ANNOUNCEMENT

HEERENVEEN - The Netherlands
Thialf Stadium
7 - 8 March 2020
On behalf of the KNSB, and the Organizing Committee, we have the honour and pleasure to invite you to a Competition in the

ISU WORLD CUP
SPEED SKATING
2019/20

which will be held at Thialf
in Heerenveen, The Netherlands on March 7-8, 2020

The Competition will be held under the 2018 ISU General Regulations, Special Regulations and Technical Rules for Speed Skating and ISU Communication No. 2278.

PROGRAM:

Friday, March 6, 2020: 16:00 Team leaders’ Meeting
18:00 Opening draw

Saturday, March 7, 2020: 14.00 500m Ladies
500m Men
3000m Ladies
5000m Men
1000m Ladies
1000m Men

Sunday, March 8, 2020: 14.00 1500m Ladies
1500 Men
500m Ladies
500m Men
Mass Start Ladies
Mass Start Men
Mixed Gender Relay 6 laps

TRACK
A standard speed skating track of 400 meters to the lap laid out at Thialf, an artificially frozen indoor skating rink in Heerenveen, The Netherlands. The radii of the inner and outer competition lanes are 26 and 30 meters, respectively. The width of the inside warm-up lane is 4 meters.

ENTRIES
Entries for this competition will be restricted and must be made according to ISU Regulations and ISU Communication No. 2278, paragraph 3.1.3.

Entries can only be made using the ISU Online Entry System for Speed Skating Events on www.isu.org, section Speed Skating or http://isu.events/login.php

Preliminary entries, giving the estimated number of Competitors & substitutes and the number of coaches and other team staff, as well as provisional names of the Competitors and team leader must be submitted at the latest by February 6, 2020.

Final entries including the names of the Competitors and available substitutes, as well as the names of the team leader, coaches and other team staff for whom an accreditation is required must be submitted at the latest by 12:00 noon (local time) on Monday, March 2, 2020 (see also ISU Communication No. 2278, paragraph 3.1.1).

Please note that for all persons entered by the ISU Members, the procedures regarding the Declaration for Competitors and Officials (all team officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication No. 1628, need to be strictly observed.

For more details please refer to Rules 115, 131 and ISU Communications No. 1628 and 1797 or any update of this Communications.
In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

COMPETITION FORMAT AND SAFETY MEASURES FOR THE MASS START EVENTS
Mass Start races will be skated according to Rule 253, paragraph 4 b) in the ISU Technical Rules for Speed Skating and ISU Communication No. 2278, paragraphs 4.3 and 5.6, with distances of 16 laps for both Ladies and Men. Further details, in particular on safety measures, are given in ISU Communication No. 2195 or any further updates.

COMPETITION FORMAT AND SAFETY MEASURES FOR MIXED GENDER RELAY (Demonstration event)
Mixed gender relay races will be skated according to attached Memo.

GROUPING AND DRAWING PROCEDURES
The grouping and drawing of pairs will be made according to ISU Communication No. 2278, paragraph 5.

PRIZES AND POINTS
For each event, World Cup points and prize money will be awarded according to ISU Communication No. 2278, paragraphs 6 and 7.2 accordingly.

ANTI-DOPING
Anti-Doping tests will be carried out in accordance with the valid ISU Anti-Doping Rules and ISU Anti-Doping Procedures (ISU Communications Nos. 2213 and 2243 or any further update of these Communications).

TRAINING TIMES
The speed skating track will be open for training for entered Competitors from Monday March 2, 2020. Trial starts will be organized on Friday March 6, 11:00 hrs. Only accredited Competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours.

LIABILITY
In accordance with Rule 119 of the ISU General Regulations, the ISU, KNSB and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property loss or damage incurred in connection with the ISU World Cup Speed Skating. Each ISU Member is solely responsible for providing insurance coverage thereto.

ACCOMMODATION
Participating ISU Members will have to bear expenses for accommodation for all participating Skaters and team officials.

The Organizing Committee will arrange hotel reservation for all Skaters and officials in the following hotels:

<table>
<thead>
<tr>
<th>Hotel Golden Tulip Tjaarda at Oranjewoud</th>
<th>Fletcher Hotel Heidehof at Heerenveen</th>
</tr>
</thead>
<tbody>
<tr>
<td>phone +31(0) 513 433533 e-mail: <a href="mailto:info@tjaarda.nl">info@tjaarda.nl</a></td>
<td>phone +31(0) 513 630200 e-mail: <a href="mailto:info@hotelheidehof.nl">info@hotelheidehof.nl</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hotel van der Valk at Wolvega</th>
<th>Fletcher Hotel de Eese at Steenwijk</th>
</tr>
</thead>
<tbody>
<tr>
<td>phone +31(0) 561 692800 e-mail: <a href="mailto:wolvega@valk.nl">wolvega@valk.nl</a></td>
<td>phone +31(0) 521 511452 e-mail: <a href="mailto:sales@hoteldeeese.nl">sales@hoteldeeese.nl</a></td>
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<tr>
<th>Hotel van der Valk at Sneek</th>
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<tbody>
<tr>
<td>phone +31(0) 515 481818 e-mail: <a href="mailto:info@sneek.valk.com">info@sneek.valk.com</a></td>
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</tbody>
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For the exact cancellation policy, room prices, meals and detailed information for each hotel, please check the Accommodation booklet.

Payment: Cash in Euro’s or credit card VISA, Mastercard, Maestro.

Accommodation requests can only be made using the ISU Online Entry System for Speed Skating Events.

The Organizing Committee reserves the right to limit the number of hotel rooms available to each team at the official hotel(s).
TRANSPORTATION
The Organizing Committee will provide transportation from Tuesday, March 3 until Monday, March 9 from and to Schiphol airport. The costs for the transportation of the teams from the airport to the hotel and back will be €25,- per person one way (€50,- per person return) and need to be paid directly cash or with card at the organization office at Thialf (VISA, Mastercard, American Express, Maestro, Apple Pay, NFC, Diners, Discover and Union pay). Team officials who do not travel together with their team cannot be guaranteed this transportation service.

A shuttle bus service will be available between the official hotels and the ice-rink from Monday, March 2, 2020.

If you have questions about the transport, please call telephone number +31(0)6 20464195. This number is available from Sunday, March 1 till Monday, March 9. Time: 09:00 – 17:30 hours.

The Organizing Committee must be informed via the ISU Online Entry System for Speed Skating Events about the date and time of arrival and departure of the Competitors and officials as soon as possible, but at the latest by Wednesday, March 4.

Information about the date and time of arrival and departure (incl. flight details) of the competitors and team officials must be submitted via the ISU Online Entry System for Speed Skating Events.

ACCREDITATIONS
The organizer is not obliged to provide services (accommodation, accredited entrance to the ice rink, transportation, etc.) for an excessive number of team officials or other accompanying persons from participating ISU Members. Additional fee 50 Euros for each extra accreditation must be paid to the Organizing Committee.

ORGANIZING COMMITTEE – MEDIA ACCREDITATION – INQUIRIES
Inquiries should be addressed only to the Organizing Committee at the addresses below. For Media accreditation, please contact the below address as soon as possible.

Organizing Committee
Phone: +31 20 4969 9173
E-mail: oc@houseofsports.nl
Contact person: Michelle Karemaker

Invitation Letter
Phone: +31 88 4892000
E-mail: wedstrijdorganisatie@knsb.nl
Contact person: Anita Broekhuis

Media accreditation
Phone: +31 88 4892000
Mob.: +31 65 5747998
E-mail: c.mureau@knsb.nl
Contact person: Mr. C. Mureau

WEBSITE
Results and other information from the competitions will be posted on the following website(s):

Information concerning the competition will be available at the following website:

Live results of the competition will be available at the following website:
https://live.isuresults.eu/events/2020_NED_0003/schedule

ISU “INSIDE EVENTS” MOBILE APPLICATION
Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application. This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.