

INTERNATIONAL SKATING UNION – FOUR YEAR PLAN 2018/19 – 2021/22

Project/Function/Area of activity: Medical / Anti-Doping

Committee/Commission/internal ISU body: ISU Council
ISU Medical Commission
ISU Sports Directorate
ISU Secretariat

Statement of specific results & benefits to be obtained:

Anti-Doping

- Maintain, expand and standardize a comprehensive, fair and safe Anti-Doping testing program for both in and out of competition as a deterrent and means of detection to all forms of doping.
- Promoting the ISU Pure as Ice program in order to increase the awareness and education of the skating family of sports related anti-doping issues.
- Maintain comprehensive management of all Anti-Doping issues.
- Strengthen the detection techniques of banned substances through pro-active cooperation with other organizations and continued research.
- Improve the use of intelligent gathering and investigations to obtain information for target testing and non-analytical Anti-Doping Rule Violation (ADRV).
- Continue knowledge awareness of Rules and Regulations Anti-Doping governing bodies, in order to be WADA compliant.
- Fulfill the requirement of Major Event Organization (MEO) Anti-Doping regulation other than ISU Events.
- Maintain close collaboration with Legal Advisors.

Medical

- Maintain the ISU injury surveillance program for all Skating disciplines.
- Disseminate information through education programs of sports injuries and injury prevention.
- Maintain high standard of medical care at ISU Events.
- Develop and provide sport specific protocols for safe return to skating.
- Develop relationship for collaborative research specific to skating.
- Collaborate with the ISU Technical Committees to protect the health of the Skaters.

The ISU Medical Commission, supported by the ISU Anti-Doping Administrator and staff and under the supervision of the ISU Council will perform the following tasks:

Recommended activities to obtain benefits:**2018/19 2019/20 2020/21 2021/22**

	2018/19	2019/20	2020/21	2021/22
1. Participate in the revision of the 2015 World Anti-Doping Code	X	X		
2. Implementation of the 2021 Code into the ISU Anti-Doping Rules and ISU Anti-Doping Procedures		X	X	
3. Continuation of standard Anti-Doping Tests at all ISU Events by updating, improving and standardizing the appropriate procedures, including privacy issues, equipment and forms	X	X	X	X
4. Ensure systematic participation of ISU Medical Advisors or designate(s) in an Anti-Doping supervisory function at all ISU Events	X	X	X	X
5. Contracting specialized Agencies to perform the Anti-Doping tests in countries where the appropriate service is not guaranteed by the national agency/body	X	X	X	X
6. Continuation and intensification of Out-of-Competition Tests in cooperation with WADA and NADOs	X	X	X	X
7. Continuation of specific Anti-Doping initiatives related to recent and new doping threats	X	X	X	X
8. Continue blood and urine sampling to develop the Skater's Hematological and Steroidal Athletes Biological Passport (H- & S-ABP). Implement the H-ABP in Figure Skating	X	X	X	X
9. Monitor H- & S-ABP to target abnormal profile and to protect Clean Skaters	X	X	X	X
10. Continuation of updating and issuing guidelines, Anti-Doping Procedures and Memoranda, and providing information in order to obtain standardized facilities, equipment, staffing, procedures, documentation and sanctions for Anti-Doping Testing	X	X	X	X
11. Consultation with experts to enhance the interpretation of test results and advice on further actions	X	X	X	X
12. Providing the ISU with advice on Adverse Analytical Findings (AAF) and supervising any necessary further investigations in all AAF / ADRV cases	X	X	X	X
13. Organizing and/or participating in meetings on specific sports related Medical and Anti-Doping issues	X	X	X	X
14. Publication of medical information through the ISU Communications, the ISU web-site, social media and/or ISU Newsletter	X	X	X	X

	2018/19	2019/20	2020/21	2021/22
15. Maintenance of a continued dialogue with other sports Anti-Doping organizations, in particular but not limited to NADOs, WADA and the IOC	X	X	X	X
16. Extend and promote the ISU Pure as Ice Program	X	X	X	X
17. Medical Advisors attending ISU Events to ensure that emergency Procedure and ISU Medical Standards are implemented	X	X	X	X
18. Maintain the safety of the Skaters by effective communication and relevant package sent to Organizing Committees	X	X	X	X
19. Promote health of the Skaters through medical information dissemination by seminars, webinar and ISU website	X	X	X	X
20. Collaborate with the ISU Technical Committees and external experts to improve safety of Skaters, specifically with regards of helmet	X	X	X	X
21. Protect the Clean Skaters by promotion of the WADA Speak Up Program on the ISU website	X	X	X	X
22. Inform the ISU Officials, Skaters and Entourage of their role to report suspicious behaviors by providing information on Intelligence gathering and easy access to reporting format	X	X	X	X
23. Develop/obtain and implement an integrated program to efficiently monitor individual Skaters test results to assess risk stratification for further target Testing	X	X	X	X
24. Maintain Medical Meeting at the ISU Events to ensure continued Medical Standards are implemented and to educate Host and Visiting Medical Staff on skating specific requirements	X	X	X	X
25. For the continued health and safety of the Skaters include IOC consensus statement and access to educational program (RED-s, Abuse and harassment tool kit) on the ISU website	X	X	X	X
26. Maintain the ISU Compliance as set in the International Standard for Code Compliance by Signatories (ISCCS)	X	X	X	X