNSB and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with this Championship. Each ISU Member is solely responsible for providing insurance coverage thereto.

## TRAINING TIMES

The speed skating track will be open for training for entered Competitors from Monday, January 6, 2020. Only accredited Competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours. Trial starts will be organised on Thursday, January 9, 2020.

## BOARD AND LOADING

The Organizing Committee will be responsible for expenses for board and lodging at the official hotel from lunch on Thursday, January 9 until lunch on Monday, January 13, 2020 (Rule 137 paragraphs 10 and 14) for all Competitors participating in the Championships (not for the substitutes) and 1 Team leader or coach for each ISU Member. Expenses of other Skaters and officials (i.e. reserves, substitutes, coaches, other team staff members and accompanying persons) other than those mentioned above, and expenses before or after the period mentioned above, will be at their own expense.

Accommodation requests can only be made using the ISU Online Entry System for Speed Skating Events.

## OFFICIAL HOTEL

The Organizing Committee will arrange hotel reservation for all Skaters and officials in the following hotels:

<b>Hotel Golden Tulip Tjaarda at Oranjewoud</b> phone +31(0) 513 433533 e-mail: <a href="mailto:info@tjaarda.nl">info@tjaarda.nl</a>	<b>Fletcher Hotel Heidehof at Heerenveen</b> phone +31(0) 513 630200 e-mail: <a href="mailto:info@hotelheidehof.nl">info@hotelheidehof.nl</a>
<b>Hotel van der Valk at Wolvega</b> phone +31(0) 561 692800 e-mail: <a href="mailto:wolvega@valk.nl">wolvega@valk.nl</a>	<b>Fletcher Hotel de Eese at Steenwijk</b> phone +31(0) 521 511452 e-mail: <a href="mailto:sales@hoteldeese.nl">sales@hoteldeese.nl</a>
<b>Hotel van der Valk at Sneek</b> phone +31(0) 515 481818 e-mail: <a href="mailto:info@sneek.valk.com">info@sneek.valk.com</a>	<b>Hotel Hajé at Joure</b> phone +31(0)513 413555 e-mail: <a href="mailto:joure_manager@haje.nu">joure_manager@haje.nu</a>

*For the exact cancellation policy, room prices, meals and detailed information for each hotel, please check the Accommodation booklet.*

## TRANSPORTATION

The Organizing Committee will provide transportation from Monday, January 6 to Monday, January 13 from and to Schiphol airport. For teams arriving before January 9th the cost will be €25,- per person one way and need to be paid directly cash or with card (VISA, Mastercard, American Express, Maestro, Apple Pay, NFC, Diners, Discover and Union pay). The transfer from the hotel to the airport on the way back is free of charge. Team officials who do not travel together with their team cannot be guaranteed this transportation service.

A shuttle bus service will be available between the official hotels and the ice-rink from Monday, January 6, 2020.

If you have questions about the transport, please call telephone number +31(0)6 20464195. This number is available from Sunday, January 5 till Monday, January 13. Time: 09:00 – 17:30 hours.

The Organizing Committee must be informed via the ISU Online Entry System for Speed Skating Events about the date and time of arrival and departure of the Competitors and officials as soon as possible, but at the latest by Wednesday, January 8.

## VISA REQUIREMENTS

A visitor visa may be required for participants and team officials. Please contact the Organizing Committee if you need an invitation letter for the visa. For the invitation letter please submit the following information:

- Name as in passport
- Date of birth
- Passport number
- Expire date passport
- Function (athlete, coach, physio)

Please submit all this information to the Organizing Committee as soon as possible, in order to have the necessary visas completed in due time.

## ACCREDITATIONS

The organizer is not obliged to provide services (accommodation, accredited entrance to the ice rink, shuttle transportation, etc.) for an excessive number of team officials or other accompanying persons from participating ISU Members. Additional fee of €50,00 for each extra accreditation must be paid directly cash or with card (VISA, Mastercard, American Express, Maestro, Apple Pay, NFC, Diners, Discover and Union pay) to the Organizing Committee.

## THE ORGANIZING COMMITTEE

All inquiries should be addressed to:

### Organizing Committee

Phone: +31(0) 20 4969 9173

e-mail: [oc@houseofsports.nl](mailto:oc@houseofsports.nl)

Contact person: Koen Ten Holter

## MEDIA ACCREDITATION

Media accreditation requests for ISU Championships must be submitted via the ISU Online Media Accreditation System <https://www.isu.org/media-centre/accreditations/media>  
Information for the media will be available on the [ISU website](#) in due time.

For further information contact the OC Press Officer:

### Media accreditation

Mr. C. Mureau

Press officer KNSB

Phone: +31(0) 8848 92 000

Mob.: +31(0) 6 5574 7998

e-mail: [c.mureau@knsb.nl](mailto:c.mureau@knsb.nl)

## WEBSITE

Information concerning the competition will be available at the following website:

<https://www.schaatsen.nl/kalender/2020/1/isu-ek-afstanden/>

Live results of the competition will be available at the following website:

[http://live.isuresults.eu/events/2020\\_NED\\_0002/schedule](http://live.isuresults.eu/events/2020_NED_0002/schedule)

## ISU “INSIDE EVENTS” MOBILE APPLICATION

Daily information, link to results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application.

This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.



QR Apple



QR Google