

April 5, 2022

Hamilton, Canada

World's best Synchro Teams back on major stage for ISU World Championships in Hamilton

Following a break of two years due to the ongoing COVID-19 pandemic, the ISU World Synchronized Skating Championships are finally back. The World's top teams gather this week in Hamilton (CAN) to find out who their new champions are.

Overview of the top contenders

The ISU World Synchronized Skating Championships will be held in Hamilton (CAN) on April 8th and 9th 2022. A total of 23 teams representing 19 ISU members have been entered for the Championships. The ISU World Synchronized Skating Championships have been held since 2000 and Hamilton has hosted the event in 2015 before. The Championships were cancelled in 2020 and 2021.

Finland tops the medal table with 25 medals, nine of them gold, followed by Sweden (13 medals) and Canada (12 medals).

Five-time World Champions [Marigold Ice Unity](#) (FIN) are looking for another title after claiming silver in 2019. The successful Finns have to expect stiff competition from their teammates [Helsinki Rockettes](#) (FIN), the reigning World bronze medalists.

Other medal contenders include Canada's multiple World medalists [Nexxice](#) as well as [Les Supremes](#) (CAN) and 2016 World bronze medalists [The Haydenettes](#) (USA). Sweden is back with their new Team [Inspire](#) after their top team and multiple World Champions Team Surprise has ended their career in 2018.

Teams from Australia, Austria, Belgium, Croatia, Czech Republic, France, Great Britain, Germany, Hungary, Italy, Japan, The Netherlands, Poland, Spain, Switzerland and Turkey are competing as well.

The Short Program consists of six required elements: Intersection Element, Move Element, No Hold Element, Pivoting Element – Block, Traveling Element - Circle. The Short Program is maximum 2 min 50 seconds in length.

The Free Skating program contains a total of nine elements. The following eight elements are required: Creative Element – Lift, Group Lift Element (gliding with rotations), two different Intersection Elements, Move Element, No Hold Element, Pair Element and Twizzle Element. The teams can choose one of these two elements: Artistic Element - Wheel or Artistic Element - Circle. The Free Skating is 4.00 min +/- 10 seconds in length.

Originally called Precision Skating, Synchronized Skating was introduced in the 1950s. It is a highly technical form of Figure Skating characterized by speed, precisions, unison, intricate formations, synchro elements, difficult footwork, spectacular lifts and exciting transitions. A synchronized team consists of 16 skaters (plus up to four alternates).

The event is live streamed. Follow the event on social media using the hashtag: #WorldSynchro

Event Schedule

The schedule of the ISU World Synchronized Skating Championships 2022 is as follows:

Friday, April 8: Short Program
Saturday, April 9: Free Skating

* Following the IOC recommendation, in order to protect the integrity of ice skating competitions and for the safety of all the participants of international ice skating competitions, the ISU Council based on Article 17.1.q) i) of the ISU Constitution, agreed that with immediate effect and until further notice, no Skaters belonging to the ISU Members in Russia (Russian Skating Union and the Figure Skating Federation of Russia) and Belarus (Skating Union of Belarus) shall be invited or allowed to participate in international ice skating Competitions including ISU Championships and other ISU Events (Full [Statement](#) to be read on ISU website).

Stay connected with the ISU:

ISU Event webpage: [ISU World Synchronized Skating Championships Schedule Results Media Information Press Releases World Standings](#)



Newsletter: Subscribe to our [daily Newsletter](#) to get the latest news and press releases

Social Media:



[Skating ISU](#)



[@isuskating](#)



[@ISUFigureSkating](#)



[weibo.com/isuofficial](#)



[@ISUFigureSkating](#)



[@ISU Figure](#)

About the International Skating Union

The International Skating Union (ISU), founded in 1892, is the oldest governing international winter sport federation and the exclusive international sport federation recognized by the International Olympic Committee (IOC) administering the sports of Figure Skating (Single & Pair Skating and Ice Dance), Synchronized Skating, Speed Skating and Short Track Speed Skating worldwide. The objectives of the ISU are to regulate, govern, promote and develop its sports on the basis of friendship and mutual understanding between athletes. Currently three ISU disciplines are included in the Olympic Winter Games program (Figure Skating, Speed Skating and Short Track Speed Skating). For further information please visit [isu.org](#).