Category	Distance Number of Series x T		ime Planning		ning		
		skaters	time	compet.	iceprepar.	start	end
Women	TS-3 laps	6	3 x 3'00	00:09		18:55	19:04
Change category					00:05	19:04	19:09
Men	TP-8 laps	6	3 x 5'30	00:17		19:09	19:26
Ice preparation (3 lanes)	Medal Ceremony Team Sprint Women on spot				00:07	19:26	19:33
	Ceremony Preparations				00:01	19:33	19:34
	Medal Ceremony Team Pursuit Men on spot				00:07	19:34	19:41
		Technica	00:01	19:41	19:42		
Women	3.000	16	8 x 5'30	00:44		19:42	20:26
Ice preparation (3 lanes)	Ceremony Preparations				00:04	20:26	20:30
	Medal Ceremony 3.000 Women on spot				00:10	20:30	20:40
	Technical Break				00:02	20:40	20:42
Men	1.000	20	10 x 2'45	00:28		20:42	21:10
Technical Break	Ceremony Preparations				00:04	21:10	21:14
	Medal Ceremony 1.000 Men on spot				00:10	21:14	21:24
SCHEDULE WITH ALL RESERVE							

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ISU EUROPEAN SPEED SKATING CHAMPIONSHIPS 2022 HEERENVEEN

Category	Distance	Distance Number of Series x		Ti	Time		Planning	
		skaters	time	compet.	iceprepar.	start	end	
Men	TS-3 laps	6	3 x 3'00	00:09		14:30	14:39	
change category					00:10	14:39	14:49	
Women	500	20	10 x 2'15	00:23		14:49	15:12	
Ice preparation (3 lanes)	Medal Ce	Medal Ceremony Team Sprint Men on spot				15:12	15:19	
		Ceremony Preparations				15:19	15:20	
	Medal	Medal Ceremony 500 Women on spot				15:20	15:26	
	Technical Break				00:02	15:26	15:28	
Men	5.000	8	4 x 7'45	00:31		15:28	15:59	
Ice preparation (2 lanes)					00:12	15:59	16:11	
Men	5.000	8	4 x 7'45	00:31		16:11	16:42	
Ice preparation (2 lanes)	Ceremony Preparations				00:04	16:42	16:46	
	Medal Ceremony 5000 Men on spot				00:10	16:46	16:56	
	Technical Break				00:02	16:56	16:58	
Women	1.500	20	10 X 3'20	00:34		16:58	17:32	
	Ceremony Preparations				00:04	17:32	17:36	
	Medal Ceremony 1500 Women on spot				00:10	17:36	17:46	
SCHEDULE WITH ALL RESERVE								

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Category	Distance Number of		Series x	Time		Planning	
		skaters	time	compet.	iceprepar.	start	end
Women	TP-6 laps	6	3 x 5'00	00:15		14:05	14:20
Ice preparation (2 lanes)		Ceremony Preparations				14:20	14:24
	Medal Cerei	Medal Ceremony Team Pursuit Women on spot				14:24	14:30
		Technical Break				14:30	14:32
Men	1.500	20	10 x 3'15	00:33		14:32	15:05
Ice preparation (3 lanes)		Ceremony Preparations				15:05	15:09
	Medal	Medal Ceremony 1500 Men on spot				15:09	15:19
		Technical Break				15:19	15:21
Women	1.000	20	10 x 2'45	00:28		15:21	15:49
Ice preparation (3 lanes)		Ceremony Preparations				15:49	15:53
	Medal C	Medal Ceremony 1000 Women on spot				15:53	16:03
		Technical Break				16:03	16:05
Men	500	20	10 x 2'15	00:23		16:05	16:28
		Ceremony Preparations				16:28	16:32
Ice preparation (2 lanes)	Meda	Medal Ceremony 500 Men on spot				16:32	16:38
		Technical Break				16:38	16:40
Skaters presentation					00:06	16:40	16:46
Women	MS 16 laps	24	1 x 12'00	00:12		16:46	16:58
Change category					00:05	16:58	17:03
Skaters presentation					00:06	17:03	17:09
Men	MS 16 laps	24	1 x 10'00	00:10		17:09	17:19
	Ceremony Preparations				00:04	17:19	17:23
	Medal Ceremony Women Mass Start on spot				00:10 00:10	17:23	17:33
	Medal Ce	Medal Ceremony Men Mass Start on spot				17:33	17:43
	SCHEDULE	WITH AL	L RESERV	/E			

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