

4. Entry Rules

4.1. Entries of Competitors

ISU Members or its affiliated Clubs may send their entries to the Speed Skating Competition Manager (SSCM) website. The link to the SSCM is <https://sscm.speedskatingnews.info>. The entry process is done in a few steps:

1. Create your personal account, with firstname, lastname, club, country, email address and password. Alternatively, you can register with your Facebook or Google account.
2. After sending your registration you will receive a registration confirmation email. Confirm the link in the email. Check the SPAM folder of your email client, if you didn't receive an email.
3. Login to the SSCM with your email address and password (or your social media account)
4. Go to tab "My skaters", and press "Add skater" button and follow the instruction. The skater list shall contain all skaters you are responsible for.
5. Go to tab "List of new competitions" and sign in the relevant competitions.
6. Go to tab "My competitions" to check out all relevant competition information
7. Click "Entry skater" button and make the entries for your skaters

The steps 1-4 need to be done just one time. In case of technical problems, please don't hesitate and make use of the contact form at the bottom of the webpage.

Technical requirements: the SSCM runs on every modern web browser with Javascript enabled. It is recommended to use Chrome > v70, Firefox > v63, Safari v12 or Internet Explorer Edge. Older browsers can result in unwanted behavior.

The entries must indicate the best time on the distance(s) to be skated by each entered Competitor as well as intention to participate in Mass Start and/or allround classification.

4.2. Entry quotas

- a) Counting three divisions an ISU Member or its affiliated Club may enter a maximum of:
 - 20 Competitors (10 Ladies, 10 Men);
 - Any amount of teams can be entered for each team competitions (Mixed Gender Team Relay) in each division. A Junior Skater may take part in a team competitions in the Neo-senior or Senior division, but not vice versa. A Neo-senior Skater may take part in a team competitions in the Senior division, but not vice versa. Each Team consists of 2 skaters (1 Lady and 1 Man Skaters) for distance 6 laps or 4 skaters (2 Ladies and 2 Men Skaters) for distance 8 laps.
- b) There is no maximum number of Competitors/Teams from each ISU Member or its affiliated Club per Event/Distance.

4.3. Qualifying times

Entered Skaters must have achieved applicable qualifying times for the respective distances:

	Division "Juniors"			
	500m	1000m	1500m	3000m
Ladies	47,00	1.34,00	2.26,00	5.12,00
Men	43,00	1.26,00	2.13,00	4.37,00
	Division "Neo-seniors"			
	500m	1000m	1500m	3000m or 5000m
Ladies	44,50	1.29,00	2.17,50	4.55,00 or 8.25,00
Men	39,50	1.19,00	2.02,50	4.20,00 or 7.40,00
	Division "Seniors"			
	500m	1500m	3000m	5000m
Ladies	42,50	1.25,00	2.11,50	4.43,00 or 8.05,00
Men	37,50	1.15,00	1.56,50,50	4.08,00 or 7.20,00
For allround competition Skater must achieve any of 2 listed qualifying time limits				
For Mass start any of the listed qualifying time limits apply				
For Team competitions any of the listed qualifying time limits apply				
	For European Cup Final (all Divisions)			
	500m	1000m	1500m	3000m/5000m
Ladies	40,90	1.21,20	2.06,40	4.26,00
Men	37,10	1.13,20	1.53,70	6.47,90

For a result to be a valid as a qualifying time, it must have been achieved in the period between July 1, 2018 and the entry deadline for the European Cup Speed Skating Competitions 2019/20 concerned. Documentation (specifying date and venue of the competition) of the achieved time must be submitted together with the entries.

5. Competition formats and rules

5.1. Individual distances

- For each individual distance all entered Skaters compete together (in one division per age-gender category).
- Quartet starts should be used for the 3000m and 5000m. Quartet may be used for the 1000m and 1500m.

5.2. Mass Start races

Distances are 10 laps for Ladies and Men, in Juniors division. Neo-seniors divisions may race either 10 or 16 laps according to decision of respectful Organizing Member. Distances are 16 laps for Ladies and Men, in Senior division. The warm-up lane is considered as part of the racing track (if not otherwise decided by Referee. Mass Start races will be organized based on ISU Technical Rules 253, paragraph 4 b) and 265, paragraph 6 and ISU Communication No. 2195 or later updates.

5.2.1. Entry rules and quota allocation for Mass Start

- a) Maximum 30 Competitors will be admitted in each race.
- b) In case of limitations of the overall number of Competitors, as per item a) above, the Team leaders will have to indicate at the Team leaders' meeting the priority order of their entered Competitors.

5.3. Mixed Gender Relay Team Competitions

According to the decision of respectful Organizing Member, there are 2 distances in Mixed Gender Relay Team Competitions:

5.3.1. Mixed Gender Relay over 6 laps (1 Lady and 1 Man Skaters (1+2+2+1 laps format)):

- a) The competition will consist of National teams or Club teams of 2 Skaters (1 Lady and 1 Man). Distance is 6 laps.
- b) The deadline for entry of names of the Skaters that may compete in the Team (possibly more than 2 names) shall be announced to the Referee at the Team leaders' meeting the day before the first competition day.
- c) The final composition of the team shall be declared by the Team leader not later than 60 minutes before the start of the Team event concerned.
- d) The drawing of the Mixed Gender Relay Team Competition will be done by lot.
- e) The Relay Area shall be marked with cones by Referee. Lady Skater of Team 1 starts at 1000m. finish line, Lady Skater of Team 2 starts at the middle of the crossing straight. Lady Skaters races 1 lap and passes the relay to Man Skater by touch or push (like in Short Track). Man Skater races 2 laps and passes the relay to Lady Skater by touch or push (like in Short Track). Lady Skater skates 2 laps and passes relay to Man Skater who finishes the race with last, final lap. Every Skater from the Team has to take the Relay twice: Lady 1 lap + Man 2 laps + Lady 2 laps + Man 1 lap.
- f) Only Racing lanes must be used for this Competition. The Warm-up lane shall be used for the skaters who are not in the race.
- g) Relay area shall be marked by cones on both straights.
- h) Team with the best time wins the Competition.

5.3.2. Mixed Gender Relay over 8 laps (2 Ladies and 2 Men Skaters):

- a) The competitions will consist of National teams or Club teams of 4 Skaters (2 Ladies and 2 Men). Distances are 8 laps for every division.
- b) The deadline for entry of names of the Skaters that may compete in the Team (possibly more than 4 names) shall be announced to the Referee at the Team leaders' meeting the day before the first competition day.
- c) The final composition of the team shall be declared by the Team leader not later than 60 minutes before the start of the Team event concerned.

- d) The drawing of the Mixed Gender Relay Team Competition will be done by lot.
- e) The Relay Area shall be marked with cones by Referee. Every Skater from the Team has to take the Relay at least once per race and cover at least 2 (two) laps.
- f) Only Racing lanes must be used for this Competition. The Warm-up lane shall be used for the skaters who are not in the race.
- g) Relay area shall be marked by cones on both straights.
- h) Team with the best time wins the Competition.

6. Drawing, composition of pairs and starting order

6.1. Draw meeting and Team leaders' meeting

- a) A Team leaders' meeting shall take place before first day of the Competition, with the purpose to confirm the final entries and to present race schedules and other logistical information.
- b) Each participating ISU Member or its affiliated Club is obliged to attend the Team leaders' meeting.
- c) Before the first day of a Competition there will be an opening draw meeting to draw or to announce the composition and starting order of pairs.
- d) For the second day the start lists will be determined by the Referee based on the confirmed final entries and the rules given below. The final entries have to be confirmed by submitting the Final Entry Confirmation Forms at latest 15 minutes after the end of Day 1.

6.2. Drawing at the Competition

- a) Individual distances (all divisions): The entered Competitors are distributed in groups according to the Referee's decision based on their achieved qualifying times. Pairs are drawn within each group, and the group with the highest ranked Competitors shall be drawn last. In the case of an odd number of Competitors, the first pair (from the first drawn group) will consist of a single Skater.
- b) Mass Start: The position of Competitors at the start line is determined by lot.

7. European Cup ranking system

7.1. Competitions counting

All competitions count for the European Cup rankings for the respective events in each division.

7.2. Awarding of European Cup points (in each division)

Rank	1	2	3	4	5	6	7	8	9	10	11	12
Points	100	80	70	60	50	44	40	36	32	28	24	20
Rank	13	14	15	16	17	18	19	20	21	22	23	24
Points	18	16	14	12	10	8	6	5	4	3	2	1

7.3. Points for tied ranks

If two or more Skaters have obtained the same rank in an event, each Skater will receive the full points scored for this tied rank.

7.4. European Cup ranking rules

The European Cup rankings for each event (distance) is determined by the number of points the Skaters accumulate during the season. In the final European Cup rankings, as well as in the intermediate ranking during the season, a tie between Skaters with the same total of European Cup points will be resolved according to the following criteria (in order of priority) for determining the better ranked Skater:

- i) the Skater with the higher number of European Cup victories;
- ii) the Skater with the higher score of points in one single Competition;
- iii) the Skater with the higher score of points in the latest Competition held.

If none of the above criteria resolves the tie, the Skaters will have the same European Cup rank.

8. Prizes

8.1. Prizes, Cups and Medals

The Organizing Committee of every Competition of the 2019/20 season is encouraged to establish the Prizes for its Competitions concerned. It is expected that every Organizer will receive identical Cups (for

allround classification at every competition in every division) and Medals (for individual distances at every competition in every division).

8.2. Other prizes

For each division a special diplomas for the 1st, 2nd and 3rd place in each distance competitions will be presented by the Organizers or Sponsors, based on the final European Cup ranking for the season 2019/20.

9. Cancellations

9.1. Cancellation of a Competition

If an organizing ISU Member considers it impossible to hold the European Cup Competition it has been allotted according to the schedule given in paragraph 3, it must urgently give the reasons in writing to the representative of the European Speed Skating Conference to authorize the cancellation. If circumstances during a Competition would make it impossible to complete the scheduled race, the Referee in consultation with the representative of the European Speed Skating Conference is authorized to cancel distances or races. The representative of the European Speed Skating Conference decides if cancelled distances or races shall be re-scheduled for another date and/or another venue.

9.2. Cancellation of status as an European Cup Competition

For each division, a Competition will retain its status as an European Cup Competition only if at least two ISU Members are represented with Competitors. European Cup points will also not be awarded for distances competitions with Competitors from only one ISU Member.

10. Requirements for the organization of European Cup Speed Skating Competitions

There is no Memorandum issued containing details on the obligations of the organizers and guidelines for the organization of an European Cup Speed Skating Competition. A summary is given below:

- a) The organizer is responsible for publishing the announcement for the Competition, in accordance with Rule 110. The draft announcement shall be submitted to the representatives of the European Speed Skating Conference for approval, not later than two months before the Competition is to be held. The announcement must be published on the ISU Website not later than 45 days before the Competition together with other relevant information.
- b) For each Competition, the Organizing Member is responsible to appoint one or two Referees, one or two Assistant Referees and one or two Starters to conduct the Competitions. Referee(s) must be an International Referee for the season 2019/20, as listed in the annual ISU Communication. The organizers must provide the Referee with adequate secretariat assistance and computer support for the preparation and conduct of the draws (see also Rule 210, paragraph 1k).
- c) Automatic time-keeping must be available: optical and transponder system, and the use of a photo-finish system is preferable for the Mass Start. The connection to a scoreboard should be available if possible.
- d) Anti-doping tests are not obligatory for these Competitions but in the case of being held the tests shall be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications (ISU Communication Nos. 1871, 1872, 1922, 2056, 2100 or later updates).
- e) The organizer may establish an Entry Fee for each competition. The exact amount of Entry Fee shall be indicated in the Announcement.
- f) The organizer is responsible that appropriate accommodation is available for participants and Team officials. For the participating teams the organizer is obliged to announce a set of guaranteed (maximum) board and lodging rates at available hotels (“official hotels”) as follows:
 - Hotel room rates for single and double rooms (without meals or only incl. breakfast)
 - Rates for full board and lodging (three meals per day).
- g) The organizer shall provide ice-training possibilities for at least 3 hours during the last day prior to the European Cup Competition. This period is restricted only to Skaters entered for the European Cup Competition concerned. Trial starts must be organized preferably in both training sessions (in the morning and afternoon).
- h) Adequate safety protection must be in place at the rink during the official training and competition periods, as per guidelines given in the ISU Special Regulations and Technical Rules.
- i) The organizer is obliged to forward to the representatives of the European Speed Skating Conference complete results of all races in .pdf format and current **European Cup classifications** in .xls format. The organizer is responsible that results are forwarded to international press and news service agencies.

11. Distribution of results

The organizer of a Competition must immediately send complete results for the races (ranking lists with finishing times and results by pairs) by electronic mail to:

Representatives of the European Speed Skating Conference:

- Alexei Khatylev: akhatylev@gmail.com
- Jan Augustinus: jan.augustinus@hotmail.com

12. European Cup Speed Skating Coordination

Any questions concerning rules and conditions given in this Communication or concerning the organization of the European Cup Speed Skating 2019/20 should be addressed to:

Representative of the European Speed Skating Conference

Tel +375 29 643 44 96

Tel +31 65 320 22 11

Att.: Alexei Khatylev

Att.: Jan Augustinus

E-Mail: akhatylev@gmail.com

E-Mail: jan.augustinus@hotmail.com