ANNOUNCEMENT

BJUGN - NORWAY
Speed Skating Hall - Fosenhallen

16-17 November, 2019
On behalf of The Norwegian Skating Association, and Bjugn/Ørland SK,
We have the honor and pleasure to invite you to a Competition of the

**ISU Junior World Cup Speed Skating 2019/20**

which will be held at the Fosenhallen
in Bjugn, Norway
on Saturday 16 and Sunday 17 November 2019

The competition will be held under the 2018 ISU General Regulations, Special Regulations and Technical Rules for Speed Skating and ISU Communication No. 2279.

**WINTER YOUTH OLYMPIC GAMES 2020**

This Competition will serve as one of two qualifying events for the 2020 Winter Youth Olympic Games (WYOG; Lausanne 2020). ISU Members will qualify entry quotas for WYOG by the results of their Skaters competing in the "Juniors division", fulfilling the age requirements in the paragraph “Entries” below. However, to participate in the Speed Skating competitions at the Winter Youth Olympic Games 2020, to be held in St. Moritz (SUI), a Skater must be born between January 1, 2002 and December 31, 2004 (see also ISU Communication No. 2235).

**PROGRAM**

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday, November 17, 19</td>
<td>16:00</td>
<td>Team leaders’ Meeting, Auditorium Botngård</td>
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<tr>
<td></td>
<td>17:00</td>
<td>Opening draw, Auditorium Botngård</td>
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<tr>
<td>Saturday, November 18, 19</td>
<td>10:45</td>
<td>Opening Ceremony</td>
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<tr>
<td></td>
<td>11:00</td>
<td>Ladies 1000 m</td>
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<tr>
<td></td>
<td></td>
<td>Men 1000 m</td>
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<tr>
<td></td>
<td></td>
<td>Ladies 3000 m</td>
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<td></td>
<td></td>
<td>Men 3000 m</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ladies Team Sprint</td>
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<tr>
<td></td>
<td></td>
<td>Men Team Sprint</td>
</tr>
<tr>
<td>Sunday, November 19, 19</td>
<td>11:00</td>
<td>Ladies 500 m</td>
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<td></td>
<td></td>
<td>Men 500 m</td>
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<tr>
<td></td>
<td></td>
<td>Ladies 1500 m</td>
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<tr>
<td></td>
<td></td>
<td>Men 1500 m</td>
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<tr>
<td></td>
<td></td>
<td>Ladies Mass Start</td>
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<tr>
<td></td>
<td></td>
<td>Men Mass Start</td>
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Quartet starts will be used in the 3000m (it may also be used for 1000 and 1500m) according to ISU Communication No. 2279, paragraph 5.1).
TRACK
A standard speed skating track of 400 meters to the lap laid out at Fosenhallen, an artificially frozen indoor skating rink in Bjugn. The radii of the inner and outer competition lanes are 25 and 29 meters, respectively. The width of the inside training lane is 3 meters.

ENTRIES
Entries for this competition will be restricted and must be made according to ISU Regulations and ISU Communication No. 2279, paragraph 4.

As per ISU Rule 108 participation is open to Junior A and Junior B Skaters, born between July 1, 2000 and June 30, 2004, and to Junior C Skaters born between July 1, 2004 – June 30, 2005, based on achievement of applicable qualifying times (see ISU Communication No. 2279, paragraph 2.d) and 4.3).

Participation in the Neo-seniors division is open to Skaters born between July 1, 1996 and June 30, 2000.

Entries can only be made using the ISU Online Entry System for Speed Skating Events on www.isu.org, section Speed Skating or http://isu.events/login.php

Preliminary entries, giving the estimated number of Competitors and the number of coaches and other team staff, as well as provisional names of the Competitors and Team leader must be communicated at the latest by October 17, 2019.

Final entries including the names of the Competitors and available substitutes, as well as the names of the Team leader, coaches and other team staff for whom an accreditation is required must reach the Organizing Committee at the latest by 12:00 noon (local time) on Monday, November 11, 2019.

Please note that for all persons entered by the ISU Members, the procedures regarding the Declaration for Competitors and Officials (all team officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication No. 1628, need to be strictly observed.

For more details please refer to Rules 115, 131 and ISU Communications No. 1628 and 1797 or any update of this Communication.

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

ENTRY QUOTAS
An ISU Member may enter a maximum of 10 Competitors per category (10 Ladies and 10 Men).

Subject to the qualifying times criteria listed below, maximum 4 Competitors for 500 and 1000m, maximum 3 Competitors for 1500 and 3000m and maximum 2 Competitors for Mass Start may be entered for each individual event in each Division (Juniors & Neo-seniors).

For the Team Sprint event an ISU Member may enter maximum one team per gender in each division. Up to two (2) Junior Skaters may take part in a team event in the Neo-senior Division but not vice versa.
QUALIFYING TIMES
Entered Skaters (including substitutes) must have achieved applicable qualifying times for the respective distances, as listed in ISU Communication No. 2279, paragraph 4.3:

<table>
<thead>
<tr>
<th></th>
<th>Juniors</th>
<th>Neo-seniors</th>
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<tbody>
<tr>
<td></td>
<td>500m</td>
<td>500m</td>
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<tr>
<td></td>
<td>1000m</td>
<td>1000m</td>
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<td></td>
<td>1500m</td>
<td>1500m</td>
</tr>
<tr>
<td></td>
<td>3000m</td>
<td>3000m</td>
</tr>
<tr>
<td>Ladies</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>45,00</td>
<td>42,50</td>
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<tr>
<td></td>
<td>1.30,00</td>
<td>1.25,00</td>
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<tr>
<td></td>
<td>2.20,00</td>
<td>2.12,00</td>
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<tr>
<td></td>
<td>5.00,00</td>
<td>4.45,00</td>
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<tr>
<td>Men</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>41,00</td>
<td>38,50</td>
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<tr>
<td></td>
<td>1.22,00</td>
<td>1.16,00</td>
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<tr>
<td></td>
<td>2.07,00</td>
<td>1.58,00</td>
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<tr>
<td></td>
<td>4.25,00</td>
<td>4.05,00</td>
</tr>
</tbody>
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For Mass Start and Team competitions: any of the above Qualifying times apply.

<table>
<thead>
<tr>
<th></th>
<th>Ladies</th>
<th>Men</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>2.25,00*</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>2.12,00*</td>
</tr>
</tbody>
</table>

For a result to be a valid qualifying time, it must have been achieved in the period between July 1, 2018 and the entry deadline indicated in the paragraph "Entries" above.

MASS START RACES
Mass start races will be organized in accordance with Rule 253, paragraph 4.b), Rule 265, paragraph 6 and ISU Communication No. 2195 (or any further update).

TEAM SPRINT RACES
Team Sprint races will be skated according to Rules 261, paragraph 3, 265, paragraph 7 and ISU Communication No. 2195 (or any further update), with national teams of 3 Skaters each.

GROUPING AND DRAWING PROCEDURES
The grouping and drawing of pairs will be according to ISU Communication No. 2279, paragraph 6.

POINTS
For each distance Junior World Cup points will be awarded according to ISU Communication No. 2279, paragraph 7.2.

PRIZES
Prizes will be presented to the three (3) best Skaters in each event (distance) in each Division. Junior World Cup points gained will count towards the final ISU Junior World Cup ranking 2019/20.

ANTI-DOPING
Anti-doping tests will be carried out in accordance with the valid ISU Anti-Doping Rules and ISU Anti-Doping Procedures (ISU Communications No. 2213 & 2243 or any further update of these Communications).

TRAINING TIMES
The speed skating track will be open for training for entered Competitors from Wednesday November 13. Trial starts will be organized on Friday November 15 at 10:15. Only accredited Competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours.

LIABILITY
In accordance with Rule 119 of the ISU General Regulations, the ISU, The Norwegian Skating Association and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property loss or damage incurred in connection with the ISU Junior World Cup Speed Skating. Each Member is solely responsible for providing insurance coverage thereto.
BOARD AND LODGING
In accordance with ISU Communication No. 2279, paragraph 10 f), the Organizing Committee will cover room and meal expenses at the official Hotel(s) for up to two (2) Skaters or, alternatively, for one (1) Skater and one (1) Team leader from each participating ISU Member (based on one double room or two single rooms), beginning with dinner on the evening of Friday 15 November and ending with breakfast on the morning of Monday 18 November.

HOTEL RESERVATION / OFFICIAL HOTELS
The Organizing Committee will make hotel reservation for the Competitors in the following hotels:

Ørland kysthotel tlf: +47 72 51 33 00 email: post@kysthotel.no

Prices for room (and meals) not covered by the Organizing Committee will be as follows:

- **Double Room occupancy:** € 135,- per person per night, including taxes, meals and drinks (milk, juice and water for breakfast, water for lunch and dinner).
- **Triple Room occupancy:** € 120,- per person per night, including taxes, meals and drinks (milk, juice and water for breakfast, water for lunch and dinner).

Bjugn hotel tlf: +47 72 52 80 00 email: post@bjugnhotel.no

Prices for room (and meals) not covered by the Organizing Committee will be as follows:

- **Single Room occupancy:** € 135,- per person per night, including taxes, meals and drinks (milk, juice and water for breakfast, water for lunch and dinner).
- **Double Room occupancy:** € 120,- per person per night, including taxes, meals and drinks (milk, juice and water for breakfast, water for lunch and dinner).

Hovde Gård tlf: + 47 72 51 59 00 email: post@hovdegaard.no

Prices for room (and meals) not covered by the Organizing Committee will be as follows:

- **Single Room occupancy:** € 135,- per person per night, including taxes, meals and drinks (milk, juice and water for breakfast, water for lunch and dinner).
- **Double Room occupancy:** € 120,- per person per night, including taxes, meals and drinks (milk, juice and water for breakfast, water for lunch and dinner).

Other possible Accommodations.

Bakkan Wahl (Apartments) Tlf +47 906 06 900 e-mail: post@bakkan-wahl.no

Flex base Ørland Tlf + 958 07 600 e-mail: post@flexbase.no

The Organizing Committee reserves the right to limit the number of hotel rooms available to each team at the official hotels. The organizer is not obliged to provide services (accommodation, accredited entrance to the ice rink, transportation, etc.) for an excessive number of team officials or other accompanying persons from participating ISU Members. Names and functions of all team officials must be submitted together with the final entries for the competition, in accordance with ISU Communication No. 2279, paragraph 10.

TRANSPORTATION
Trondheim Airport, Vernes. Daily flights from Oslo Airport, Gardermoen and other European airports. Bus or train to Trondheim Central Station. 200m walk to Pirterminal where fast boat to Brekstad must be used. Eight daily departures to Brekstad. (www.atb.no).
Ørland Airport. Direct daily flight between Oslo Airport, Gardermoen and Ørland Airport. (www.airleap.se)

The Organizing Committee would like to be informed about the time of arrival and departure (incl. flight details) of the competitors and team officials as soon as possible, but not later than October 17, 2019.

The Organizing Committee will provide Transportation between the official hotels and the ice rink from Wednesday 13 November, 07:30 until the Competition is finished.

ORGANIZING COMMITTEE – ENTRIES AND INQUIRIES
All inquiries should be addressed to the Organizing Committee or The Norwegian Skating Association at the addresses below. For Media accreditation, please contact the below address as soon as possible.

Organizing Committee
Mr. Pål Ulset
Phone: +47 489 91962
e-mail: paluls@trondelagfylke.no

The Norwegian Skating Association
Mr. Svenn Erik Ødegaard
Phone: +47 918 28 999
e-mail: svenn-erik.odegaard@nif.idrett.no

Results and other information from the competitions will be posted on the following website(s):
https://live.isureults.eu/events/2020_NOR_0001/schedule

ISU “INSIDE EVENTS” MOBILE APPLICATION
Daily information, link to results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application.
This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.
The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.
Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.

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