

Grand Prix Final 2017 Senior and Junior

Junior Ladies / Short Program

Planned Program Content

Rika KIHIRA - JPN 1 Coach: Mie Hamada, Yamato Tamura, H. Okamoto, C. Reed Music: Kung Fu Piano by The Piano Guys			
1. LSp	Layback Spin	5. FSSp	Flying Sit Spin
2. 2A	Double Axel	6. 3Lz	Triple Lutz
3. StSq	Step Sequence	7. CCoSp	Change Foot Spin Combo
4. 3F+3T	Triple Flip+Triple Toeloop	8.	
Anastasia TARAkanova - RUS 2 Coach: Eteri Tutberidze, Sergei Dudakov Music: Fly, Experience by Ludovico Einaudi			
1. 3F+3T	Triple Flip+Triple Toeloop	5. 2A	Double Axel
2. FSSp	Flying Sit Spin	6. LSp	Layback Spin
3. StSq	Step Sequence	7. CCoSp	Change Foot Spin Combo
4. 3Lz	Triple Lutz	8.	
Daria PANENKOVA - RUS 3 Coach: Eteri Tutberidze, Sergei Dudakov Music: While the Trees Sleep, I Dreamed a Dream			
1. FSSp	Flying Sit Spin	5. 2A	Double Axel
2. StSq	Step Sequence	6. LSp	Layback Spin
3. 3F+3T	Triple Flip+Triple Toeloop	7. CCoSp	Change Foot Spin Combo
4. 3Lz	Triple Lutz	8.	
Alena KOSTORNAIA - RUS 4 Coach: Eteri Tutberidze, Sergei Dudakov Music: Dos Cadencias sobre Adios Nonino			
1. FSSp	Flying Sit Spin	5. 3Lz	Triple Lutz
2. CCoSp	Change Foot Spin Combo	6. 2A	Double Axel
3. StSq	Step Sequence	7. LSp	Layback Spin
4. 3F+3T	Triple Flip+Triple Toeloop	8.	
Sofia SAMODUROVA - RUS 5 Coach: Tatiana Mishina, Alexei Mishin Music: Hava Nagila			
1. 3F+3T	Triple Flip+Triple Toeloop	5. 2A	Double Axel
2. FSSp	Flying Sit Spin	6. LSp	Layback Spin
3. StSq	Step Sequence	7. CCoSp	Change Foot Spin Combo
4. 3Lz	Triple Lutz	8.	
Alexandra TRUSOVA - RUS 6 Coach: Eteri Tutberidze, Sergei Dudakov Music: Big Spender, Jumpin' Jack			
1. FSSp	Flying Sit Spin	5. 3Lz	Triple Lutz
2. CCoSp	Change Foot Spin Combo	6. 2A	Double Axel
3. StSq	Step Sequence	7. LSp	Layback Spin
4. 3F+3Lo	Triple Flip+Triple Loop	8.	