



**Technical Requirements
Synchronized Skating
ISU Supported Adult Figure Skating Competitions**

2023-2024 Season

Updated July 11, 2023

Note: This Announcement is valid for the WWMG 2024 and the North American International Adult Figure Skating Competition being held in Nashville, Tennessee in October 2023 as well as the Oberstdorf, Germany Competition for May 2024.

This Announcement has been revised following the ISU meeting in June 2023. Changes or additions from the last version (April 2023) are **highlighted in yellow**.

Please review this Announcement to ensure you have the most current information for your category or categories.

**International Adult Figure Skating Competitions
For
Men, Women, Pairs, Ice Dance and
Synchronized Skating**

**Competitions under the Authorization and Support of the
INTERNATIONAL SKATING UNION**



NOTE:

This Announcement applies to the ISU supported International Adult Figure Skating Competitions:

- Nashville, Tennessee from October 18- 21, 2023
- 2024 Winter World Masters Games Bormio, Italy January 15 – 21, 2024¹
- Oberstdorf, Germany May 11-18, 2024.

The Local Organizing Committees for each of these competitions reserve the right to cancel on short notice these ISU supported International Adult Figure Skating Competition due to the Coronavirus situation, the decisions of the national and/or local Health Authorities, and various international travel/quarantine restrictions.

¹ For the WWMG only, ice dance and pair couples may represent two different ISU federations

Section 1: General

The International Adult Figure Skating Competitions for the 2023-2024 Season will be conducted in accordance with the ISU Constitution and General Regulations, the ISU Special Regulations & Technical Rules Single & Pairs Skating and Ice Dance, the Special Regulations & Technical Rules Synchronized Skating, all pertinent ISU Communications, and this Announcement.

If there is a conflict between pertinent ISU Regulations or Communications and provisions set forth in this **Announcement, the provisions set forth in this Announcement shall prevail, provided there are no special comments made for Adult Skating Competitions within such ISU Communications.**

The International Adult Figure Skating Competitions are considered to be “International Masters/Adult Competitions” as per Rule 107(12) of the ISU General Regulations. Participation in this International Adult Figure Skating Competition is open to all skaters who belong to an ISU Member, and qualify with regard to eligibility, according to Rule 102, provided their ages fall within the limits specified in this Announcement and they meet the participation requirements.

A competitor must be an individual member of an ISU Member, or a member of a club that is itself a member of an ISU Member. Competitors do not require any clearance certificate or any other permission from their ISU Member for entering the competition. Competitors must enter themselves. A competitor may enter as a member of only one ISU Member. In the case of Pair Skating and Ice Dance, both competitors in a team must enter as members of the same ISU Member.

The International Adult Figure Skating Competitions for the 2023-2024 Season will include the following categories:

- Women and Men Free Skating
- Women and Men Artistic Free Skating
- Pair Free Skating
- Pair Artistic Free Skating
- Ice Dance - Pattern Dance
- Ice Dance - Rhythm Dance
- Ice Dance - Free Dance
- Synchronized Skating

Section 2. Entries

Participation in the Free Skating, Pair Free Skating, Artistic Free Skating, Pair Artistic Free Skating and Ice Dance disciplines at the International Adult Figure Skating Competitions is open only to competitors who have reached at least the age of twenty-eight (28) before 1st July 2023.

Age categories for Women and Men Free Skating events:

Class I	participants born between	1 st July 1985 and 30 th June 1995
Class II	participants born between	1 st July 1975 and 30 th June 1985
Class III	participants born between	1 st July 1965 and 30 th June 1975
Class IV	participants born between	1 st July 1955 and 30 th June 1965
Class V	participants born on or before	30 th June 1955

A competitor may skate with only one partner in each discipline (i.e. one partner only for all Ice Dance events and one partner only for all Pair Skating events).

For Synchronized Skating, at least three quarters (75%) of team members (not including reserves) must have reached at least the age of twenty-eight (28) before 1st July 2023. A maximum of one quarter (25%) of the members of a team must have reached at least the age of twenty-five (25) before 1st July 2023.

A team may include up to one-quarter (25%) team members who are citizens of the country of another ISU Member, on the condition that permission is obtained from the ISU Member of the country of which the team member is a citizen. Such team members may compete under only one ISU Member in the same year.

A skater competing after 1st July 2023 in an ISU Championship, International Competition or National Championship of a Member Federation (other than an Adult International Competition or Adult National Championships) or a competition from which a competitor qualifies for the National Championship of a Member Federation (other than an Adult National Championship) MAY NOT participate in this competition.

A skater competing prior to 1st July 2023 in an ISU Championship or National Championship of a Member Federation or a competition from which a competitor qualifies for the National Championship of a Member Federation MAY participate in this competition.

A skater meeting the age requirements of this competition, who competes in adult-only events (Single Free Skating, Pairs Free Skating, Ice Dance or Synchronized Skating) at a National Championships or competition from which a competitor qualifies for the National Championships of a Member Federation MAY compete in this competition.

All other members of an ISU Member Federation who meet the age requirements may participate.

Section 3. Technical Requirements – Synchronized Skating

Team Composition:

A team shall consist of 12-16 skaters and may include both women and men. Each team may have up to a maximum of four (4) alternates listed as such on the team roster.

Skaters must meet the age requirements as stated in this announcement. Adult and Master's competitions will consist of a free program only.

The free program must be skated according to the Special Regulations & Technical Rules Synchronized Skating 2023.

Difficulty groups of elements and additional features and the description of their requirements are in accordance with the valid (corresponding) ISU Communication.

Deductions for interruption(s) in performing the program for ADULT category:

For every interruption of:

- more than 10 seconds up to 20 seconds: -0.5
- more than 20 seconds up to 30 seconds: -1.0
- more than 30 seconds up to 40 seconds: -1.5
- more than 40 seconds by one or several skaters: -2.0
- if there is second interruption of more than 40 seconds or the program is not completed, the team is withdrawn
- Interruption of the program with allowance of up to three minutes to resume the program: -2.5
- Adverse condition prior to the program with allowance of up to three minutes: -2.5

Deductions for Falls* for ADULT category:

*A fall is defined as loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades, e.g., hand(s), knee(s), buttock(s), or any part of the arm (Rule 953, paragraph 1).

Fall: -0.5 for every fall of one (1) skater

As the values of those deductions are not the standard ones provided by Rule 953, paragraph 1. and Rule 843, paragraph 1.m), the referee must give specific instructions to the system operator and check the correct input in each instance.

Deductions for Interruptions in performing the program and for Falls* for MASTERS category: the standard deductions according to rule 953, paragraph 1 and Rule 843, paragraph 1.n) will apply.

Duration of Program (Rule 952, paragraph 2)

Adult and Masters: Three (3) minutes +/- 10 seconds. The Team is allowed to finish the Free Skating within ten (10) seconds plus or minus the required time. The timing must be reckoned from the moment that a skater begins to move or to skate until arriving at a complete stop at the end of the program.

ADULT FREE SKATING

The ADULT teams MUST skate a well-balanced Free Skating Program of Five (5) required elements:

1. Intersection Element: Additional Feature (Point of Intersection – pi) is optional
2. Linear Element – Line
3. Pivoting Element – Block
4. Traveling Element

PLUS the 5TH ELEMENT, a CHOICE of one (1) Element from below:

- Mixed Element
- Or
- Artistic Element – Block
- Or
- Artistic Element – Circle
- Or
- Artistic Element – Line
- Or
- Artistic Element – Wheel

Not permitted – Vaults and Unsustained lift

The points for each Program Component are multiplied by a factor of 1.67.

MASTER FREE SKATING

The MASTER teams MUST skate a well-balanced Free Skating Program of the following Six (6) required elements:

Must include the following five (5) Required Elements:

1. Intersection Element: Additional Feature (Point of Intersection –pi) is optional
2. Pivoting Element – LINE
3. Traveling Element
4. No Hold Element (Additional Feature (Step Sequence) is optional)
5. Linear Element - BLOCK

PLUS the 6th ELEMENT, a CHOICE of one (1) Element from below:

- Mixed Element
- Or
- Artistic Element – Block
- Or
- Artistic Element – Circle
- Or
- Artistic Element – Line
- Or
- Artistic Element – Wheel

Permitted – Vaults and Unsustained lift

The points for each Program Component are multiplied by a factor of 2.0.

NOTES:

Maximum Element levels can be skated, and the level will be called as executed.

Maximum levels of Additional Features (except Step Sequence) can be skated and will be rewarded according to the execution of the team.

Other Elements may be incorporated into the Free Skating program.

The program content sheet should indicate which extra Elements are transition Elements (T).

- Definition/criteria of recommended Elements and Additional Features are in accordance with Rule 990, paragraphs 3 and 4.
- Difficulty Groups of Elements and Additional Features and the description of their requirements are in accordance with the valid (corresponding) ISU Communication.

Official competition practice ice will be offered on the day of the SYS competition.

Extra Practice time will be available and can be booked through the competition organizing committee. Extra practice cannot be booked for the day of the competition.

Section 4. ISU Contact Information

Please address all enquiries relating to the competition rules and program content to the ISU Adult Figure Skating Group Member for Synchronized Skating:

Ville Penttinen, Member, ISU Adult Figure Skating Group

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