2019/2020 Record of Clarification from Sport Director and Technical Committee

Pair Skating – Lifts

Group 5

In a Lasso, or Group 5 Lift, the lady rotates around the man/in relation to the man during the lifting process between the take-off and the fully extended position. This rotation must be visible by way of the shoulders and or hips.

During the lifting process one of the man’s hands must remain clearly above his shoulders and if not, the lift is identified as a Group 4 lift.

Features 3 & 5:

3) Difficult variation of the lady (1 full revolution)
5) **Seniors:** Difficult one-hand-hold of the man (2 full revolutions in total not counting parts shorter than 1 rev.)
   **Juniors:** one-hand-hold of the man (2 full revolutions in total not counting parts shorter than 1 rev.)

Features 3), 5) must be significantly different from lift to lift and if similar, will only count first time attempted.

**QUESTION to Feature 3):**

If two variations look similar (including same basic position of the lady), but different hand/hips/directions are being used, can we consider them as significantly different?

**QUESTION to Feature 5):**

Is this enough to say that one-hand-hold of the man is significantly different (even if it looks similar) if there are:

- different hands of the man;
- different hands of the lady;
- different hips of the lady;
- different directions of lady’s body in Group 4 lift;
- opposite positions and/or direction of lady’s body in platter position;
- different directions of rotation.

**ANSWER:**

To both questions the answer is “YES”.