

| Category                  | Division | Distance                        | Number of skaters | Series x time | Time    |            | Planning |       |
|---------------------------|----------|---------------------------------|-------------------|---------------|---------|------------|----------|-------|
|                           |          |                                 |                   |               | compet. | iceprepar. | start    | end   |
|                           |          |                                 |                   |               |         |            |          |       |
| Women                     | A        | 500m (1)                        | 20                | 10 x 2'15     | 00:23   |            | 12:30    | 12:53 |
| Change category           |          |                                 |                   |               |         | 00:05      | 12:53    | 12:58 |
| Men                       | A        | 500m (1)                        | 20                | 10 x 2'15     | 00:23   |            | 12:58    | 13:21 |
| Ice preparation (3 lanes) |          |                                 |                   |               |         | 00:04      | 13:21    | 13:25 |
|                           |          | Prize giving on spot 500 Women  |                   |               |         | 00:05      | 13:25    | 13:30 |
|                           |          | Prize giving on spot 500 Men    |                   |               |         | 00:05      | 13:30    | 13:35 |
|                           |          |                                 |                   |               |         | 00:02      | 13:35    | 13:37 |
| Women                     | A        | 3000m                           | 16                | 8 x 5'30      | 00:44   |            | 13:37    | 14:21 |
| Ice preparation (2 lanes) |          |                                 |                   |               |         | 00:04      | 14:21    | 14:25 |
|                           |          | Prize giving on spot 3000 Women |                   |               |         | 00:05      | 14:25    | 14:30 |
|                           |          |                                 |                   |               |         | 00:05      | 14:30    | 14:35 |
| Men                       | A        | 5000m                           | 16                | 8 x 7'45      | 01:02   |            | 14:35    | 15:37 |
| Technical break           |          |                                 |                   |               |         | 00:04      | 15:37    | 15:41 |
|                           |          | Prize giving on spot 5000 Men   |                   |               |         | 00:05      | 15:41    | 15:46 |
| SCHEDULE WITH ALL RESERVE |          |                                 |                   |               |         |            |          |       |

| Category                         | Division | Distance                                | Number of skaters | Series x time | Time    |            | Planning     |              |
|----------------------------------|----------|---|-------------------|---------------|---------|------------|--------------|--------------|
|                                  |          |   |                   |               | compet. | iceprepar. | start        | end          |
| <b>Women</b>                     | A        | 500m (2)                                | 20                | 10 x 2'15     | 00:23   |            | <b>12:30</b> | <b>12:53</b> |
| <i>Ice preparation (2 lanes)</i> |          |   |                   |               |         | 00:14      | <b>12:53</b> | <b>13:07</b> |
| <b>Men</b>                       | A        | 1500m                                   | 20                | 10 x 3'15     | 00:33   |            | <b>13:07</b> | <b>13:40</b> |
| <i>Ice preparation (3 lanes)</i> |          |   |                   |               |         | 00:04      | <b>13:40</b> | <b>13:44</b> |
|                                  |          | Prize giving on spot 500 Women          |                   |               |         | 00:05      | <b>13:44</b> | <b>13:49</b> |
|                                  |          | Prize giving on spot 1500 Men           |                   |               |         | 00:05      | <b>13:49</b> | <b>13:54</b> |
|                                  |          |   |                   |               |         | 00:02      | <b>13:54</b> | <b>13:56</b> |
| <b>Women</b>                     | A        | 1000m                                   | 20                | 10 x 2'45     | 00:28   |            | <b>13:56</b> | <b>14:24</b> |
| <i>Ice preparation (3 lanes)</i> |          |   |                   |               |         | 00:04      | <b>14:24</b> | <b>14:28</b> |
|                                  |          | Prize giving on spot 1000 Women         |                   |               |         | 00:05      | <b>14:28</b> | <b>14:33</b> |
|                                  |          |   |                   |               |         | 00:05      | <b>14:33</b> | <b>14:38</b> |
| Skaters presentation             |          |   |                   |               |         | 00:02      | <b>14:38</b> | <b>14:40</b> |
| <b>Men</b>                       | A        | Mass Start F                            | 16                |               | 00:10   |            | <b>14:40</b> | <b>14:50</b> |
| <i>Ice preparation (2 lanes)</i> |          |   |                   |               |         | 00:04      | <b>14:50</b> | <b>14:54</b> |
|                                  |          | Prize giving on spot Mass Start Men     |                   |               |         | 00:05      | <b>14:54</b> | <b>14:59</b> |
|                                  |          |   |                   |               |         | 00:05      | <b>14:59</b> | <b>15:04</b> |
| <b>Women</b>                     | A        | Team Pursuit                            | 12 Teams          | 6 x 5'00      | 00:30   |            | <b>15:04</b> | <b>15:34</b> |
| <i>Technical break</i>           |          |   |                   |               |         | 00:04      | <b>15:34</b> | <b>15:38</b> |
|                                  |          | Prize giving on spot Team Pursuit Women |                   |               |         | 00:05      | <b>15:38</b> | <b>15:43</b> |
|                                  |          |   |                   |               |         |            |              |              |
| <b>SCHEDULE WITH ALL RESERVE</b> |          |   |                   |               |         |            |              |              |

| Category                         | Division | Distance                              | Number of skaters | Series x time | Time    |            | Planning     |              |
|----------------------------------|----------|---------------------------------------|-------------------|---------------|---------|------------|--------------|--------------|
|                                  |          |                                       |                   |               | compet. | iceprepar. | start        | end          |
| <b>Men</b>                       | A        | 500m (2)                              | 20                | 10 x 2'15     | 00:23   |            | <b>12:30</b> | <b>12:53</b> |
| <i>Ice preparation (2 lanes)</i> |          |                                       |                   |               |         | 00:14      | <b>12:53</b> | <b>13:07</b> |
| <b>Women</b>                     | A        | 1500m                                 | 20                | 10 x 3'20     | 00:34   |            | <b>13:07</b> | <b>13:41</b> |
| <i>Ice preparation (3 lanes)</i> |          |                                       |                   |               |         | 00:04      | <b>13:41</b> | <b>13:45</b> |
|                                  |          | Prize giving on spot 500 Men          |                   |               |         | 00:05      | <b>13:45</b> | <b>13:50</b> |
|                                  |          | Prize giving on spot 1500 Women       |                   |               |         | 00:05      | <b>13:50</b> | <b>13:55</b> |
|                                  |          |                                       |                   |               |         | 00:02      | <b>13:55</b> | <b>13:57</b> |
| <b>Men</b>                       | A        | 1000m                                 | 20                | 10 x 2'45     | 00:28   |            | <b>13:57</b> | <b>14:25</b> |
| <i>Ice preparation (3 lanes)</i> |          |                                       |                   |               |         | 00:04      | <b>14:25</b> | <b>14:29</b> |
|                                  |          | Prize giving on spot 1000 Men         |                   |               |         | 00:05      | <b>14:29</b> | <b>14:34</b> |
|                                  |          |                                       |                   |               |         | 00:05      | <b>14:34</b> | <b>14:39</b> |
| Skaters presentation             |          |                                       |                   |               |         | 00:02      | <b>14:39</b> | <b>14:41</b> |
| <b>Women</b>                     | A        | Mass Start F                          | 16                |               | 00:10   |            | <b>14:41</b> | <b>14:51</b> |
| <i>Ice preparation (2 lanes)</i> |          |                                       |                   |               |         | 00:04      | <b>14:51</b> | <b>14:55</b> |
|                                  |          | Prize giving on spot Mass Start Women |                   |               |         | 00:05      | <b>14:55</b> | <b>15:00</b> |
|                                  |          |                                       |                   |               |         | 00:05      | <b>15:00</b> | <b>15:05</b> |
| <b>Men</b>                       | A        | Team Pursuit                          | 12 Teams          | 6 x 5'00      | 00:30   |            | <b>15:05</b> | <b>15:35</b> |
| <i>Technical break</i>           |          |                                       |                   |               |         | 00:04      | <b>15:35</b> | <b>15:39</b> |
|                                  |          | Prize giving on spot Team Pursuit Men |                   |               |         | 00:05      | <b>15:39</b> | <b>15:44</b> |
|                                  |          |                                       |                   |               |         |            |              |              |
| <b>SCHEDULE WITH ALL RESERVE</b> |          |                                       |                   |               |         |            |              |              |