

September 12, 2018

Lausanne, Switzerland

New Season, New Rules

The ISU Releases its new Constitution and General Regulations and the Special Regulations and Technical Rules 2018 for each Discipline.

The role of the International Skating Union (ISU) is to regulate, govern and promote its sport. All these, with one goal, to keep developing the disciplines of [Speed Skating](#), [Short Track Speed Skating](#), [Figure Skating](#) and [Synchronized Skating](#). It is essential for the sport and its rules and regulations to evolve side by side in order to grow.

Following the International Skating Union's 57th Ordinary Congress on June 8, 2018 in Sevilla (ESP), the new [ISU Constitution and General Regulations](#) and the Special Regulations and Technical Rules for each discipline were voted on and have now been published and are all available on the [ISU.ORG](#). They are valid for the seasons 2018/19 and 2019/20. New proposals will be presented and voted on during the next ISU Congress in June 2020.

[Figure Skating Special Regulations & Technical Rules](#)

[Synchronized Skating Special Regulations & Technical Rules](#)

[Speed Skating Special Regulations & Technical Rules](#)

[Short Track Speed Skating Special Regulations & Technical Rules](#)

Some of the most important decisions of the Congress from the [Agenda ISU Communication 2156](#) and [Urgent Matters ISU Communication 2160](#) are summarized [here](#). All information regarding the 57th ISU Congress 2018 is available on <https://www.isu.org/isu-congresses>.

For more details regarding the special regulations and technical rules, please visit: <https://isu.org/isu-statutes-constitution-regulations-technical>

About the International Skating Union

The International Skating Union (ISU), founded in 1892, is the oldest governing international winter sport federation and the exclusive international sport federation recognized by the International Olympic Committee (IOC) administering the sports of Figure Skating (Single & Pair Skating and Ice Dance), Synchronized Skating, Speed Skating and Short Track Speed Skating worldwide. The objectives of the ISU are to regulate, govern, promote and develop its sports on the basis of friendship and mutual understanding between athletes. Currently three ISU disciplines are included in the Olympic Winter Games program (Figure Skating, Speed Skating and Short Track Speed Skating).