

INTERNATIONAL SKATING UNION

Communication No. 2169

SURVEY ISU CENTRES OF EXCELLENCE

The ISU Council and Development Commission are pleased to launch a process to establish ISU Centres of Excellence, with the aim to further develop ice skating worldwide across all disciplines. In this first step, interested ISU Members and other entities, such as ice rinks, are invited to complete a survey.

Concept

The ISU Development Program aims to increase the quantity and quality of Skaters, Coaches and Officials worldwide and to increase the number of ISU Members able to develop Skaters who are competitive at ISU Events and the Olympic Winter Games. ISU Communication No. 2052 points out that one of the strategies to accomplish these objectives is to establish ISU Centres of Excellence (ISU CoE) for the Figure Skating and Speed Skating branches.

An ISU CoE combines several activities in key development areas and receives ISU recognition for the quality of the physical or virtual facilities and services offered to Skaters, Coaches and Officials from ISU Members. It is a 'hub' where:

- Coaches can be educated and experience on-the-job training guided by internationally recognized high-level Coaches who act as a mentor ("Coach the Coach");
- Talented Skaters can find an appropriate training group, have access to coaching services and be offered an on- and off-ice program;
- Seminars and workshops for Skaters, Coaches, Officials and Administrators are offered on a regular basis (in combination with the ISU e-learning platform), for example, relating to judging, sports science, performance analysis, choreography, psychology, nutrition;
- Sufficient ice and off-ice facilities are available for training and testing.

Approach

In this initial phase, the ISU would first like to explore, using a survey, which entities around the world are willing and able to offer what kind of opportunities in the above-mentioned areas. The survey is structured to achieve the following goals:

- ISU Members and other entities have the opportunity to formally express their interest in establishing an ISU CoE.
- Based on the responses, the ISU can further elaborate a realistic ISU CoE policy and implementation guidelines that match the needs of ISU Members and the possibilities that entities can offer.
- The ISU can identify and assess ISU CoEs which could receive ISU recognition and which have the potential to become ISU supported centres for development activities. In this respect, it is important to stress that the survey is only a starting point to gather basic information on existing or planned facilities and services of interested entities. Potential ISU CoEs will be requested to provide more details on specific items at a later stage.

The following phases can be distinguished in this process to establish ISU CoEs:

- Phase 1: Survey
- Phase 2: Assessment of the feedback from the survey
- Phase 3: Elaborating the ISU CoE policy and implementation guidelines and defining the process for selection of centres.
- Phase 4: Start of implementation as of January 2019

Survey

Interested ISU Members and other entities, such as ice rinks, are invited to complete the attached survey. An entity that is not an ISU Member needs to have the approval and collaboration of the ISU Member in the concerned country. The completed survey requires the signature of the ISU Member President and General Secretary.

Responses from entities that may not be involved in all of the four service areas are also appreciated.

The deadline for responses to be submitted to the ISU Secretariat and ISU Development Commission is **July 20, 2018**. Participants will receive a follow-up letter within two months of this deadline.

E-mail simultaneously to:

ISU Secretariat	ISU Development Commission
development@isu.ch	dvcommission@isu.ch

Tubbergen

May 28, 2018

Lausanne,

Jan Dijkema, President

Fredi Schmid, Director General

**SURVEY FOR
ISU CENTRE OF EXCELLENCE**

Name of entity: _____

Country: _____

Name and Contact information of person completing application:

Name: _____

Position: _____

Address: _____

E-mail: _____ Telephone: _____

- Potential ISU CoE for:
- Single & Pair Skating
 - Ice Dance
 - Synchronized Skating
 - Speed Skating
 - Short Track Speed Skating

Service area 1: Coaches can be educated and experience on-the-job training guided by internationally recognized high-level Coaches who act as a mentor (“Coach the Coach”)

1.1. Please indicate which service is available.

An internationally recognized high-level Coach is available to act as a mentor to several Coaches from ISU Members and provide on-the-job training:

- Both at the ice-rink and through online consultation
- Only through online consultation
- Not available

1.2 Please describe how you could contribute to educating Coaches

(e.g. exchange of knowledge, internships, structural advice on training and program etc.).

Service area 2: Talented Skaters can find an appropriate training group, have access to coaching services and be offered an on- and off-ice program

2.1 Please indicate which service is available for selected Skaters.

There is a coordinated support program available for a group of selected Skaters from ISU Members

- For both short stays and long stays
- Only for short stays
- Not available

The program includes:

- The possibility to train on- and off-ice at the centre
- Internationally recognized high-level coaching
- Strength and conditioning support
- Sports medicine support (medical specialists and physiotherapists available)
- Material support such as a skate sharpener
- Scientific support such as performance analyses
- Support regarding choreography and interpretation

2.2 Please describe how you could offer the indicated available services.

Service area 3: Seminars and workshops for Skaters, Coaches, Officials and Administrators are offered on a regular basis (in combination with the ISU e-learning platform), for example, relating to judging, sports science, performance analysis, choreography, psychology, nutrition

3.1 Please describe whether and how you can contribute to which kind of seminars and workshops

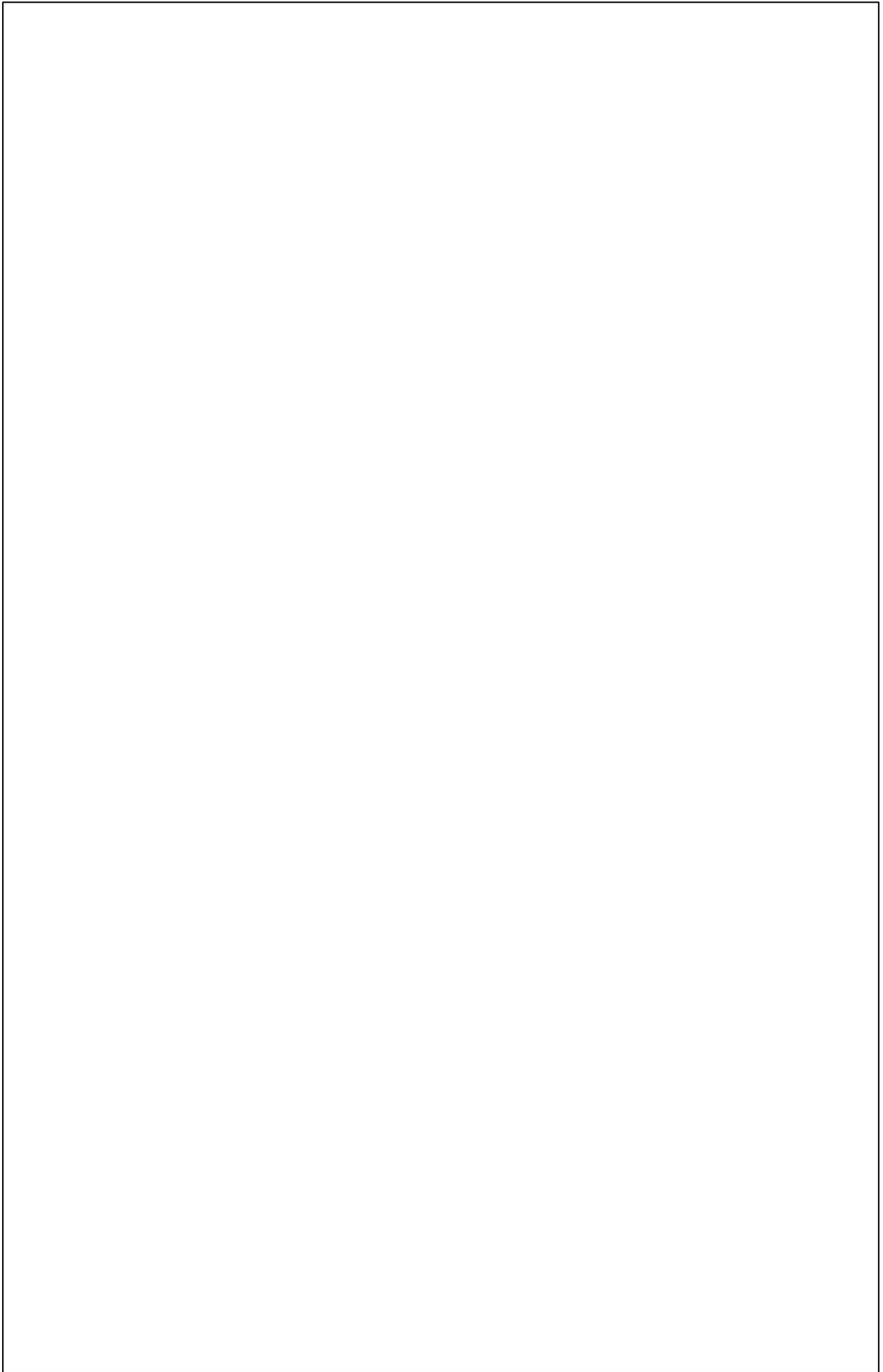
(e.g. network available with high-level experts, possibilities to offer seminars online or at a location, collecting and distributing sport specific (scientific) research)

Service area 4: Sufficient ice and off-ice facilities are available for training and testing.

4.1 Please indicate which facilities are available for selected Skaters, Coaches and Officials from ISU Members.

- Indoor covered 30x60m ice rink according to ISU regulations
Please indicate the minimum number of hours per week that the rink is available for CoE activities _____
- Indoor covered 400m ice rink according to ISU regulations
Please indicate the minimum number of hours per week that the rink is available for CoE activities _____
- Strength and conditioning centre (weight room) including state of the art, sport specific equipment (e.g., weightlifting platforms, high-speed treadmills)
- Ballet rooms with bars and mirrors, warm-up carpets
- Technique learning equipment, such as electronic spinner and harnesses
- Testing centre/room equipped with materials to conduct performance analyses (e.g. the possibility to analyse and test athletic skills and skating technique through (video) analyses)
- (Para) medical room equipped with basic healthcare and sports care support including massage tables
- High-quality dressing, locker and shower rooms for Men and Ladies
- Meeting rooms and offices for Coaches/Staff
- Facilities for Officials (e.g. Judges, Referees, Starters)
- Timekeeping facilities
- Sound system with well-balanced speakers designed for playing music at the ice-rink
- Food and beverage facilities (meal plans)
- A running track and inline skating track located within max. 30 minutes travel distance from the ice rink
- Accommodation (e.g., University residence/dormitory style including study rooms) close to the ice-rink
- Transportation plan; time spent on travelling is reduced to a minimum
- A close link/collaboration with high schools and colleges/Universities, which are located within max. 30 minutes travel distance from ice-rink
- No facilities available

4.2 Please describe how you could offer the indicated available facilities.



Please indicate any additional comments you would like to share.

Place: _____

Date: _____

Name and signature of CEO entity

Name and signature of
ISU Member President

Name and signature of
ISU Member General Secretary
