# INTERNATIONAL SKATING UNION

## Communication No. 2135

## SYNCHRONIZED SKATING

# ISU Synchronized Skating Development Training Seminar for Junior Age Skaters and their Coaches

The ISU Synchronized Skating Technical Committee, in cooperation with the ISU Sports Director Figure Skating and with the support of the ISU Development Program (Council Projects), is organizing an International Synchronized Skating Development Training Seminar for Coaches and Team Participants of Junior age and level in:

## Vierumäki, Finland, May 5 - 10, 2018

The aim of the Seminar is the development of Synchronized Skating Coaches and the participants of their Teams to a higher technical level and the introduction of Synchronized Skating in new areas where it is not yet traditionally pursued. Top, world-class Coaches will moderate the Seminar. Daily off-ice classes will include theory, GOE and ISU Judging System requirements, music lectures, mental training lectures, physical education/fitness, ballet, jazz/mime/expression, relaxation/yoga, movement to music, theatre and modern dance technique lectures. For a more personal learning effect, the experts will be available for a one-to-one contact with participating Coaches.

The 2018 Synchronized Skating Seminar is designed for Junior aged participants of a Team with the following age requirements:

A member of a Team is eligible for participation if the Skater has reached the age of 13 but not the age of 19 by July 1 preceding the Seminar, which corresponds to the ISU Junior age restrictions.

Accepted participants should arrange to arrive at Helsinki airport by 16:00 at the latest on May 4, in time for the prearranged transportation, and to depart in the morning of May 10, 2018. The opening of the Seminar will be on May 4 at 19.00

### The Professional Team for the Seminar:

Organizer and Head Coach: Ms. Cathy Dalton (SySTC)
Coach/Moderators: Ms. Kaisa Arrateig (FIN)

Mr. Alain Daniel Hostache (FRA) Mr. Maurizio Margaglio (IDTC)

Program Evaluation: Ms. Leena Laaksonen (FIN)
Program Components: Mr. Mika Saarelainen (SySTC)

Off-ice Instructors: Mental Training: Ms. Terhi Lehtoviita (FIN)

Ballet/Modern Dance: Ms. Lilli Helpi (FIN)

Local Coordinator: Ms. Eeva Sunnari (FIN)

#### Language:

The Seminar will be conducted in English.

#### General

## **Entry and Participation criteria and conditions**

- a) In order to provide adequate quality in the Seminar the ISU will limit the capacity to 64 Skaters.
- b) A 'waiting list' will be created for those 'Teams' which cannot be accepted in the first run in order to offer the chance of acceptance and participation, should cancellations occur. ISU Members are requested to be considerate with the timing of cancellations in order to give other athletes the chance to participate.
- c) Each ISU Member may enter a 'Team' of **4 Skaters plus 2 Coaches** to the Seminar. In the case of too many entries, the ISU will reduce the number using primarily the age criteria and/or the region as the limitations.
- d) In addition, the Synchronized Skating Technical Committee, together with the Sports Director Figure Skating, will check the list of entries and accept only participants (Skaters and/or Coaches) for whom it sees a possibility of future development.
- e) Only legitimate Team members and Coaches are to be entered. Skaters must be steady/confirmed members of the same Team who will be competing (skating) during the upcoming season (2018-2019). Coaches must be coaching the 'Team' (four (4) skaters) participating in the Seminar.
- f) As this ISU Development Training Seminar is organized to provide help and offer a quality learning experience to Coaches and their Skaters, sending a "non-skating" person as a Coach is not appropriate.
- g) Coaches who have not previously participated in the Seminar will have priority of acceptance.
- h) The Seminar is also open to Coaches wishing to attend without Skaters, at their own expense.
- i) Additional Coaches above the quota may also attend at their own expense. Details will be provided to the individuals concerned upon application.
- j) Participating 'Teams' are expected to arrive physically fit and prepared.
- k) Accepted participants (Coaches and Skaters) must participate from the beginning to the end of the Seminar unless they receive permission to do otherwise prior to acceptance.
- l) Skaters must participate together with their announced Coaches. Should an announced Coach unexpectedly be unable to attend, subject to receiving permission from the ISU Sports Director Figure Skating, the participating Skaters must be accompanied by a responsible chaperone for the whole duration of the Seminar.
- m) All participants must have Medical Insurance and have their valid Insurance Card with them to attend the Seminar.

#### **Expenses**

The financial responsibility for the Seminar is as follows:

a) The living expenses (room and meals) for the accepted 4 Skaters and 2 Coaches per ISU Member will be borne by the ISU for the period from:

dinner on Friday, May 4 to breakfast on Thursday, May 10, 2018

- b) ISU Members will be responsible for the travel expenses to and from Helsinki airport for all participating Coaches and Skaters.
- c) ISU Members shall also be responsible for the living expenses for Coaches attending without participating Skaters, or who are outside of the quota.
- d) There will be a symbolic Participation Fee of EURO 300 per accepted and participating 'Team' (4 Skaters and 2 Coaches).

## e) Cancellation policy:

All the facilities, including the Hotel, have to be booked and paid for by the ISU for the accepted participants (Coaches and Skaters) one month in advance. Regretfully, we cannot accept any cancellations after the deadline.

## The cancellation deadline is Friday, March 31, 2018.

The ISU shall invoice to the concerned ISU Members the related cancellation fees/costs representing 80% of the Hotel rate of the concerned person(s).

## **Applications**

Applications must be received from ISU Members in order to be considered. ISU Members are requested to clearly indicate their priority of acceptance when applying.

Applications for the Seminar, together with the completed Appendices (Skaters and Coaches) must be sent no later than February 16, 2018 to Mrs. Krisztina Regöczy, Sports Director Figure Skating, with copies to the ISU Secretariat, Mr. Christopher Buchanan, Chair of the Synchronized Skating Technical Committee and Ms. Eeva Sunnari, local coordinator at the Finnish Figure Skating Association.

Mrs. Krisztina Regöczy ISU Secretariat:

E-mail.: kriszta@icedance.hu E-mail: development@isu.ch

Mr. Christopher Buchanan Mrs. Eeva Sunnari

E-mail.: <a href="mailto:christopher.buchanan@btinternet.com">christopher.buchanan@btinternet.com</a> E-mail: eeva.sunnari@stll.fi

ISU Members will be notified of the acceptance of their application, together with other details, by Mrs. Krisztina Regőczy, ISU Sports Director Figure Skating as soon as possible after the deadline for applications.

Tubbergen,

Lausanne.

December 18, 2018

Jan Dijkema, President

Fredi Schmid, Director General