



FOUR CONTINENTS  SPEED SKATING  
**CHAMPIONSHIPS**



# ANNOUNCEMENT

**CALGARY, CAN**  
Calgary Olympic Oval

**December 15-17, 2021**




Hosted by



**SPEED  
SKATING  
CANADA**  
**PATINAGE  
DE VITESSE  
CANADA**

On behalf of Speed Skating Canada, the Organizing Committee has the honor and pleasure to invite you to participate in the

 **FOUR CONTINENTS SPEED SKATING**  
**CHAMPIONSHIPS<sup>®</sup> 2022**

which will be held in Calgary, Canada on December 15-17, 2021

### PROGRAM

Tuesday, December 14, 2021	16:30 19:00	Team Leaders Meeting, Virtual First Draw, Virtual
Wednesday, December 15, 2021	12:15 12:30	Opening Ceremony 500m Women 500m Men 3000m Women 5000m Men Team Sprint Women Team Sprint Men
Thursday, December 16, 2021	12:30	1500m Women 1500m Men Mass Start Women Mass Start Men
Friday, December 17, 2021	12:30	1000m Women 1000m Men Team Pursuit Women Team Pursuit Men

### REGULATIONS

The ISU Four Continents Speed Skating Championships 2022 will be held in accordance with the 2021 Regulations of the International Skating Union (ISU), relevant ISU Communications, in particular ISU Communication No. 2426, and Guidelines for ISU Events During the COVID-19 Pandemic.

Participation in the Championships is open to skaters who belong to a Four Continents ISU Member (Rule 130, paragraph 2) and who have met the qualification criteria according to Rule 208 and ISU Communication No. 2426.

### TRACK

In accordance with Rule 203 and 227, a standard speed skating track of 400 meters to the lap laid out at the Calgary Olympic Oval, an artificially frozen indoor skating rink in Calgary. The radii of the inner and outer competition lanes are 26 and 30 meters, respectively. The width of the inside training lane is 5 meters. In accordance with Rule 228 a protective moveable padding system will be installed around the track.

### ISU COVID-GUIDELINES

All participating teams MUST follow the [ISU COVID-Guideline](#). In addition to these guidelines, **all accredited persons for the Event must provide proof of full vaccination with a COVID-19 vaccine approved by the World Health Organization or a national health authority to participate**. Exemptions for participants who have a valid medical rationale for their non-vaccinated status will be evaluated on a case-by-case basis.

Information on the proof of vaccination process, along with a detailed COVID protocol, will be described in the Team Information package.

## TITLE AND AWARDS

The winners of the individual/team races will bear the titles: “Four Continents (name of event) Speed Skating Champion for 2022” respectively. All winners will be awarded the ISU Championships “gold” medal. The Skaters or teams placed second and third will be awarded the ISU Championships “silver” and “bronze” medals, respectively. See Rule 133, paragraph a).

Prize money will be awarded according to ISU Communication No. 2368, or any further update of this Communication.

## ENTRIES

Entries can only be made using the ISU Online Entry System for Speed Skating Events available at [www.isu.org](http://www.isu.org), section Speed Skating or at <http://isu.events/login.php>

Entries for the ISU Four Continents Speed Skating Championships 2022 will only be accepted for Skaters who have reached the qualifying times for the event concerned, as listed in ISU Communication No. 2426, paragraph 4.2.1.

Four Continents ISU Members may enter a maximum of three (3) Skaters in each individual distance, except for Mass Start Women and Mass Start Men where the maximum entry quotas per Four Continents ISU Member is two (2). The specific entry quotas for each ISU Member will be announced by the ISU following the results of the qualifying competitions (ISU World Cup Speed Skating Competitions held in Tomaszów-Mazowiecki, POL, Nov. 12-14, 2021, Stavanger, NOR, Nov. 19-21, 2021 and Salt Lake City, USA, Dec. 3-5, 2021), in accordance with Rule 208, paragraph 2.5, and ISU Communication No. 2426.

The total number of Competitors for each distance will be limited as follows:

500 meters Women and Men	20 Skaters
1000 meters Women and Men	20 Skaters
1500 meters Women and Men	20 Skaters
3000 meters Women and 5000 meters Men	16 Skaters
Mass Start Women and Men	24 Skaters
Team Pursuit Women and Team Pursuit Men	6 Teams
Team Sprint Women and Team Sprint Men	6 Teams

Preliminary entries	<b>November 15, 2021</b>
Accommodation Request	<b>November 13, 2021</b>
Accreditation Request for Team Officials	<b>November 18, 2021</b>
Arrival & Departure	<b>November 28, 2021</b>
Final Entries	<b>December 11 – 12.00 noon (local time)</b>

**Please note that for all persons entered by the ISU Members the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication 1628 need to be strictly observed.**

For more details please refer to Rules 115, 131, 208 and ISU Communications No. 1628 and 1797.

## CITIZENSHIP/RESIDENCE REQUIREMENTS AND CLEARANCE PROCEDURE

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

## DRAWING

The drawing will be made in accordance with Rules 242.

## ANTI-DOPING CONTROL

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications Nos. 2344 and 2366 (or any further update of these Communications).

## LIABILITY

In accordance with the ISU General Regulations (Rule 119), the ISU, Speed Skating Canada and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with this Championship. Each ISU Member is solely responsible for providing insurance coverage thereto.

## FACE MASKS

No advertising marking is allowed on face masks. Face masks may display one (1) manufacturer trademark/identification of maximum 8cm<sup>2</sup>. In addition, ISU Member's name and/or abbreviation and/or national flag and/or Skater's name may be displayed on the face mask.

## TRAINING TIMES

The speed skating track will be open for training for entered Competitors from Monday, December 13, 2021. Trial starts will be organized on Tuesday, December 14, 2021. Only accredited Competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours.

ISU Members may ask for changes in the training schedule latest by December 1, 2021. Decisions on changes request will be taken by the Organizing Committee in consultation with the ISU.

## BOARD AND LODGING

The Organizing Committee will be responsible for expenses for board and lodging at the official hotel from dinner on Tuesday, December 14, 2021, until lunch (for those participants leaving in the afternoon) on Saturday, December 18, 2021 (Rule 137 paragraphs 10 and 14) for all Competitors participating in the Championships (not for the substitutes) and 1 Team Leader or coach for each ISU Member. Expenses of other Skaters and officials (i.e. coaches, other team staff members and accompanying persons) other than those mentioned above, and expenses before or after the period mentioned above, will be at their own expense.

*Please note that the Organizing Committee will pay for the cost of double occupancy rooms only. Teams wishing to book single occupancy rooms may do so, but will be responsible for the incremental cost of such rooms.*

Accommodation requests can only be made using the ISU Online Entry System for Speed Skating Events or by contacting Sara Colbourne, Director of Sales, at [dosm@aloftcalgaryuniversity.com](mailto:dosm@aloftcalgaryuniversity.com).

### **All rooms must be booked by November 13, 2021.**

The cost of a room at the official hotels will be as follows (including all taxes):

Double/Traditional Queen (2 queen beds) or Traditional King (1 king bed)	\$129 CAD + 12.27% taxes = \$145 CAD
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Price per room is for single to double occupancy (maximum of two people per room) and includes a hot buffet breakfast. Additional costs for lunch and dinner (including drinks) are as follows:

Lunch Buffet	\$23 CAD + 17% gratuity + 5% tax = \$28.06 CAD per person
Dinner Buffet	\$32 CAD + 17% gratuity + 5% tax = \$39.04 CAD per person

Cancellation policy: Cancellation of an individual room is required by 12pm (noon) one day prior to arrival in order to avoid a cancellation charge of one night's room & tax.

Payment: Cash in CAD or credit card (Visa, Mastercard, AMEX).

## OFFICIAL HOTEL

The Organizing Committee will make hotel reservation for the teams and ISU officials in the following hotel.  
**Please note that all accredited participants are required to stay at the official hotel.**

**Aloft Calgary University**  
2359 Banff Trail NW  
Calgary, AB T2M 4L2

Telephone: +1 (403) 289-1973  
[www.aloftcalgaryuniversity.com](http://www.aloftcalgaryuniversity.com)

The Organizing Committee reserves the right to limit the number of hotel rooms available to each team at the official hotel.

## TRANSPORTATION

The Organizing Committee will provide transportation from December 13, 2021, to December 18, 2021, from and to the Calgary International Airport. Team officials who do not travel together with their team cannot be guaranteed this transportation service.

A shuttle bus service will be available between the official hotel(s) and the ice-rink from Monday, December 13 to Friday, December 17, 2021. Masking and physical distancing protocols will be in place on the shuttle buses.

The Organizing Committee must be informed via the ISU Online Entry System for Speed Skating Events about the date and time of arrival and departure of the Competitors and officials as soon as possible, but at the latest by November 28, 2021.

## VISA REQUIREMENTS & COVID-19 PANDEMIC ACCESS RESTRICTIONS

A visitor visa may be required for participants and team officials. Please contact Speed Skating Canada at [worldcup@speedskating.ca](mailto:worldcup@speedskating.ca) if you need an invitation letter for the visa.

In order to facilitate entry to Canada, all teams are requested to submit participant information using the provided form **no later than November 8, 2021**. All skaters, coaches and team staff who may request an accreditation must be included. Teams who have already submitted this form for World Cup 4 need only re-submit if additional participants may attend the Four Continents Championships.

Please submit all this information to the Organizing Committee as soon as possible, in order to have the necessary visas and entry restriction exemptions completed in due time. For more information on the current entry requirements to Canada, please visit the following links.

- Government of Canada – [COVID-19: Travel, testing, quarantine and borders](#) (general entry requirements)
- Government of Canada – [Authorization for individuals travelling to Canada for International Single Sport Events](#) (exemptions to be requested by Organizing Committee for participants who do not meet the general entry requirements to Canada)

Additional information or clarifications regarding the Covid-19 pandemic-related travel & access restrictions/arrangements is available by contacting the Organizing Committee (see below).

## ACCREDITATIONS

A color picture must be sent to the OC for each team member for preliminary printing of the accreditation (\*.jpg format, size 35 per 44 mm, white background).

Only the following number of Team Officials can receive an accreditation:

Type	Number of accreditations per Competition
Team Leader	1 accreditation
Coaches, medical & technical staff	1 competitor* - 1 accreditation 2 to 3 competitors - 2 accreditations 4 to 6 competitors - 3 accreditations 7 to 9 competitors - 4 accreditations 10 to 11 competitors - 5 accreditations 12-13 competitors - 6 accreditations 14-15 competitors - 7 accreditations 16-17 competitors - 8 accreditations 18-19 competitors - 9 accreditations 20-21 competitors - 10 accreditations ..etc.

\* Competitor = competing skater (substitutes excluded)

## ORGANIZING COMMITTEE – MEDIA ACCREDITATION – INQUIRIES

Inquiries should be addressed only to the Organizing Committee at the addresses below. For Media accreditation, please contact the below address as soon as possible.

### Organizing Committee

Jill Lynch  
Speed Skating Canada  
2451 Riverside Drive  
Ottawa, ON K1H 7X7  
[worldcup@speedskating.ca](mailto:worldcup@speedskating.ca)  
+1 (587) 433-8646

### Media Accreditation

Alain Brouillette  
Speed Skating Canada  
2451 Riverside Drive  
Ottawa, ON K1H 7X7  
[communications@speedskating.ca](mailto:communications@speedskating.ca)  
+1 (613) 601-2630

## WEB SITE

Results and other information from the competitions will be posted on the following website(s):

[www.isu.org](http://www.isu.org)

[www.speedskating.ca](http://www.speedskating.ca)

## ISU “INSIDE EVENTS” MOBILE APPLICATION

Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application. This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.



QR Apple.png



QR Google.png