Mass Start races
ISU Junior World Cup Speed Skating 2011-12

RACING RULES
Complementing ISU Technical Rule 253, paragraph 4 b

Issued by ISU Speed Skating Technical Committee

November 2011

Distances and Track
- Distance: 12 laps for Men, 8 laps for Ladies.
- Track: Inner lane demarcation defines the competition track (same track as for Team Pursuit). Cones may be used as additional demarcation.

Entries
- Entry quotas per country: Maximum 4 competitors (for regional Competitions: maximum 5). Competitors must have achieved Junior World Cup qualifying time for some distance.
- Maximum number of competitors (indicatively): 28. If the number of entries will exceed this number, the maximum entry quota per country will be reduced to 3 (for regional JWC Competitions to 4). If the total number of entries will remain above 28, the maximum entry quota per country will be further reduced to 2 (for regional JWC Competitions to 3).

Procedures
- Competitors must wear specifically coloured armbands on both arms and/or sticky numbers for easy identification (will be provided), and transponders for timekeeping (if provided by the organiser). Rule 223 applies.
- The competitors report at a check-in point in the 500m start area, and will then be called to the start line by whistle of the Starter. Start in the middle of the finishing straight (1000m finishing line).
- Competitors line up at the start in rows of 6 skaters each, with a distance of 1 meter between each row.
- Start line positions will be decided by lot in the first Junior World Cup competition. In the next competitions the start line positions will be determined by the Junior World Cup mass start ranks of the entered skaters, so that the highest ranked competitor will have start position 1.
- Competitors breaking the order at start will be DQ-ed.
- The first lap must be skated “in one group” without fast accelerations. Breach of this rule will lead to a DQ.
- Before the 500m finish line, after the first lap, a bell signal will be given. From this moment on it is allowed to accelerate to gain a better position in the pack. The first lap counts as part of the overall distance to be skated. “The clock” starts running from the gunshot, including the first lap.
- The Finish is at the end of the finishing straight (normal finishing line).
- Competitors overtaken by the leader with one lap must abandon the race immediately. The overtaking skater must pass on the outside of the skater(s) that are to be overtaken. Lapped skaters must leave to the warm-up lane as soon as they have been overtaken.
- Photo finish equipment will be used to verify the position of the competitors at the finish.
Safety and actions during races

- For safety purposes, competitors must wear shin guards (will be provided) and cut resistant or leather gloves.
- The back part of the blades must be rounded off, with an indicative radius of 1 cm.
- Competitors may choose to wear additional safety gear – for example helmet (in accordance with Rule 223), knee protection and neck protection.
- Safety measures will be controlled at the “Check-in point” for the race. Skaters who do not meet the safety equipment requirements will not be allowed to start.
- “Fair play” – no obstruction of other competitors. Take care during racing.
- Serious obstruction that causes the fall of another competitor leads to a DQ.
- If a “crash” occurs during the first lap with 8 or more skaters involved, the race will be stopped by a signal (gun shot or whistle) from the Starter. A fresh start will then follow immediately.
- No coaching from the ice and no team officials in the infield.

Ranking rules and sprint points

- Competitors finishing the race will be ranked according to their position at the finish.
- Competitors being lapped (and therefore have not finished their race), will be ranked according to the order by which they have been lapped.

Awarding of Junior World Cup points

- Competitors will be awarded Junior World Cup points, based on their final ranking in the race, according to the same points table as used for other Junior World Cup distances.

Liability

- Rule 119 applies.

2012 Winter Youth Olympic Games

The Mass start races at the 2012 Winter Youth Olympic Games will have similar racing rules. A specific document will be issued.