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Lausanne, Switzerland

## **ISU launches The Ice Skating Podcast**

**The International Skating Union (ISU) is proud to announce the launch of The Ice Skating Podcast, a fortnightly show featuring exciting news and interviews from the world of Figure Skating, Speed Skating, Short Track Speed Skating and Synchronized Skating, coming soon.**

The podcast, hosted by sports journalists Luke Norman and Nick Moore, will include a review of the best moments in the skating world.

Produced in conjunction with the ISU's new monthly [YouTube This is #UpAgain, the Show](#) which will bring inspiring interviews with skaters who have overcome adversity and risen to fight another day. Each episode of the Podcast will also feature some key moments of the interviews. The #UpAgain show host Elma Smit will dive deep into her guests' stories and for the first episode, she is joined by Nathan Chen, the two-time ISU World Figure Skating Champion and five-time US Figure Skating Champion. Chen talks in frank terms about overcoming his disappointing performance at PyeongChang 2018 – and how it inspired him to become virtually unbeatable in the following competitions.

Elma will join Luke and Nick in the studio to discuss her experiences interviewing some of the greatest skaters.

There's also a look back at 2020/21's unusual season, from the Speed Skating Hub in Heerenveen (NED) and ISU Grand Prix of Figure Skating events – and a look ahead to the 2021 ISU World Short Track Speed Skating Championships in Dordrecht (NED).

The podcast will be available from Apple Podcast, Spotify and Google Podcast– simply search for The Ice Skating Podcast.

For further information please visit [isu.org](http://isu.org).

Subscribe to the [ISU Newsletter](#) to receive the latest information from the ISU and you can also subscribe to the [Skating ISU YouTube Channel](#) to receive notifications when live streams or new videos are published.

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### **About the International Skating Union (ISU)**

The International Skating Union (ISU), founded in 1892, is the oldest governing international winter sport federation and the exclusive international sport federation recognized by the International Olympic Committee (IOC) administering the sports of Figure Skating (Single & Pair Skating and Ice Dance), Synchronized Skating, Speed Skating and Short Track Speed Skating worldwide. The objectives of the ISU are to regulate, govern, promote and develop its sports on the basis of friendship and mutual understanding between athletes. Currently three ISU disciplines are included in the Olympic Winter Games program (Figure Skating, Speed Skating and Short Track Speed Skating).