



EUROPEAN SPEED SKATING
CHAMPIONSHIPS



HAMAR 2023



ANNOUNCEMENT

HAMAR, NOR
Hamar Olympic Hall Vikingskipet

January 06-08, 2023

Hosted by



Institutional Partner



Hamar kommune

Local Sponsor



Event Partners



On behalf of the Norwegian Skating Association and the Organizing Committee has the honor and pleasure to invite you to participate in the



CHAMPIONSHIPS[®] 2023

which will be held in Hamar, Norway on January 6-8, 2023

PROGRAM

Thursday, January 5, 2023	16:00	Team leaders Meeting, online
	17:00	Medical Meeting, online
	18:00	Opening Draw, online
Friday, January 6, 2023	17:10	Opening Ceremony
	17:30 – 20:01*	500m Women Sprint (1) 500m Men Sprint (1) 1000m Women Sprint (1) 1000m Men Sprint (1)
Saturday, January 7, 2023	10:45 - 17:26*	500m Women Sprint (2) 500m Men Sprint (2) 500m Women Allround 500m Men Allround 1000m Women Sprint (2) 1000m Men Sprint (2) 3000m Women Allround 5000m Men Allround Award Ceremony Women Sprint Award Ceremony Men Sprint
Sunday, January 8, 2023	14:00- 17:44*	1500m Women 1500m Men 5000m Women 10 000m Men Award Ceremony Women Allround Award Ceremony Men Allround

* Estimated ending time

REGULATIONS

The ISU European Sprint & Allround Speed Skating Championships 2023 will be held in accordance with the 2022 Regulations of the International Skating Union (ISU), relevant ISU Communications, in particular ISU Communication No. 2514, and Guidelines for ISU Events During the COVID-19 Pandemic.

Participation in the Championships is open to skaters who belong to a European ISU Member (Rule 130, paragraph 2) and who have met the qualification criteria according to Rule 208 and ISU Communication No. 2514.

TRACK

Hamar Olympic Hall "Vikingskipet" is an indoor artificially frozen ice rink with a standard track of 400 meters and inner and outer curves with radii of 25.9 and 29.5 meters respectively. The width of the inside training track is 4 meters. In accordance with Rule 228 a protective inflatable padding system will be installed around the track.

TITLE AND AWARDS

The winners of the individual/team races will bear the titles: "Women European Sprint/Allround Speed Skating Champion for 2023" and "European Sprint/Allround Speed Skating Champion for 2023", respectively. All winners will be awarded the ISU Championships "gold" medal. The Skaters or teams placed second and third will be awarded the ISU Championships "silver" and "bronze" medals, respectively. See Rule 133, paragraph a). Prize money will be awarded according to ISU Communication No. 2516, or any further update of this Communication.

ENTRIES

The entry quotas will be determined partly by the results from the European Speed Skating Championships (Allround & Sprint combination) 2021 and partly by results achieved during the ISU World Cup Speed Skating Competitions held in November-December 2022, in accordance with Rule 208, paragraphs 2.2.1, 2.3.1, 2.4.1 and ISU Communication No. 2514. The actual entry quotas will be published by the ISU and communicated to the ISU Members concerned in due time before the deadline for final entries.

According to ISU Communication No. 2514 and Rule 208, paragraphs 2.3.1 and 2.4.1, the following ISU Members have been pre-allocated entry quotas (maximum 2 pre-allocated quotas per ISU Member) for the **Sprint Combination**:

ISU Member	Women	Men
Austria	1 competitor	---
Belgium	---	1 competitor
Belarus ¹	1 competitor	---
Estonia	---	1 competitor
Germany	1 competitor	2 competitors
Italy	---	1 competitor
Netherlands	2 competitors	2 competitors
Norway	1 competitor	1 competitor
Poland	2 competitors	2 competitors
Romania	1 competitor	---
Russia ¹	2 competitors	1 competitor
Total	11 competitors	11 competitors

Additional quota places up to the total of 20 quota places per gender (with a maximum of 3 competitors per ISU Member) will be allocated based on results at ISU World Cup Speed Skating Competitions held in November-December 2022. See ISU Communication No. 2514 for details.

European ISU Members qualify quota places based on the combined results (one best 500m and one best 1000m) of the same Skaters from any of the Qualifying events (i.e. World Cup Competitions 2 to 4 in November-December 2022). Total points for the two distances will be calculated according to Rule 265, paragraph 3. Further criteria and additional details in ISU Communication No. 2505.

According to ISU Communication No. 2514 and Rule 208, paragraph 2.2.1 and 2.4.1, the following ISU Members have been pre-allocated entry quotas (maximum 2 pre-allocated quotas per ISU Member) for the **Allround Combination**:

ISU Member	Women	Men
Austria	---	1 competitor
Belgium	---	1 competitor
Czech Republic	2 competitors	---
Italy	1 competitor	1 competitor
Netherlands	2 competitors	2 competitors
Norway	2 competitors	2 competitors
Poland	1 competitor	---
Russia ¹	2 competitors	2 competitors
Switzerland	---	1 competitor
Sweden	---	1 competitor
Total	10 Competitors	11 competitors

Additional quota places up to the total of 20 quota places per gender (with a maximum of 3 competitors per ISU Member) will be allocated based on results at the ISU World Cup Speed Skating Competitions held in November-December 2022. See ISU Communication No. 2514 for details.

European ISU Members qualify quota places based on the combined results (one best 1500m and one best 3000m for Ladies and one best 1500m and one best 5000m for Men) of the same Skaters from any of the Qualifying events (i.e. World Cup Competitions 2 to 4 in November-December 2022). Total points for two distances will be calculated according to Rule 265, paragraph 3. Further criteria and additional details in ISU Communication No. 2505.

Entries for the ISU European Sprint & Allround Speed Skating Championships 2023 will only be accepted for Skaters who have reached the qualifying times for the event concerned, as listed in ISU Communication No. 2514, paragraph 4.2.1.

Entries can **only** be made using the ISU Online Entry System for Speed Skating Events available at www.isu.org, section Speed Skating or at <https://ssk-entries.isu.org/> and respecting the following deadlines:

Preliminary entries	December 21, 2022
Accommodation booking (final)	December 21, 2022
Hotel payment deadline	January 02, 2023
Arrival & Departure	December 21, 2022
Accreditation Request for Team Officials	December 21, 2022
Final Entries	January 2, 2023 – 12.00 noon (local time)

Please note that for all persons entered by the ISU Members the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication 1628 need to be strictly observed.

For more details please refer to Rules 115, 131, 208 and ISU Communications No. 1628 and 1797.

¹ Reference is made to ISU Communication No. 2469, paragraph 2.a) according to which and until further notice, no individual belonging to the Russian Skating Union and Skating Union of Belarus shall be invited, entered and allowed to participate in International Competitions, ISU Championships and other ISU Events.

CITIZENSHIP/RESIDENCE REQUIREMENTS AND CLEARANCE PROCEDURE

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

DRAW

The draw will be made in accordance with Rules 239, 240 (paragraphs 1-4) and 242.

ANTI-DOPING

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications Nos. 2344 and 2366 (or any further update of these Communications).

LIABILITY

In accordance with the ISU General Regulations (Rule 119), the ISU, the Norwegian Skating Association and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with this Championship. Each ISU Member is solely responsible for providing insurance coverage thereto.

FACE MASKS

No advertising marking is allowed on face masks. Face masks may display one (1) manufacturer trademark/identification of maximum 8cm². In addition, ISU Member's name and/or abbreviation and/or national flag and/or Skater's name may be displayed on the face mask.

TRAINING TIMES

The speed skating track will be open for training for entered Competitors from Monday, January 2. Trial starts will be organized on Thursday January 5, 2023. Ice trainings cannot be guaranteed before Monday, January 2 2023.

Only accredited Competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours.

ISU Members may ask for changes in the training schedule latest by December 23, 2022. Decisions on changes' request will be taken by the Organizing Committee in consultation with the ISU.

BOARD AND LODGING

The Organizing Committee will be responsible for expenses for board and lodging at the official hotel from lunch on Thursday, January 5 until lunch on Monday, January 9, 2023 (Rule 137 paragraphs 10 and 14) for all Competitors participating in the Championships (not for the substitutes) and 1 Team leader or coach for each ISU Member. Expenses of other Skaters and officials (i.e. reserves, substitutes, coaches, other team staff members and accompanying persons) other than those mentioned above, and expenses before or after the period mentioned above, will be at their own expense.

Accommodation requests can **only** be made using the ISU Online Entry System for Speed Skating Events.

OFFICIAL HOTEL

The Organizing Committee will arrange hotel reservation for all Skaters and officials at the Scandic Hotel, Vangsvegen 121, N-2318 Hamar, <https://www.scandichotels.no/hotell/norge/hamar/scandic-hamar>

Hotel prices:

Single room with full board (meals & drinks) for 1 person – 1.785 NOK (approx.180 Euro) per person
Double room with full board (meals & drinks) for 2 persons – 1.240 NOK (approx.125 Euro) per person

Single room with breakfast – 1.250 NOK (app.125 Euro) per room
Double room with breakfast – 1.450 NOK (app.145 Euro) per room

The hotel opens and will be able to accommodate Teams starting from December 27, 2022 (rooms with breakfast only).

- For all Competitors participating in the Sprint Combination (excluding substitutes) and 1 Team leader or coach for each ISU Member from lunch on Thursday, January 5 until lunch on Sunday, January 8, 2023 (Rule 137 paragraphs 10 and 14).
- For all Competitors participating in the Allround Combination (excluding substitutes) and 1 Team leader or coach for each ISU Member from lunch on Friday, January 6 until lunch on Monday, January 9, 2023 (Rule 137 paragraphs 10 and 14).

Cancellation policy: no refund after December 21, 2022. The Organizing Committee will pay only for participants (excluding substitutes) and one Team Leader from each Team. All other rooms booked must be paid by Participating ISU Members.

NOTE: requests for single rooms for Skaters can not be guaranteed based on the amount of rooms contracted by the OC and the host hotel. The OC is responsible to pay only for double occupancy rooms. Single rooms will be paid for the team leader and if there is an odd number of Skaters in the team.

There are no rooms available in the official hotel after December 22, 2022 due to the other events organized in Hamar.

Invoices for the accommodation will be sent to the Member Federations before the ISU European Championships and need to be paid before check-in to the hotel.

TRANSPORTATION

The Organizing Committee will provide transportation from Monday, January 2 until Thursday, January 5 from Hamar Railway Station to the Official Hotel and from Saturday, January 7 until Monday, January 9 from the Official Hotel to Hamar Railway Station Team officials who do not travel together with their team cannot be guaranteed this transportation service.

Transportation from Oslo Airport Gardermoen will be by public train service <https://www.vy.no/en> The train departs from Oslo Airport Gardermoen every hour from 06:59 in the morning until 23:59 in the evening. The Organizing Committee will provide complimentary train tickets for all teams at arrival in Oslo Airport Gardermoen and at the information desk at the official hotel for departure. The train leaves from track number 1 and the travel takes 60 minutes from Gardermoen airport to Hamar Railway station. When returning from Hamar to Gardermoen airport, the train leaves every hour from 05:00 until 22:00 (05:00, 06:00, 07:00 etc).

The teams can order private transportation from the airport directly from the transport company (self-paid) via email: vera.johansen@connectbus.no

A shuttle bus service will be available between the official hotel and the ice-rink from January 2, 2023.

The Organizing Committee must be informed via the ISU Online Entry System for Speed Skating Events about the date and time of arrival and departure of the Competitors and officials as soon as possible, but at the latest by December 21, 2022.

VISA REQUIREMENTS

A visitor visa may be required for participants and team officials. Please contact the Norwegian Skating Association if you need an invitation letter for the visa. For the invitation letter please submit the following information:

- Name and Surname
- Date of birth
- Passport number
- Date of issue
- Expiry date

Please submit all this information to the Organizing Committee as soon as possible, in order to have the necessary visas completed in due time.

Furthermore, please note that all information regarding the Covid-19 pandemic-related travel & access restrictions/arrangements will be available on the following website [Norwegian Institute of Public Health - NIPH \(fhi.no\)](https://www.fhi.no) and by contacting Ms. Laila Thorshaug lai_jo@hotmail.com

ACCREDITATIONS

Only the following number of Team Officials can receive an accreditation:

Type	Number of accreditations per Competition
Team Leader	1 accreditation
Coaches, medical & technical staff	1 competitor* - 1 accreditation 2 to 3 competitors - 2 accreditations 4 to 6 competitors - 3 accreditations 7 to 9 competitors - 4 accreditations 10 to 11 competitors - 5 accreditations 12 competitors - 6 accreditations
ISU Member Officials** (No access to athletes zone)	Up to maximum 3 accreditations

* Competitor = competing skater (substitutes excluded)

** President, Vice Presidents, CEO, General Secretary, Managers, etc.

The organizer is not obliged to provide services (accommodation, accredited entrance to the ice rink, transportation, etc.) for an excessive number of team officials or other accompanying persons from participating ISU Members. A fee of EUR 250 (charged in local currency) for each extra Team Officials/Federation Officials accreditation must be paid to the Norwegian Skating Association. The invoice for extra accreditations will be sent to participating nations per email after the Event.

THE ORGANIZING COMMITTEE

All inquiries should be addressed to:

Norwegian Skating Association
Sognsveien 73
0840 Oslo
Phone: +47 91828999
Email: nsfevent@nif.idrett.no

MEDIA ACCREDITATION

Media accreditation requests for ISU Championships must be submitted via the ISU Online Media Accreditation System <https://www.isu.org/media-centre/accreditations/media>
Information for the media will be available on the [ISU website](#) in due time.

For further information contact the OC Press Officer:
Ms. Jane Meyer, +47 48008332, nfspeedskatingmedia@gmail.com

WEB SITE

Information concerning the competition will be available at the following website:
<https://www.skoyteforbundet.no/Hamar2023/>

Live results of the competition will be available at the following website:
https://live.isureresults.eu/events/2023_NOR_0002/schedule

ISU “INSIDE EVENTS” MOBILE APPLICATION

Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application. This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores. Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.



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